Freakonomics:
A book review
on economics
and life

A professor's perspective on Halloween

Chevrolet teams up with Northwest Marketing team

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Student directs
Nina Variations

The Talon Journal

October 31, 2006

A student publication of Northwest University

Vol 5 Ed 2

Student Senate forms

By Cassie Crawfor Staff Reporter

n September 28, 2006 the NU
Student Senate celebrated its first birthday. The purpose of the NU
Student Senate is to give everyone a voice in issues concerning our campus rather than just ASB members.
Paul Banas, Vice President of Student Development, believes that "student voice is important" and the Student Senate is "a group that will influence culture and shape university life for years to

The NU Student Senate was birthed out of the Student Forum and Student Council. Former ASB President, Lindsay Fosner started these bodies two years ago. The Student Forum allowed students to voice concerns to ASB members. Following the Student Forum, the Executive ASB members and Class Presidents held the Student Council to try to find remedies for these problems. After watching the Student Forum and Student Council all last year, Paul Banas suggested the senate style instead to this year's Executive ASB team. Danielle Duncan, Executive ASB secretary said, "We felt it would give more representation and make it more inviting for people."

Essentially the NU Student Senate combined the purposes of the Student Forum and Student Council. NU Student Senate is now the forum for hearing student concerns and the body that decides the course of action. When forming the Student Senate, ASB expanded the number of voting members. Previously, the Student Council only had twelve, but the NU Student Senate now has twenty-five voting members: the Executive ASB team, Class Presidents, three commuter students, a representative from each apartment building, and a representative from each wing of the dorms. This gives each student two direct representatives in the Student Senate, their Class President and housing representative.

The NU Student Senate meetings are held the last Thursday of each month at 3:30 pm. Meetings are held in the Davis Administration Building Conference Room. Anyone is welcome to attend. The first half of the meeting is open for students to present ideas. The second half of the meeting is reserved for voting members where they discuss the issues presented and vote on what action to take.

Duncan says that the Executive ASB decided that the voting session would be

Meeting with God

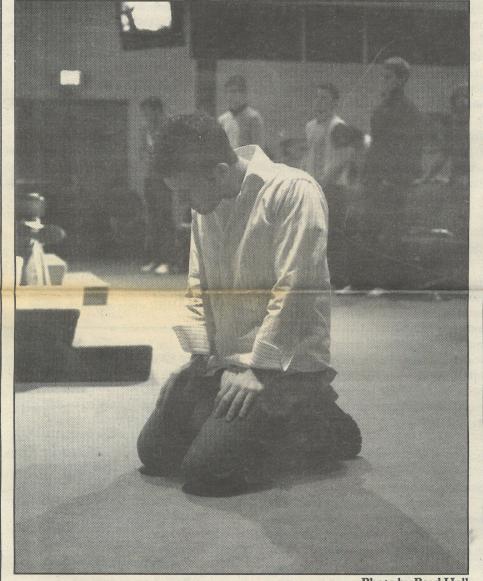


Photo by Brad Hall

This year's second annual Meeting of the Men brought men from all over campus together for two days of worship and fellowship. Above, Nate Jenkins spends time in prayer during worship before sharing his heart with the men of Northwest.

closed even though this is contrary to typical senate practices "because in the end we have one vote. When we leave the room we don't want people discussing how specific members voted."

After the NU Student Senate meetings, the passed motions within the sphere of ASB's responsibilities are implemented directly by ASB. Other proposals, outside of ASB's duties, "approved by the senate, will be taken to the Office of the President, Faculty Council or ultimately the University Board of Directors through the Vice President of Student Development. As the University has moved toward a shared governance model, this gives the student body a representative voice in that process," explained Paul Banas.

This session voted on a system for appointing dorm representatives and apartment building representatives. Each floor will vote on a representative from their

floorcreating three representatives for each dorm wing. These representatives will then decide who attends the meetings and votes. Each apartment building will also vote on one student to represent their building in the meetings.

Representatives are merely spokespersons for the entire student body; they are responsible for communicating with students to get feedback on issues and must leave their personal biases at the door. The NU Student Senate also decided that the Executive ASB could decide on the commuter student representatives based upon the applications that they received. Currently, two commuter student representatives have been chosen, Lori Ann Jones Haley and Nichole Barns. There is still need for another so if you are interested, email ASB@northwestu.edu . You must be a commuter student, able to attend the meetings and in good academic standing.

HSC Update

By Princess Decicco
Arts & Culture Editor

orthwest is well on its way to becoming a University and with it comes a bigger and better future. With a nursing program that is high on the rise and a science department in desperate need of evolving, the new Health and Science Center began construction this summer. Expansion is in full swing.

The new science building is also well underway, with several walls already in place along with key support columns in the building's structure.

Nursing student Angela Brenhaug said, "Due to last year's increase in enrollment for nursing students, it's evident that in order for this program to grow, they are in definite need of a new building. The nursing department has long outgrown its one classroom and small skills lab. Currently there is one shared classroom for 34 seniors and 36 juniors (72 total). Nursing students are in the classroom for 17 credit hours a week, not to mention the clinical time and lab time needed each week as well. This makes it difficult to schedule alternating classroom and lab time between the Jr. and Sr. classes. This new building will help with not only the classroom size but also the ability for the program to grow due to updated equipment, better computers labs, and most importantly, better bathroom facilities. We have two stalls to share with over 60 female students and faculty

Continued on pg. 2...

The first NU Student Senate voted to gift the Talon \$800 dollars in light of the excess money rolled back into the ASB general fund last year. Kortney Thoma, Talon editor, presented the issue and intends to purchase new equipment for the newspaper. Thoma also proposed to change the budget policy so that the Talon would be responsible for their ending balance each year whether negative or positive. The NU Student Senate voted unanimously that the Talon be given responsibility for their budget.

The next NU Student Senate will be held on Thursday, November 30th at 3:30 in the Davis Administration Building Conference Room. If you have an issue that you would like to present, email ASB@northwestu.edu so that it will be put on the meeting's agenda. If you are not on the meeting's agenda you cannot present.

HSC Update: nursing student perspective ...Continued from front

members! Break times are not a pretty site."

"I'm excited to see how the new building will increase the quality of the exciting program. It's evident with the increasing enrollment, that it's time for a change. Don't get me wrong, I'm excited to graduate, but I only wish it could have been done a year earlier," adds Brenhaug.

Recently, two portables were brought in and assembled next to the Pavilion in order to provide more space for students and coaches. These portables will be used for sports administration offices, workout areas, and meeting rooms. The serve as a much needed addition to the expanding sports program and are temporary in the school's long term goal of updating the entire campus.

For now, the Health and Science Center project is the number one priority for Northwest. Their budget is \$18.1 million. So far Northwest has only raised \$5.4 million, which leaves a remaining goal of \$12.7 million to complete this project on time. The building is expected to be completed in August of 2007.

A letter from the editor

Greetings Talon readers,

First, I want to implore my passion and dedication for our beloved paper. I've worked endless hours, days and nights on layout, editing, writing, and administering the Talon. Regardless of the pains, a published, student run newspaper is one of my greatest loves and certainly one of my greatest joys.

Yet, the Talon relies solely on *students* to write, edit, layout and publish. As a student, I too share the pressures of time, sleep and money. Unfortunately, we do not have a program to serve as a foundation of responsibility, authority, and direction. Even with my social and academic sacrifice, Northwest students are not getting the quality student paper they deserve.

I have often thought, "Well, if we try hard enough, prove the paper's worth, then maybe the school will make classes and put together some system of support— a journalism program." This month, however, I realized that a great student newspaper can't develop a journalism program, but rather, a program should develop a great student newspaper.

Therefore, the best way I can preserve the newspaper from future failure and prevent yet another burnt out editor, is to stop and evaluate what we, as a paper need to thrive.

Kate Dartnall, my assistant editor, is the most amazing help and she certainly has the passion this paper needs. Unfortunately, passion isn't enough to keep this paper functioning. Even with two people wholly devoted to the paper, the problem of students not following through will not go away. That is, not without a solid program.

Here is what we're asking for:

- 1. A consistent media writing class or classes to glean writers from and train future writers in.
- 2. A newspaper publishing class to train editors how to edit, how to set up deadlines, how to construct a storyboard, how to manage ads, how to do layout, and how to work with publishers.
- 3. An advertising manager so the paper can generate a larger budget.
- 4. An advisor who is dedicated to be an active participant, edit stories, and enforce deadlines.
- 5. Most importantly, in order for the paper to survive, we need people who write consistently, write well, and who don't miss deadlines.

A program would also constitute an authority figure to eliminate those involved from disrespecting the requests of designated leaders. For example, we've made meetings mandatory and people don't come. We've provided writing guideline books and no one picks them up. We've offered to help people and no one asks for help. We've created contracts and writing musts for articles and no one even looks at them.

As we will continue to implore the support of faculty and administration, Dr. Settle and Paul Banas have already heard our story and recognize the Talon's needs.

Until a quality program is delivered, we will print four pages for November and December, as opposed to the twelve our readers are accustomed to. We've asked those who are taking this for credit, who've been writing the longest, and those who write the strongest to help us through the last two issues. Kate and I also plan to help Dr. Glenn Settle, our advisor, research journalism programs and explore the Talon's

Chevy teams up with NU

Kirkland, WA – September 18, 2006, Chevrolet is sponsoring a unique, industryeducation course where marketing students from Northwest University will promote Chevrolet's all-new premium compact car the Cobalt and the all-new 2007 HHR to a key target market – fellow college peers.

A university campus is the ideal environment to teach young adults about the all-new Chevrolet Cobalt and HHR. The way to communicate with college students is to reach them on their terms, turf and time." Who better to speak to college students than other college students?

This unique partnership is part of an industry-education program sponsored by Chevrolet known as the Chevrolet Marketing Internship Program. This fall, twentynine marketing students from Northwest University are being given a rare opportunity to put their education to work in the real world. Over the fall semester, these students will create a fully functioning marketing agency responsible for researching, implementing and evaluating an integrated marketing campaign for their client, Chevrolet. The student developed marketing and communication strategies will be focused directly on their peers to effectively convey the Chevrolet Cobalt and HHR. Students receive a \$2,500 budget to help bring their plans to life.

After organizing their agency and researching their target market, student teams will spend the initial stage of the semester formulating their marketing strategy recommendations and campaign ideas. They will have the opportunity to design a marketing campaign aimed at increasing awareness for the Chevrolet Cobalt and HHR while informing fellow

students about the Chevrolet brand. After presenting their concept to executives from Chevrolet, the students will execute their campaign as well as track and analyze its results.

The program culminates in a formal presentation that serves as a unique opportunity for students to develop public speaking and presentation skills, in addition to building self-confidence.

Today's college students are in a "catch-22" when entering the job market. They lack experience and find themselves in a situation where they may have a difficult time finding a job due to their inexperience. The Chevrolet Marketing Internship Program effectively bridges the gap between industry and education; providing students with the hands-on, experiential learning necessary to find employment and a business partnership with an organization that offers several rewarding career options.

Watch for more information about the Chevrolet Marketing Internship Program at Northwest University throughout the fall 2006 semester. For further inquires regarding this marketing project, please contact Brittney Baker at: 425-890-9187.

About EdVenture Partners:
EdVenture Partners is a Berkeley-based marketing company providing unique industry-education partnerships to more than 300 campuses across the United States. EdVenture Partners, in conjunction with industry partners, provides each student agency with on-going resources, guidance and a project budget to implement their marketing campaign.

Press release submitted by Students in Marketing Theory class.

future as a supported paper. We will, by the grace of God, preserve this newspaper and create a stronger program for the future.

You too can help us by emailing the Talon at talon@northwestu.edu and sharing your voice on this predicament. If you love the newspaper, tell us why. If you hate it, tell us that too (just do so nicely). We'll pass on all comments to the powers that be and hopefully you too can contribute to the future of our newspaper.

Thank you to all of you who've help with the Talon. May your pens always be full of ink and your papers never dull.

Sincerely, Kortney Thoma Editor in Chief The Talon Journal

Corrections

In our previous issue, October 2, 2006, Women's Soccer player #7 Stacie Swicord, was mis-identified as Kate Ellis.

The Talon Journal is dedicated to responsible journalism and would like to apologize for any mistakes that slip through the editting process, however, we understand that mistakes are innevitable. If you have found an error and would like us to print a correction, please contact us at talon@northwestu.edu.

The Talon Journal

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The Talon Journal is a student publication. We are a vehicle for student voices, and any views or opinions expressed therein do not necessarily reflect those of Northwest University.

We encourage letters to the editor, though we do reserve the right to refuse publication of any anonymous or vulgar submissions.

Letters can be sent to us at talon@northwestu.edu or delivered to our office in the Pecota Student Center.

Making the most of your money by being fuel efficient

By Danya Kubo Feature Editor

ccording to the Department of Energy, the average person drives a little over 10,000 miles a year. A 2000 Toyota Corolla—one particularly common and fairly fuel efficient vehicle—averages at thirty miles per gallon on regular fuel, when traveling a combination of city and highway speeds. Which means, the owner of a 2000 Corolla spends approximately \$883 (\$2.65/gallon) a year.

But money isn't the only issue at hand. As stated by Matt Plourde, a Northwest student: "It's really getting a lot warmer." He may be right. Currently, scientists are claiming that the earth is a ticking time bomb; giving way to numerous suppositions concerning global warming. It's a pressing and controversial subject that many people are uneducated in.

Very simply, global warming is the idea that the world's temperature is gradually increasing because of natural gases otherwise known as greenhouse gases. At some point, it's said that global warming will cause mass chaos around the world by way of tsunamis, earthquakes, and a throng of other natural disasters. Although we don't know the full extent of the effects of global warming, we do know that none of them are good. We also know that through our choices and actions we humans are a large contributing factor to global warming by increasing the quantity of greenhouse gases in the air.

One way almost every American contributes to global warming is by use of his or her vehicle. When your car's engine runs and burns the fossil fuel you paid for, your car is emitting greenhouse gasses, namely carbon dioxide (CO2.)

(For more information, watch An



Inconvenient Truth. Keep in mind that it is mainly the brain child of just one man.)

Honestly, you can do something about the earth's meltdown.

With gas prices ever fluctuating and the earth slowly dying, money issues and environmental worries pile up on a college student's already deeply distressed mind. What's a person to do?

Well, there are several ways in which you can address these issues and put yourself at ease by choices you make.

Concerning Money, Consider the Little Things:

Do Your Research

Researching and comparing gas station pricing in the area is something you can easily do. Websites such as www.fueleconomy.com provide links to sites that make daily updates on gas station prices local to you. Every cent really does add up.

As of today (October 16, 2006, 10:16am), the best gas price in Kirkland can be found at the Texaco on Juanita Dr NE with the regular fuel price of \$2.399/gallon. One place to avoid would be the Shell on Lake Washington Blvd.—it typically is the most expensive fuel station—which has the highest price of \$2.759/gallon.

Drive Safely

It's an actual fact that aggressive driving (hasty acceleration and breaking) wastes gas; it can lessen your gas mileage by as much as 33% at highway speeds and 5% at city speeds. Plus it increases pollution. Who knew being nice pays off? Avoid Speeding

By driving 65 mph instead of 75 mph, your fuel efficiency is 10% higher.

Walk Instead of Drive

Around town or at least around campus (all fifty-six acres.) Every time you

start your ignition, you're burning gas, so if it's manageable, walk. Not only will you save money, you'll also burn off your last Starbucks' beverage and enjoy the air that's currently being less polluted by you, because you *chose* to walk instead of fill the air with your car's gas toxins!

Ride a Bike

A bike is a great investment that you can buy cheaply at a garage sale or thrift store, granted it may not be pretty. You can also go to a local bike shop and spend some extra cash on a fairly good bike that will last you a while. Look out for sales. If you're not a huge fan of walking or the distance is too great to walk, bicycling is a great alternative, and it's almost always a good time.

Carpool

Sometimes it's actually nice to have company on car rides. So ask around and see if people are willing to carpool. There are even services called rideshares (vanpool) that can pick you up and drop you off for a monthly fee.

Car Share

Then there are flex cars which are a variety of low emission and the most fuel efficient cars located around the Seattle area. These cars are permanently parked in predetermined spots around town, and you can pay by the hour (\$9/hr) or by the day (\$63/day) to use them. Your payment includes: gas, unlimited miles, 24/7 emergency assistance, vehicle maintenance and more.

Use Public Transportation.

Okay, so we all know that Seattle does not have a fabulous rapid transit system like Chicago or New York or Tokyo—most major, modern cities—however, it does have a good bus system. If you plan on making the day of Seattle, be adventurous and use the bus; you won't have to worry about crazy Seattle drivers or

parking!

Well, it's true; you can't walk or ride your bike everywhere. And sometimes you get tired of the limitations public transportation puts on its riders. So what can you do about those aforementioned instances? Purchase or trade in for a more fuel efficient car.

This could quite possibly be one of the best decisions of your life. In February 2006, ConsumerReports.org listed the Honda Insight (manual) as the most fuel efficient car, with the Toyota Prius coming in second, and the Honda Civic Hybrid third. (They also have listed the most fuel efficient SUV's.)

Even more extreme would be to purchase an alternative car—one with a biodiesel engine. Biodiesel cars typically run on biodiesel which is a derivative of biological sources, although some types of biodiesel engines can run on straight vegetable oil or animal fat. Biodiesel is nontoxic with a significantly lower amount of emissions than petroleum-based diesel, and is an all around environmentally friendly fuel.

Located in Totem Lake is The Green Car Company, a car company whose goal, according to their website (http://www.thegreencarco.com), "... is to bring awareness and educate the mainstream American population about how their transportation choices affect the environment."

Abi Beatty, a junior psychology student at Northwest who works at The Green Car Company, says that the main thing with the earth friendly cars is their sustainability. She goes on to explain that biodiesel cars can run on vegetable oil or soy—"local products," as she refers to them.

Dr. Herms shares thoughts on education and family

By Kate Dartnall
Assistant Editor

his fall, Northwest University
welcomes Dr. Michel Mestre,
Professor Teresa Gillespie and
Professor John Bacon in the School of
Business, Dr. Daniel Graetzer and Professor
Darin Lenz in the College of Arts and
Sciences, Professor Randy Martin as the
new Missionary in Residence and Dr. Ron
Herms in the School of Ministry.

One positive aspect of a small private University, is the opportunity to actually know our professors.

Returning students may recognize a few of these faces, as some are returning adjuncts. One adjunct, now a full time professor, Dr. Herms, shares a little about himself and his position at Northwest.

"I think the best education takes place in relationships, like connecting with teachers and mentors, and that the most gratifying work is hard but worth it," said Dr.Herms. wa

Dr. Herms has a high standard for education, having already taught at Vanguard College, University of Durham, Trinity Western University and Mars Hill Graduate School, before arriving at North-

"The reason I applied for a teaching position at Northwest was first because I felt that there was a commitment to both academic excellence and genuine spirituality among the leadership and faculty," he



added.

Dr. Herms has and continues to commit to his own academic excellence. His post-grad research was primarily in the book of Revelation and Jewish

apocalyptic literature from the Second Temple Period. He received his Ph.D at the University of Durham in the United Kingdom in 2005 and then became an adjunct faculty member at Northwest last year.

Dr. Herms, who has dual citizenship with Canadian and American, is even a 1989 graduate of Northwest University.

"In a 2 a.m. snowball fight in front of Gray Hall, I wore a 'toque' (French Canadian winter hat and rhymes with 'Luke') which my American friends had never seen," Dr. Herms, citizen of Canada and America, says of his fondest memory at Northwest. "That got me the nickname 'Tookie'."

While he remembers his student life at Northwest, Dr. Herms reflects on family life.

"Currently, Kathy and our four kids are classified as aliens by the U.S. government," Dr. Herms explains. "I can't pass on my dual citizenship to them."

Dr. Herms anticipates his family's immigration and continues to drive across the border to visit them every weekend, while teaching and living in Kirkland during the week.

"I love the classes I'm teaching, both



Photo by Kortney Thoma

topics and students, and I am really enjoying working with my colleagues in the School of Ministry," he adds.

Most students have Dr. Herms for Bible Study and Interpretation, also known as Biblical Exegesis for School of Ministry students, which is a required general education course

"Dr. Herms is so excited about what he's teaching and he wants you to think of yourself. He teaches us the tools to go through the Bible and to rethink, reform and relearn," said sophomore Maria Pratt.

Pratt is preparing to go into the Nursing Program at Northwest, and feels like most of the time, she just has to memorize what's in her textbooks. According to her, its information she must know, but it doesn't allow much thinking for herself.

"I love Bible Study and Interpretation, also because it gives my brain a break to work in a different way," she adds.

At Northwest, students get the opportunity to talk, think and learn about God among their normal courses, and even with Professors. If you are a returning student, you might take this for granted. If you're new to the University, you may just be figuring this concept out. Regardless, our Professors are not just lecturers to qualify us for degrees. Our Professors can be our mentors, our teachers and our friends.

For the new student:

Spiritual reminders and guidance on how to survive college and life leaning on Christ.

By Bethany Shaw Staff Reporter

As an incoming student—whether a freshman or not—you will have been bombarded by schedules, names and faces, and activities by the time you read this article. One more thing geared specifically for you might seem overwhelming. Do not fear; this will help assuage some of your trepidations upon entering the NU community.

First of all, NU is a predominantly Christian university, but, doubtless, you already know that. As wonderful as that is, it can be very intimidating. Whether you have been walking with the Lord for sixteen years or sixteen months, you might find yourself on shaky ground. Looking around, you might be tempted to compare yourself to the "perfect" Christians around you. Don't.

Holding a leadership position on campus, or being overly involved in church activities, does not automatically make someone perfect. For the record, it is okay not to be perfect. Shocking, isn't it? If we were perfect, we would not need God. (Personally, I prefer having Him in my life.) We all have problems. We all struggle with our faith. Hard times come, and everything but our Rock is stripped from us. That is okay. That is when we learn to rely on God. That is when our faith and love for our Lord grows.

Secondly, do not be afraid to be



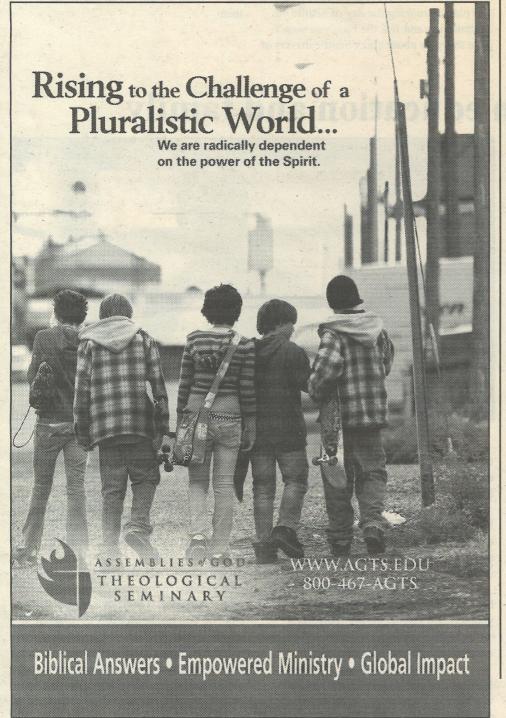
falsity that the devil can muster, we are the ones who know what it is to be authentic. God gave us the One who is the Truth. Because Christ lives in us, we are to be the light in a

dark world. We are to be real in a world that is desperately searching for something that is non-counterfeit. When it stretches you to reach out, continue to reach. This is God strengthening you and growing you to be more of who you are meant to be, which brings me to my third point.

Do not be afraid to let God move through you and use you to reach your fellow students (and faculty). You might not "know the ropes" of campus yet. You might feel like you are on the fringe of the community. Regardless of how you feel, walk in obedience. Open up your heart and be willing to obey God. If you feel Him nudging you, go that way.

Being at NU in these formative years is a blessing that so many of us take for granted. We complain about the "Northwest Bubble"—you will soon hear all about it if you have not already—and those complaints are well founded. However, being in a strong fellowship of believers is important if we are to build spiritual foundations for our futures. This does not mean that you should be complacent or expect your faith to be fed to you. Step up and learn with others.

All this to say: be brave. Take God's hand and jump right in. He will not let you drown.



Halloween: God's treat

By Glenn Settle
Advisor

Halloween is a Christian holiday. Let me step back a pace and say I personally hold Halloween to be a Christian holiday. I also hope, by the end of this article, you will agree with me....

"Halloween," an Old English contraction, comes from "hallows" and "evening." "Hallows" means "saints." When you "hallow" something or other, you make it holy. You make it sacred. As in "Our father who art in heaven, hallowed be Thy name."

But black cats and brooms, rattling chains and tombs, anguished cries of coyotes? When I was a kid I donned a bed sheet and a wolf mask for Halloweens. "Trick or Treat!"

I was startled recently to read an article in which a pastor described Halloween as "Satan's Day."

Halloween is no more "Satan's Day" than Christmas or Easter. Why concede it to

In his article "Concerning Halloween," James B. Jordan suggests that even our custom of trick-ortreating is of *Christian origin*—that centuries ago Christians began

Satan?

dressing their children up "like ghosts, goblins, and witches" to mock the inefficacy of the powers of darkness, to express "our supreme confidence in the utter defeat of Satan by Jesus Christ" (Open Book: Views & Reviews 28: 2 (1996).

Could we move on to a bit of history? In the old Celtic calendars of the British Isles, November 1st was the beginning of the New Year. So October 31st was equivalent to what is now our December 31st—New Year's Eve—a night for party and celebration. When Christianity was introduced into western Europe, the Church adopted this New Year's occasion to celebrate its New Year saints—their New Year lives. The Church called November 1st All Saints Day (All Hallows Day).

Since the early Middle Ages, November 1st has been All Hallows Day—October 31st All Hallows Evening. *Hallowe'en*.

We've made similar appropriations at Christmas. In ancient Rome, December 25th was a festival day for worshipping the sun. Christians appropriated this "sun worship" date and called December 25th "Christ's Mass," "Christmas," the day for *Son* worship. In each case, Halloween and Christmas, we've appropriated.

Just so, every person who's been touched by Christ is an appropriation—a transformation. Once someone else's, now we're the Lord's. Just like the dates October 31st, November 1st, and December 24th and 25th, we as members of the body of Christ have been adopted, appropriated.

God has appropriated us. You. Me. Transformed us. Called us *Saints*.

At Thanksgiving, a national holiday, Americans thank the Lord for life and food. On Halloween and All Hallows Day, an *international* holiday, Christians from different countries thank the Lord for one another—saints past and present.

"The prince of darkness grim," as Martin Luther refers to Satan in "A Mighty Fortress is Our God," isn't pleased with such appropriations. The powers of darkness dim don't want people to think of Christmas as a Christian holiday. They want Christmas called "Winter Holiday" and to signify anything other than God's great gift, Immanuel. They want Easter to focus on colored eggs and Halloween to zero in on anything other than God's dear saints, Christ's own body.

And did you know Halloween sparked the Reformation?

On October 31st, All Hallows Eve, 1517, Dr. Martin Luther posted some ninetyfive thesis statements on the door of the Wittenberg Castle Church on the campus of the university where he taught.

In posting his statements on a Halloween night, Luther wasn't trying to portray something spooky. Rather, he recently had discovered for himself good news—that salvation comes through childlike faith in Christ alone—and because Luther believed the good news he'd found

"Trick or Treat"?

Satan tricks. God

treats. Treats us to

grace and stunning

sainthood.

in scripture
wasn't just for
him but for all of
us, for all us
saints, he posted
his theses on the
most appropriate
of dates—on
Halloween, on
All Saints Eve.

Luther had good news—great news—for all of us—all-hallowed ones!

century German theology couldn't contain Luther's announcement. Neither could the Church.

Halloween is an international Christian holiday. Early Middle Age documents refer to it as a "feste day." On All Saints Eve and All Saints Day we celebrate not only Jesus, but also one another. We celebrate God's great victory over sin and death in each other. Halloween and All Saints call us to celebrate those who have been commuted by God from a prison house—set free—and then gone on in some way to give their lives fully, responsibly, remarkably back to God.

All Saints calls us to recollect those of us who were naked, frenetic, and ashamed until Jesus came, stepped off the boat, and called us from tombs.

Halloween represents for the Church the calling of common, imperfect, even demon-haunted people to a new identity—called to be saints—separated and set out in Christ

On All Hallows Day and All Hallows Eve, we honor those—we celebrate those—whose lives God has translated, by His spoken Word, from gibberish to profound speech.

On Halloweens we should be celebrating those whose lives have become patterns for us, examples for believers (I Tim. 4.12).

Saints like Mother Teresa. George Whitefield. Billy Graham. Flannery O'Connor. Exemplary saints all.

Nor can I personally forget to celebrate Walt and Helen, neighbors who picked me up for Sunday School when I was a kid and who taught me there the ways of God.

"Trick or Treat"? Satan tricks. God treats. Treats us to grace and stunning sainthood. And to the love of other saints, whom God joys over (Zeph. 3.17).

Enjoy God's treat. *Celebrate* this treat—God's lovely saints.

Happy Halloween, everybody!

NU student shares American Studies in DC experience

By Luke Kintigh
Guest Writer

Greetings from our nation's capital!
Hello to all the great people back at
Northwest University. It has been about six
weeks since I arrived in Washington D.C to
participate in the American Studies Program. I'll be here for a semester and so far, I
am really enjoying my classes, internship
and the city itself.

The program consists of a group of 40 students from all over the U.S., who provide our classes with engaging discussions and assorted perspectives. We are currently studying the controversial issue of immigration reform.

Rather than read a textbook or listen to a lecture, the American Studies Program provides students the opportunity to engage in discussions with experts of immigration reform. By meeting with various advocacy groups and government institutions involved with immigration reform, we are hearing a wide range of opinion. We interact with a immigration specialist, who asks us to evaluate a variety of political perspectives to truly grasp an overall understanding of the topic.

Students are asked to connect what we believe, with not just what we say, but also what we do. Especially as a Christian, I have been challenged to connect my personal faith in Jesus Christ with my public life. How can my passion for politics be shaped by the passion of the cross? Through biblical reflection, I am learning how to formulate my views and actions to serve the priorities of God. At times, it is difficult to discover how God is calling me to work for his kingdom. I am gaining

insight on what the Bible requires of a responsible citizenship in public order, thus I am beginning to make connections between faith and vocation.

As a part of the program's curriculum, we are required to have a 20 hour per week internship. Students are spread throughout the city, working with a wide range of groups like World Vision, lobbying firms and congressional internships. I am an intern at the RNC (Republican National Committee), working in the strategy division. I have gained particular interest in campaigns, by working on various campaigns in the past.

Currently, the RNC is busy gearing up for the crucial November elections. In fact, Arizona is a target for the RNC, as the state has had several close races. I get to fly out to Arizona frequently to assist the strategy division.

I have read about various U.S. senators, congressmen and public figures with admiration and now I've had the opportunity to meet them.

I miss the Northwest's countryside, but I am overwhelmed by the beauty and rich history of Washington D.C. Although it is a city that radiates power, there is a sense that the powerful people and powerless people are living side by side.

I continue to contemplate: how can we empower and also serve both the powerful and powerless?

I recommend that anyone, regardless of desired career path, apply to the American Studies Program. For more information visit the ASP website:

www.bestsemester.com or you can email me at: luke.kintigh@northwestu.edu . I look forward to seeing you all in January, take care and God bless. GO EAGLES!

Around the town: Something for Halloween

By Kate Dartnall
Assistant Editor

For this season's Halloween, Northwest students can take a break from studying and be entertained at a country corn maze, a haunted trail for a cause, a harmless pumpkin patch or a traditional Dracula ballet on the Eastside.

Instead of claiming that yet again, you had nothing to do on Halloween, take your opportunity of these local events: the Stocker Farm Corn Maze, a haunted trail walk at Nightmare at Beaver Lake, South 47 Farm pumpkins and The International Ballet Theatre's production of *Dracula* promise to entertain.

Every year Northwest farms and organizations host Harvest or Halloween events that thrive on local attendance.

If you liked the crop circles in M.
Night Shyamalan's film *Signs*, then you will love the Boeing sponsored Corn Maze at Stocker Farm. Stocker Farm, located at 8705 Marsh Road in Snohomish, is open from 6 p.m. until 10 p.m. every evening. Tickets cost \$7.00 for the Corn Maze, \$10.00 for the spooked 'Field of Screams' or \$12.00 for both.

Next, if students would like the opportunity to be scared right out of their pants, then they might as well get scared for a good cause. The Rotary Club of Sammamish hosts the annual Nightmare at Beaver Lake, a haunted trail walk, and donates the proceeds to local community service and humanitarian projects.

The event is located at the West Entrance of the Beaver Lake Park Ball fields, on 244th Ave. SE in Sammamish, and provides a shuttle to transport all guests back to their cars. It's open from 7 p.m. until

10 p.m., and constitutes the first hour as a less scary event for families. Admission is only \$8.00, with \$1.00 off admission if you bring a can of food to donate to the

local food bank. Their website recommends to prepare for outdoor weather on the haunted trail and to bring cash, as they do not accept credit cards or checks.

If you'd prefer to pick pumpkins and enjoy baking fresh pumpkin seeds, you can do so at the South 47 Farm, located at 15410 NE 124th Street in Redmond. Here, they offer a pumpkin patch, local pumpkin recipes and a smaller corn maze. Prices were not advertised for this farm.

Lastly, if you find outdoor activities incomprehensible and have a little extra money to spend, the International Ballet Theatre's *Dracula* is your Halloween event.

KIRO 7 highlights a review on their local website www.seattleinsider.com, "IBT's thrilling production of *Dracula* is filled with diverse artistic offerings from classical ballet, jazz and Eastern European folk rhythms to magicians, acrobats, witches tap dancing on coffins and warlocks clogging an Irish jig."

Dracula is at Bellevue's Meydenbauer Theater, located at 11100 NE 6th Street and will show at 7:30 p.m. on October 31, 2006. Tickets are \$35.00 for adults, \$25 for students and \$15.00 for children 12 and under. Tickets can be purchased at www.ticketwindowonline.com.

Take the time this Halloween season, to enjoy a night out with friends and support the local festivities. If these events don't satisfy, you can watch a scary movie, tell a scary story (and get laughed at) and if you're a little stressed out, go smash a pumpkin (one of your own, of course)! Enjoy your Hallowed Eve!

Eating healthy this season

By Chelsea Geier
Staff Reporter

Eating right and exercising sometimes seems so impossible. Many find themselves running out of time to even think about eating the right food and fitting in a workout, but unfortunately it doesn't lessen the importance of nutritional and physical health.

"There are a lot of different people out there trying a lot of different diets, but ultimately there is no magic formula for eating healthy. It comes down to whether you will have the discipline to eat sensibly while staying active, " said NU cross country coach Preston Brashers. "Everyone has 24 hours in a day and we all make choices about how we will use them. If it is a priority for you to stay healthy, you will find time to exercise."

Brashers further explained that he realizes everyone has priorities, but exercise does not always mean doing something you don't want to do.

"Do something you enjoy. If you like to play ultimate frisbee, play ultimate frisbee. If you enjoy swimming, you should swim," Brashers said. He went on to ask, "why [don't] on-campus students take advantage of the healthy foods they serve in the cafeteria?" He explains that he rarely



sees people utilizing the sandwich bar or baked potato bar.

One student taking a stand on nutrition is senior Bobby Dietrich. Dietrich

was raised in a family that valued a healthy lifestyle and he was never permitted to eat deep fried foods or fast food even until junior high; by that time he didn't have any kind of desire to eat them anyway. He has been in numerous body building competitions and has spent many hours strength training and concerned about nutrition.

"I look at exercise and eating just as I do school or a job. I am always thinking: You have to do these things regardless of what comes your way," he added.

Here is a tip for getting healthy: start the school year off by adding just 20 minutes of exercise to your day; it has the ability to increase your body's health and energize you for those long nights of studying. The important thing is that the effects of physical health are crucial later on in life, so we should start now.

"The thing about exercise is that it is an investment. The more time we spend exercising now, the livelier, and healthy we will be later on in our lives. Many people could add years to their life if they were more physically active," said Brashers.

Student directs first play

By Starla Reynolds Staff Reporter

Live, Love, Lose, Repeat. That is *The Nina Variations*. The play ran in M1 Theatre, Wednesday October 25th – Saturday October 28th, with a total of five shows.

The Nina Variations, directed by Meghan Young and assisting director Bethany Shaw, displays one hundred percent of the man-power done by our very own Northwest students.

Young, first year as director, has worked with the Theatre Department for two years and assisted director, Lisa Peretti-Stephenson in last year's performances of Steele Magnolias and Romeo and Juliet.

Young introduced Shaw to *Nina Variations* last summer and passionately brought it to the attention of the drama department. When they received approval, they spent only a month and a half putting it together. "Bethany had asked the department if they would do this show. Lisa asked me to direct it and I asked Bethany to assist.

"I believe it is a God thing, the way it has all come together. Even down to the Russian bakery we found to cater," said Shaw

Young claims she is a big supporter of local art and the author, Steven Dietz, is a local artist from Seattle. She also points out



the play's rich literary history due to its adaptation from one of the scenes in Chekov's *The Seagull*. According to Young, the play "is written and structured in such a way to

allow creative interpretation and creative direction."

Shaw explains that the play examines the complexity of human relationships, the depth of a human's character and the complexity of humanity in general.

"In essence, it is one scene being played 40+ different ways," said Shaw.
"[The play] shows there is a great impact that can happen from something small. That impact can be good or bad. It shows the what if we miss the opportunity to make things right. To get it right in real life, we only have one chance—for us and others involved: actions and reactions," she added.

As the *Nina Variations* has already shown, students will probably understand why Young implores students to come watch.

"It's a unique twist on the quintessential unrequited love story. We're all dealing with that in one way or another. The characters in the play are of college age and have a lot to say about long life and loses," Young said. "If you're going to go see a play, see one that has good actors in it – this one does," she added.

Dead Sea Scrolls exhibit:

A scientific walk through ancient history

By Jeanell Russell Campus Life Editor

Visit the Pacific Science Center and walk in ancient times to experience the Dead Sea Scrolls exhibit. It is worth the \$20 ticket, \$8 parking, and the congested traffic to get there. The Seattle Center hold their emphasis on the scientific and religiously diverse viewpoint of the scrolls.

My first impression was unorganized and crowded. The first attempt to see the scrolls was a disappointment, as I waited in line for 20 minutes to find out they were sold out. I highly recommend individuals purchase their tickets on the phone or online for a future date. Buying a combined ticket for the Dead Sea Scrolls exhibit and an IMAX film makes the journey to Seattle Center more worthwhile. With the combined ticket, one can spend half a day seeing the scrolls, an IMAX film, and venturing into other exhibits.

My second attempt went smoother. Even with a pre-purchased ticket, make time to arrive early so you can find your way



around the Pacific Science Center.

As I first walked into the Dead Sea Scroll exhibit, I was immediately handed an audio tour device. How-

ever, the staff took no time in explaining how to use them and I had to ask for help. Then, I requested headphones with the hope of being able to hear each section of the tour hands-free, but the headphones did not work well. There are two options for listening to the audio tour: for adults or for children. It was enjoyable to listen to both options. The adult audio option focused on facts, while the children option made the facts fun with silly jokes and sound effects.

All visitors were crowded into the first section like a herd of cattle. The question went through my mind: why are we waiting? And how long is the wait? Again, no direction from the staff was given. While we waited, all listened carefully to their audio tours about where the Dead Sea is located and where the scrolls were discovered. Soon, a staff

member escorted us to the next room for a quick movie about how the scrolls were discovered. The movie provided several interesting facts about the Dead Sea and the location of discovery.

The Dead Sea is located at the lowest point on the earth at 440 meters below sea level. A visitor will also find out how the Dead Sea got its name and see the locations of the caves in Qumran. These are just a few interesting facts that will be discovered when visiting the Dead Sea Scrolls exhibit.

In the next room there are enormous wall to wall, in-depth facts, authentic ancient artifacts, and scientific observations. The exhibit curves around with a section on the process of conserving the scrolls and onto a historical walk through ancient history.

In the meantime, visitors can experience hands-on interaction with the exhibit. One can experience assembling a puzzle of important historical documents that are missing pieces, thus demonstrating the missing parts of the Dead Sea Scrolls and how scientists have put the scrolls together. A visitor can also experience

putting together shattered potshards (broken ceramic vessels) together with real

At this point the question may arise: am I here for a history lesson? And where are the Dead Sea Scrolls? Entering in the "gallery of scrolls" was fascinating. In a dim room, all scrolls are displayed in cases according to books of the ancient Hebrew Bible. Next to the display cases are floor to ceiling information banners describing interesting facts pertaining to the particular scroll and what the scrolls read in both ancient Hebrew and English. The largest preserved scroll is the book of Psalms.

The final room is the "sacred text room" where a variety of religious text from various eras is displayed. From the Koran to the Bible, there are many beautiful handscribed artifacts.

Overall, the experience was worth the trip, money and large crowds. The Dead Sea Scrolls are a miraculous discovery, and one must experience their presence in Seattle..

For more information about the Dead Sea Scrolls exhibit or to buy tickets online go to www.pacsci.org

The genius of the Ebenezer Stone

By Daniel Rice Featured Columnist

t is not what happens to us that determines our end; it is what happens inside of us.

In front of the chapel, on the eastside of the main entrance, sits the Ebenezer stone. Have you seen it? Most people pass right by it, never noticing it. The word Ebenezer comes from the First Testament. It marked the place where God did something special, helpful, unusual—something truly remarkable.

1 Sam 7:12-13 - 12 Then Samuel took a stone and set it up between Mizpah and Shen. He named it Ebenezer, saying, "Thus far has the LORD helped us." 13 So the Philistines were subdued and did not invade Israelite territory again. (NIV)

When I walk past this stone on campus, I sometimes stop and lay my hand on it. When I touch it, I am remember and thank God. Sometimes I actually say out loud, "Thus far the Lord has led me." It is a sacred stone. Not because it has any special power of its own, but because remembering what God has done is powerful, spiritual and reasonable. Anything that focuses one's attention on the truth about God is sacrosanct.

Counselors talk about cognitive therapy, the practice of telling the good truths about your life rather than focusing only on the pessimistic half truths, or worse, the negative untruths. I understand it, the idea of cognitive therapy is by speaking the whole truth to oneself consistently, one can experience a change in their quality of life. One will feel better and will be free to transform their life. In short, they will succeed more often because they are not poisoned by self-defeating negativity.

Language is important and issues of language are addressed in the Ten Commandments. I sometimes wonder if "taking the Lord's name in vain" might also include calling oneself God's child, yet acting as if He is reluctant, deaf, irritable or dead. It is similar to say grace for your meal and then

complain about the poor quality of the food in front of you. It is at the very least, inconsistent or worse.

What artist, musician, scientist, professor or doctor ever attempted great things by telling themselves that they were stupid, worthless, an idiot or a failure? Not many. Usually successful people have fairly healthy egos. Some egos are a bit too healthy but I still think that is better than

What then is the truth? The truth is that our lives are pretty darn good, even when the going is tough.

Our lives really are "terrific," to coin a Donald Trump-ism. He is not wealthy because of his pessimistic attitudes. He sees opportunities and calls them what they are. What "The Donald" knows (and many people don't believe), is that when opportunity comes knocking, it usually comes disguised as hard work. The simpleton thinks it's the devil's trickery, and unfair, but not "The Donald."

Jesus said, sometimes the children of this world are wiser than the children of the Kingdom, especially when it comes to sniffing out an opportunity.

Likewise, students face a world of opportunity everyday. Yet when those opportunities are interpreted only as "work," as if the word "work" were a dirty word, then opportunities are lost.

We need to tell the truth about life every day, all the time. The disturbing fact is we all speak to ourselves in unhelpful ways and focus on things we ought to ignore. The last thing we need is to aid our own defeat through speaking ghastly things to ourselves. We all have those crumpled-parts in our lives, but we should not acquiesce to failure or wallow in frustration by adding self-insult to our injuries. Self-abusive speech, like calling ourselves "idiot," or other such appalling curses, can never be helpful. No one ever truly improved their lives by cursing themselves. God does not curse us. He speaks words that are fitting and full of grace. Calling oneself names is not godly; it is abuse, and it is destructive. God is totally on your side, even if it feels like no one else

Instead of telling yourself you will fail, remind yourself of your successes. You have had them. We have all been successful in many ways. That is the truth.

In this day and age, just being born is a success. No one is a total failure-not you, not anyone. If it is true that God records your sins, know also that He records everything you have ever done that was excellent, honest and Christ-like. He has recorded every kindness you have ever committed, every gentle word you have ever spoken, every helpful thing you have ever attempted for others, every good thought you have ever had—and so much more. Our Father delights in recording the good, and so should we. Catch someone doing something right, and bring that to everyone's attention. Fight FOR each other, rather than with each other.

Old-timers in the church used to say "Count your many blessings, see what God has done." That occasionally sounded corny, but actually they were speaking wisdom and fact. This is not merely pietistic jargon; there is genuine substance in this reminder, and contemporary psychiatry is catching on to these elemental truths and putting them to good use. It is biblical to be truthful. It is the reality of God's world. Heaven is the most positive place in existence because it is based on the whole truth, not some truncated nuance of it. The New Testament's instruction to "speak the truth in love" does not simply apply from one person to another; it is also appropriate between us and God and from self to self.

Anyone who's heard of the horrors of the Soviet Communist prison camps will understand the extreme suffering experienced by its prisoners, many of whom where Christ-followers.

One of the Soviet Union's most famous Christian prisoners, Solzhenitsyn, wrote these words in The Gulag Archipelago, "It is enough if you don't freeze in the cold, and if thirst and hunger don't claw at your insides. If your back isn't broken, if your feet can walk, if both arms can bend, if both eyes can see, and if both ears can hear, then whom should you envy? And why? Our envy of others devours us most of all. Rub your eyes and

purify your heart and prize above all else in the world those who love you and who wish you well." (http:// ucsb1990.tripod.com/jamestaylor/id18.html)

One could say, Alexander Solzhenitsyn was practicing a kind of cognitive therapy. He was saying what was true, even in the context of his horrific prison experience.

There is no promise in the Bible that assures us that we will never experience hardship; in fact, many scriptures seem to say that the righteous sometimes have more difficulty than the wicked. Job, David, and the prophets all complained about the way they were treated, and they were right when they pointed at the unfair, terrible things they had to endure. They all had enormous "pity-parties" for themselves, but they all came to the conclusion that their self-pity was misled, unenlightened, and ultimately unhelpful. It was so, because it was only one-half of the truth. It was not the whole truth. The whole truth is that God is on their side, and He is bigger than the injustices they experienced. The whole truth delivered them from the trap of self-pity.

Self-pity is a killer. It is worse than any challenge or any enemy you will ever face in this life. There is absolutely no advantage in self-pity. Endlessly rehearsing hurts and failures, disappointments and fears is unwise. It is only when sorrows or angst lead us into the presence of God that we find rest for our souls.

The language of self-pity is a lie that generates a kind of intoxicating feeling in our minds and souls. We feel bad, but somehow we like it. It comforts us in some perverse way. It produces an addictive drug-like experience, and it is absolutely as deadly as any crack addiction. It makes us lie in bed and cry. It makes us dread the future, fear to face the world, refuse to do our best and all sorts of other obstructive behaviors. "What's the use of doing my best when the world is against me?" "What good will it do?" This is the language of self-pity, and it is debilitating. It eclipses all

Continued on next page...

Book Review:

Freakonomics: A Rogue Economist Explores the Hidden Side of Everything

By Charles Deide
Guest Writer

Economics has been called "the dismal science" - when many people think about it, the image of obscure charts with lots of statistics ("sadistics?") and being bored out of one's skull is what comes to mind. Face it, there are no little Janes or Johnnies who want to grow up to be an economist. But this book could really change your mind about what economists can do and what they can reveal.

Dubner is a writer for the New York Times and The New Yorker. Levitt (Harvard undergrad, PhD from MIT, professor at the University of Chicago) is seen by some as the most brilliant economist under 40 years old in America. Between the two, they present a well-written and fascinating look at economics, which turns out to REALLY be about incentives. In other words, how people get what they need or want, and specifically when others need or want the same thing. Looking at economics and the way it analyzes the world this way can challenge both liberal and conservative

group-think, and can jack up what passes as conventional wisdom.

The book is written in a style that is both intelligent and easy to read - it's not a chore to get through the 200 or so pages. And there are several questions raised and answered that are striking and memorable. You'll find yourself wanting to talk to someone about things you will discover in this book

For example, some parents might not let their little kid visit some other kid's homes when they discover that the parents are gun owners. And of course it's just fine if their child's little playmate happens to live in a home that owns a swimming pool. Yet statistics reveal that a swimming pool is about 100 times more likely to kill a child than a gun. So just say "yes" to letting your kid visit the kid whose parents are NRA members.

Another question that comes up is "Why do drug dealers live with their moms?" It turns out that a fellow economist actually (through an extremely interesting set of circumstances) got possession of the "books" of a street gang's drug business. Analysis showed that the gang members doing the actual

dealing only made about as much as someone working at McDonald's. In fact, some of them DID work at McDonald's on the side to help make money. (It is the gang leader who makes the big money)

One of the most fun parts of the book come towards the end where an interesting question reveals some interesting data. The premise is that parents want their kids to succeed, so one of the first things some parents obsess about is "What to name the baby?" The book reveals the outcome of how names CAN influence how your life turns out (but not always how you might think - read the case of the two brothers named Winner and Loser). The chapter dealing with this is called "A Roshanda by Any Other Name". Besides lists like "The Twenty 'Whitest' Girl Names" and "The Twenty 'Blackest' Boy Names" (see page 184 to see where your name ranks), there's cogent analysis of what is REALLY going on with names, especially factoring in time, race, family economic status, and the number of years of parental education. (On page 227 there's a lengthy list of girl's names and the link between the name and how many years of education the mother

With chapter titles like "What do schoolteachers and sumo wrestlers have in common?" and "How is the Ku Klux Klan like a group of real-estate agents?", you'll probably find something to interest you. There is one fairly controversial chapter that claims that legal abortions are the primary factor in the crime reduction seen in the 1990s. Levitt's research here has seen several challenges, especially in the last year. Another controversy has come from Levitt seemingly disproving fellow economist John R. Lott's theory concerning gun regulation, with Lott going so far as to launch a defamation lawsuit against Levitt.

So with controversy, intrigue and downright "truth is stranger than fiction" material, how can you pass up this book? I'd consider it of the top non-fiction titles I've read in the last five years, and so would many others (NYT Bestseller list 75+ weeks and counting). It's available at the Hurst Library [call number 330 L6668f, 2005] - first come, first served.

Freakonomics: A Rogue Economist Explores the Hidden Side of Everything by Steven D. Levitt and Stephen J. Dubner. Published by William Morrow, 2005

Movie review:

Black Gold: what's in your cup?

By Jeanell Russell Campus Life Editor

In most countries around the world, a morning cup of coffee is a part of everyday life. However, people in Ethiopia are suffering from it.

Marc and Nick Francis recently released the documentary *Black Gold* (2006). The movie covers the life of a cup of coffee from capturing the devastated lives of Ethiopian coffee farmers, to the coffee giants reigning on our supermarket



shelves and on the city corners.

According to the film, coffee is the second most active traded commodity in the world (oil trade is the

first), a \$30 billion industry, and yet the Ethiopian coffee growers see merely pennies for their crop. Therefore, the coffee farmers are not able to sufficiently feed their families, have little or no education, and the cycle of poverty runs through each generation.

In addition, over 15 million of the

coffee farmers are dependent upon international emergency aid.

As quoted in the film, "[equality in coffee] trade is more important than aid – we can't have aid forever."

It is not hard to imagine walking in a coffee farmer's shoes. The film illustrates the sandals of women workers getting half a dollar for a long day of ridding the bad beans from the good beans. The shoes of the father who lives in a hut with 15 other family members and has little food or hope for the future. The bare feet of the starving children who have no other way, but to receive international aid from a local food and medical station or the boots the farmers who are forced to abandon their fields and claim bankruptcy.

In the film, most farmers are generational and have little or no opportunity for education. Yet, they eagerly expressed their desire to break the cycle of poverty in their families.

The film captures the complexity of the coffee trade and one man's journey to bring change in Ethiopian's coffee farming communities. The coffee trade starts with the coffee growers, routes to various middlemen, onto our supermarket shelves and in coffee shops.

Along the way, the camera follows the passionate director of Oromia Coffee Farmers Cooperative Union, Tadesse Meskela. He travels the world and raises awareness of coffee farmers living in poverty and the need for free-trade.

Meskela's mission is stated on *Black Gold*'s website: "Our hope, is one day the consumer will understand what they are drinking. Consumers can bring a change if awareness is given to consumers. It is not only on coffee, all products are getting a very low price - and the producers are highly affected."

Meskela carries around bags of coffee beans from free-trade farmers and informs others to take action. He's passionate to bring awareness and long-term change for fair priced coffee trade.

Surprisingly, the film carries no condemnation to the devoted coffee drinker. It captures all aspects of the production and consumption of coffee in a polite disposition, but it leaves the audience to decide and take action.

So...what is in your cup? Certainly, Black Gold uncovers the truth in every cup of coffee. It reveals interesting facts that cannot be ignored. It reveals the reality of Ethiopian coffee farmers, the process of coffee trade and how the coffee drinker can help facilitate fair priced coffee trade. This film encourages coffee consumers to look beyond the tall non-fat latte, and begin asking where does my coffee come from?

For more information go to www.theblackgoldmovie.com and check out the movie trailer and the forum to find out what others are doing to take action.

Ebenezer Stone continued...

that is wonderful and good in this world, and because it does that, it is more dangerous and sinister than any other kind of self-talk. The instant we notice that our self-talk is full of self-pity, we can break it with a little light-hearted teasing, and by telling the truth that the world is not against us. Break the spell before it breaks you. People who can't laugh at themselves become unstable.

This is not to say that there aren't real injustices in the world, injustices that need to be addressed; there are, without a doubt. But, these can all be addressed without destructive self-talk. In our struggles against injustice and all that needs to be fixed in this world, we must always remember what God has already done, and be grateful. We need to tell the truth about that. We need to say it out loud. Say it.

Of course, it is simplistic and imprudent to think you will never be depressed. All people get depressed. Everyone gets angry. All people sin. If anyone tells you something other than this, they should be taunted with shouts of, "Liar, Liar, pants on ""."

Speak the truth to yourself. Speak to yourself in love, just as God speaks to you. Speak to yourself with respect and with hope. Remember everything your Father has done for you, in you, and through you. Write it down, and re-read it from time to time to remind you of the truth. And, if you need someone to help you remember, or if you need to find a way to address true injustices that have occurred in your life, then there are many friends and professionals who live all around you, who sincerely care about you. You have counselors, and teachers, and mentors of many kinds right outside your door. Make a connection and change the quality of your life.

When you do this, good things will happen, and when they do, you must set up your Ebenezer stone, a memorial stone by which you will remind yourself of the genius of remembering the good God who loves you. In those coming days, when hope looks dim and skies aren't so bright, remind yourself that your Lord really will be helping you every step of the way, just as He has so faithfully done "thus far."

Upcoming Movies

Flushed Away
November 3

An animated tale of a rat who gets flushed out of his penthouse and into the Londen sewer sustem where he must find his way home.

Simon Callow, Hugh Jackman

Happy Feet November 17

Every penguin sings a song in order to find it's mate, except one. One penguin, Mumble, cannot sing worth beans but will dance to find his love. *Robin Williams, Elijah Wood*

Cross Country team sets aim for nationals

By Charley Burnett Sports Editor

This year's Cross Country team illustrates team unity through their solid performances and continued endurance after player injuries.

"This year's team is very coach able and seem to have a tight bond. It's one of those things that makes college sports pretty special. Everyone seems to have each other's back and they're keeping each



other accountable. I think right now, we're doing things the right way," first year coach, Preston Brashers said.

According to Brashers, this year's team

seems to have a buzz about them and have a legitimate chance at making it to nationals this year. Especially the women's team, led by reigning conference champion Kjerstein Bailey, even holds some national rankings.

"Right now, I'd say that there are

three teams in contention to win the conference meet: Corban College, Eastern Oregon and ourselves. My guess, the team who wins, will get an at large birth to Nationals. So it will be a challenge, but I believe making it to nationals is definitely within our reach," Brashers said.

Due to some injuries on the men's team, it's been difficult to build momentum throughout the year and it's turned into more of a rebuilding year. Brashers continues to believe the team could still have a strong showing at the conference meet and some of the men may see nationals, especially with the top runner, Leonard Randall back from injury.

"Hopefully we'll get one or two of those guys into the national meet this year, qualifying as individuals, and they'll be a team to be reckoned with next year," Brashers said.

Brashers explained that he'll be satisfied with the team's performance, as long as they give one hundred percent and represent Northwest to the best of their ability.

Athletes of the month

Madeleine Krahn

Sport: Women's Volleyball Year: Sophomore Height: 5'10 Jersey Number: 8 **Greatest Volleyball**

Accomplishment: Second in Regional Last Year

Huskies or Cougars: Huskies Favorite Cafeteria Food: NEVER AGAIN!!

Favorite Seahawk: Shaun Alexander Favorite Band: Anything Country Favorite Professor: Dr. Deide If given \$100 I'd spend it on: Save it to travel.

Mac or PC: PC Milk or Orange Juice: Milk Favorite TV Show: SportsCenter Favorite Sport to Watch: College Football and Soccer DC Talk or Newsboys: Neither

Kyle Wall

Sport: Men's Soccer Year: Freshman Position: Goalie Jersey Number: 0 **Greatest Soccer**

Accomplishment: Playing College Soccer Huskies or Cougars: no doubt,

Cougars Favorite Cafeteria Food: Chicken Friend Steak

Favorite Seahawk: Marcus Trufant Favorite Band: Taking Back Sunday Favorite Professor: Nathan Erikson

If given \$100 I'd spend it on: Music Mac or PC: Mac

Milk or Orange Juice: OJ Favorite TV Show: The Office Favorite Sport to Watch: College

Football DC Talk or Newsboys: Old School DC

Favorite Quote of this Year: Ol have done nothing with my life.O -Kyle Veach



Northwest senior #3 Chris Burnett prepares for yet another basket against High Line Community College. The men won this pre-season scrimage 86-66 on October 20th.

Photo by Kortney Thoma

MEN'S BASKETBALL 11.01.06 **Puget Sound Christian** Kirkland, WA 7:30 pm

11.04.06 Seattle University Seattle, WA 7:00 pm

11.14.06

Cal Baptist Univesity Kirkland, WA 7:30 pm

11.21.06

Puget Sound Christian Everett, WA 7:30 pm

WOMEN'S BASKETBALL 11.03.06

Westminster College (Utah) Kirkland, WA 7:00 pm

11.04.06

Northwest Alumni Game Kirkland, WA 5:30 pm





