

THE TALON

OCTOBER 2010

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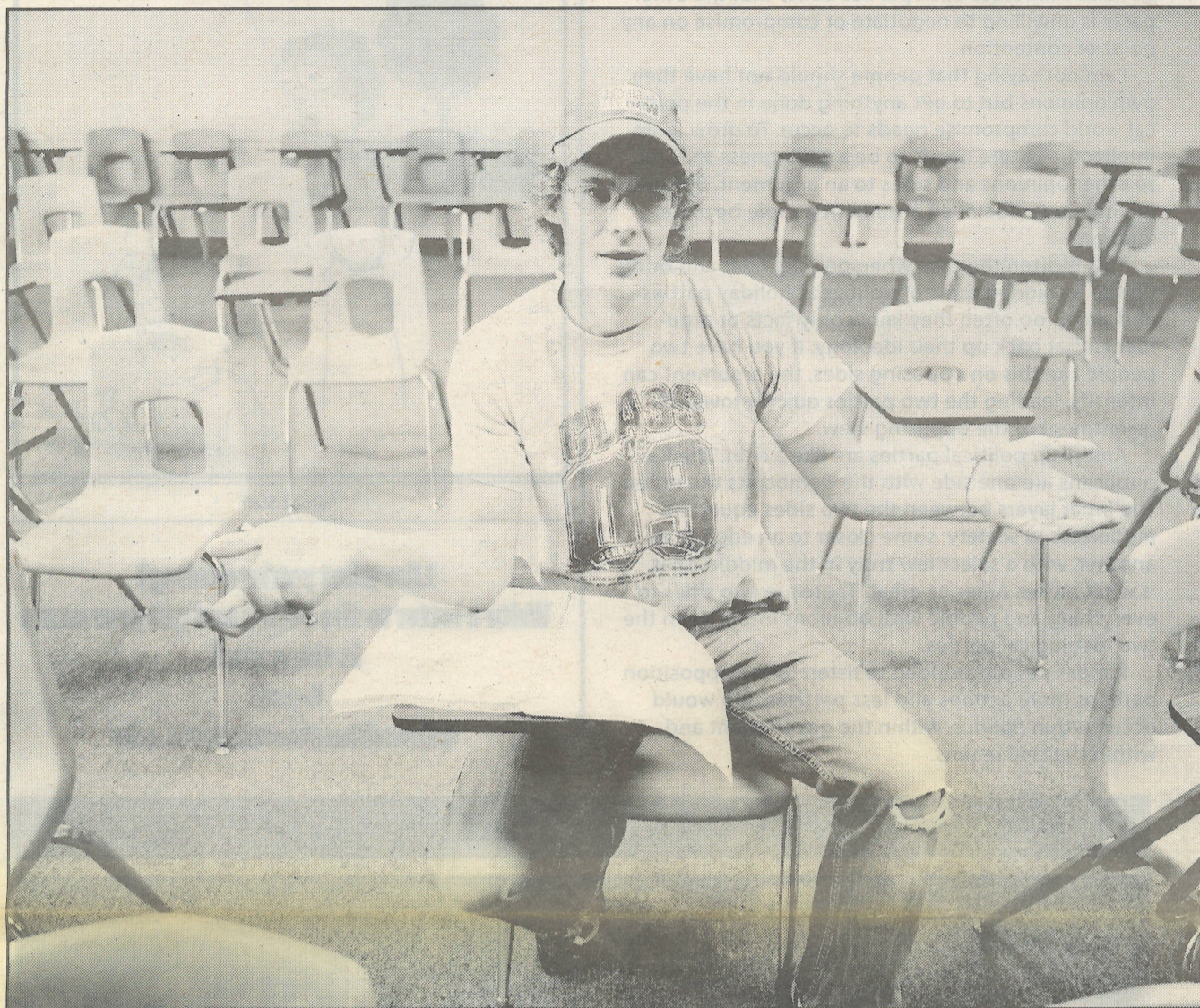
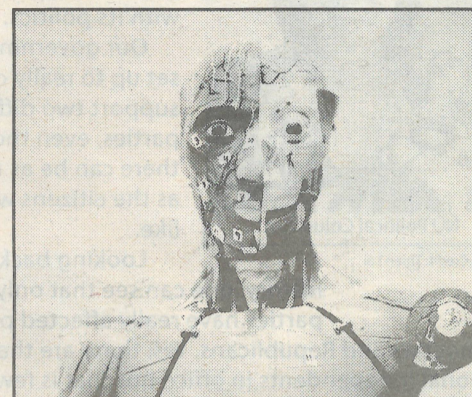


Photo Credit: Thien Lai



New Cadavers for Science
Respected and Cared For (p.10)

Photo Credit: Thien Lai



Faculty Profile
Former Miss Alaska: Christina Gard (p.4)

Photo Credit: Puyallup Foursquare Church

Budget nightmare forces NU to make severe cutbacks

Anuheia Akamine
Senior Staff Reporter

A shocking decline in enrollment this fall has left NU in a financial gutter that requires administrators to cut millions from the university budget.

University administrators announced a \$3.2 million shortfall. Enrollment is down by 17 percent, which means that administrators missed budget projections by over 100 students, according to Executive Vice President Dan Neary.

"We're treating it like a crisis. We're acting as quickly as we possibly can," said Neary.

The shortfall represents more than 13 percent of Northwest University's entire operating budget.

One reason for the need for such drastic and immediate cuts is because the university rolled its debt into tax-exempt Municipal Bonds. These bonds require the university to grow in net assets and cash balances, according to Neary.

"We have begun to explain to some that Northwest University is in the throes of a 'perfect storm,'" Neary said in an email to the faculty and staff of the university.

Though the current budget crisis is regarded as a serious phenomenon, budget set backs are not new to NU.

"This is probably the first one where students have been so aware of as they are," said Darrell Hobson, dean of Arts and Sciences, "I've been a dean now since back in the administration of Danny Davis and we've gone through budget cuts where we had to cut a million and a half off our budget. Dollar wise, it isn't as big as this one perhaps, percentage wise it was pretty close."

This fall marks the first time in 14 years that NU has not grown in enrollment numbers.

"We're accustomed to having to make budget adjustments; we weren't anticipating that we'd have to make this big of a budget adjustment, by any stretch," said Neary, "we're treating it like a crisis."

Despite the immensity of NU's budget deficit and bonding liabilities, Neary remains hopeful.

"We don't miss on these things, we'll get the budget balanced and do what we need to do. We'll meet those bond covenants," he said.

Neary believes the combination of several

significant proposals as well as spring enrollments can relieve some of the pressure upon the budget and lead to the inevitable financial stability of the university.

"Getting the budget balanced is almost entirely focused on cutting expenses, but we're also working on increasing revenue," said Neary.

All possible cutbacks are under review and no specific changes can be confirmed.

"Every decision is being agonized over by the administration as we want to be sure that the decisions we choose to take are wise," said Jim

Jessup, Dean of Academic Services.

As such, it will be several weeks before the NU administration will be able to provide information as to how the budget cuts will affect its community.

"We will have a balanced budget to present to the board by the beginning of November and we expect to know what that will look like in the next couple of weeks," said Neary.

The degree of financial burden suggests cut backs will be seen across the board. But it's the faculty

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"We're accustomed to having to make budge adjustments; we weren't anticipating that we'd have to make this big of a budget adjustment...we're treating it like a crisis."
Dan Neary

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Opinion

Shelbe's Soapbox: Partisan Politics

Shelbe Kukowski
Guest Writer

This country has gotten too partisan with its politics.

Our government is set up to really only support two different parties, even though there can be as many as the citizens would like.

Looking back into history, one can see that only two parties have really affected politics:

Democrats and Republicans. Yes, there are the occasional Independents in office but that is few and far in-between.

Though Democrats and Republicans fall on opposite sides of the political spectrum, only a small majority of citizens are completely one party or the other. Most citizens fall within the middle but slightly lean one way or the other on big topic issues such as abortion, gay rights, economic regulation, and large vs. small government.

There is also a very small amount of people who do not associate with either party. These individuals are true independents, meaning that they vote for the candidate and issues that they deem are important at the time instead of voting because of a specific ideology.

It is astonishing to see that people can get so

upset at an individual when talking politics. It is in the best interest of all people that individuals learn to attack the policies instead of attacking a person personally. This not only escalates the argument but also reinforces each party's belief that the other party is unwilling to negotiate or compromise on any point of contention.

I am not saying that people should not have their own opinions but to get anything done in the political world compromise needs to occur. To grow as an intellectual, there needs to be a willingness to listen to other opinions and sides to an argument. By knowing only one side of an argument people become ignorant.

This is often the case when people meet and bring up the forbidden topic of politics at holiday parties and such. Too often they know only facts or arguments that back up their ideology. If you have two people like this on opposing sides, the argument can intensify, leading the two parties quickly towards resentment of the opposing view.

American political parties are like a coin. The Republicans are one side with the Democrats the other. The inner layers between the two sides equal the moderates in society; some closer to an edge than another, with a select few truly in the middle. That is what makes America great. There are two sides to everything and people with opinions in-between the two ideological parties.

If more people stopped to listen to the opposition perhaps more actions and less partisanship would occur within politics, within the government and within the civil realms.

Laugh It Off



Aaron's Staff

Like what you're reading?
Write a letter to the editor and get your name
in the paper!
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taloneditor@northwestu.edu

A LETTER FROM THE EDITOR:

Christy Wolyniak
Editor-In-Chief

I attempt to write as a very needy golden retriever places her big red head on my keyboard and scrolls down three pages of white.

Already this year, I am quickly discovering that you learn as you do. Nothing will ever be perfect, but with enough effort, things can become polished and improved. I think this goes for everything we do, be it school, work, or relationships.

People have told me how overwhelmed they already feel this year. How do we get past these feelings of angst and find the motivation to keep moving forward?

Focusing on one thing at a time might help some of you. No matter how long your to-do list is, focus on one project at a time until it is complete and then feel good as you scribble out the things you've accomplished.

Speaking of accomplishments, I believe we pulled it off without too much blood! Our first issue of The Talon was successfully delivered to you hopefully with minimum error. We couldn't have done it without our amazing staff! On top of school and work, The Talon staff works their butts off to snag interviews, new stories, pictures and ads, in order to create the paper you're reading now.

In this issue of The Talon, we bring you diverse stories from many campus voices.

Within these pages of gray and black, you'll meet new people through our profile beats, discover new activities to get involved in, and get the inside scoop on what's happening around our quaint campus.

I don't promise perfection, only the desire to achieve an even better paper with each new issue published.

Your ideas, contributions, and constructive criticism enable us to improve as your campus paper. If you don't like something, tell us. If we're doing something well, we want to know.

Thank you for picking up this paper and plugging in to a small piece of NU. You're the reason we're all here.

Contact taloneditor@northwestu.edu for more information.

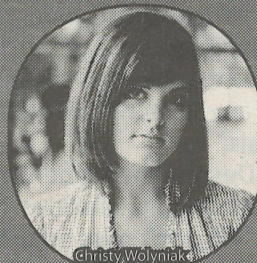
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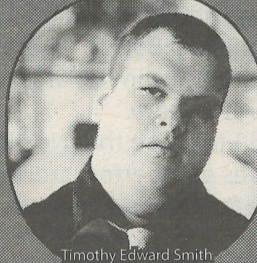
Satomi Ito, Adam Thalhofer, Kelsey Horn, Danielle Mercier, Shelbe Kukowski, Jessie Fast, Timothy Smith, Josh Bollinger, Matthew Moroni, Jennifer Jensen, Anuhea Akamine, Andrey Malskiy, Mariesa Walberg, Kristi Henderson, Doug Harkness, Thien Lai, Kara Heinrichs, Christy Wolyniak, Mason Wheeler. Not Pictured: Racheal Arteaga, Janae Lovern.



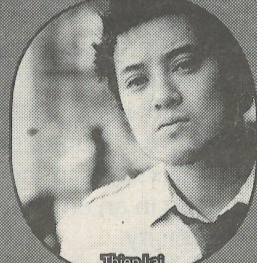
Anuhea Akamine
Senior Staff Reporter



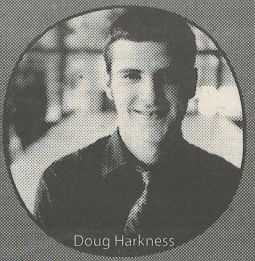
Christy Wolyniak
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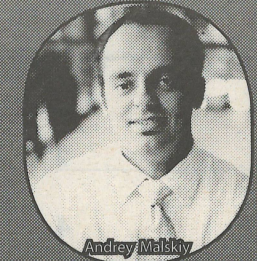
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Senior Photographer



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continued from page 1

and staff who will feel the brunt of the \$3 million blow to the university.

"The faculty and staff are all pretty positive," said Jessup, "we'll pitch in, all of it being voluntarily, saying, 'yeah, I'll pick up an extra course,' instead of having to hire an adjunct to do it," said Jessup.

Hobson is confident that NU will make cuts where a towards making sure the student experience is not impacted.

"We want life on campus to remain," said Hobson.

Administrators have said that the only thing that will get NU through this 'perfect storm' is in



Economy hits NU as administration looks for solutions

Photo Credit: Thien Lai

"God has led us here. If that means changes in the way we do things, it's going to be done with a great level of sensitivity of how it'll impact people."

Jim Jessup

its deep reliance on God for provision of wisdom, discernment, courage and faith.

"The source for

all of us is God, God has led us here. If that means changes in the way we do things, it's going to be done with a great level of sensitivity of how it'll impact people," said Jessup.

Feedback is welcome, as NU navigates it way through this financial labyrinth, according to administrators.

Alumn's Time Cut Short

Jennifer Jensen
Staff Reporter

Just twelve short days before his wedding, Northwest University alumni, Sam Stephens, was involved in a horrific car crash that claimed his 24-year-old life.

According to initial reports, at approximately 2:00 a.m. on September 6, Stephens was struck by a drunk driver on a trip to the airport, killing him instantly.

Stephens, a former resident of Gray 500, graduated from NU in 2008 and began working as a youth and worship pastor at Eastpointe Church in Bonney Lake. Known for his love for God and his love for people, Nick Schmal, a friend and fellow bandmember of Stephens said he was known to "light up a room." He dedicated his life to passionate worship, playing each instrument with excellence. Schmal also emphasizes Stephens love for music by stating, "[Stephens] could break bass stings just thinking about it!"

Upon news of the tragic loss, the community of Eastpointe Church quickly came together to support the family of Stephens and his fiancé, Emily Nolte.

Though the church family and community grieves, perhaps what is most heartbreaking is that he was less than two weeks away from marrying Nolte, a fellow member of Eastpointe Church and graduate of Pacific Lutheran University. When family should have come together to celebrate the union of two lives, instead they grieved the loss of a beloved man of God.

A memorial service held by Eastpointe Church and Stephens family only continued to bring honor to a man that effected so many people's lives. That impact will continue into eternity as over 100 people dedicated their lives to God. It's difficult to reconcile an event like this in your head, however, we are confident that this man is rejoicing in the presence of the Lord.

Faculty Voice: Lenae Nozfiger Defends Fiction

Lenae Nofziger
Guest Writer

What use is fiction to Christians devoted to truth? Why, for example, should we start this semester's NU Focus on cultural intelligence with *The Welcome Table*, a collection of short fiction, as opposed to, say, a piece of nonfiction or a series of films?

First, at a pragmatic level, fiction can provide readers with information.

The stories in *The Welcome Table*, teach us tidbits about the cultures of their characters. Such ancillary knowledge can, over the course of a reading life, add up to cultural literacy.

"External media like film cannot bring us as close to its characters as fiction can."

Professor Lenae Nozfiger

closely.

Such intimacy helps create a sense of solidarity and compassion, especially with people who are like us in unexpected ways and different from us in unimagined ways. External media like film cannot bring us as close to its characters as fiction can.

Third, fiction forces us to wrestle with ambiguity. Short stories do not make arguments the way nonfiction might; they do not conclude with a list of next steps.

We readers have to struggle to make sense of a piece of fiction and its implications. That requires both focus and time—two qualities hard to come by in a modern life—but the commitment can yield both pleasure and wisdom.

As Christians, we live and move and have our being as part of the biblical story of God's work in the world. When we align our



Lenae's passionate about fiction

Photo Credit: Thien Lai

personal and communal stories with the story of God's love and salvation, we come to understand the meaning of our lives. Reading fiction can help us see such alignment - or misalignment - clearly.

As John Leax puts it, "story by story, we comprehend the fullness of grace."

If you haven't read the stories in

The Welcome Table yet, I encourage you to do so. If you have read them, don't throw your collection away.

Read it again later in the semester and see if the stories resonate in different ways or raise new questions.

Then consider taking a class such as Faith in Contemporary Literature, Introduction to African-American Studies, Literature of American Diversity, or World Literature that will help you to wrestle with other examples of culturally diverse fiction.

As we read stories about cultures other than our own in *The Welcome Table* and elsewhere, we participate in a conversation with the texts themselves, with their creators, and potentially with their other readers.

Such a conversation can bridge all kinds of differences in time, place, and culture. What could be a more fitting way to begin to engage the ideas of cultural diversity?

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THE NEST DIVIDED :

College Students Hitched Too Young?

You're Not Old Enough

Kristi Henderson
Staff Reporter

Marrying young guarantees problems for couples. First of all, it is not wise to unite as one before each knows who they are individually. Secondly, marriage is great deal of responsibility that most college students are not prepared to handle. And third, people shouldn't get married until they are old enough because the brain is not fully developed until the age of 25.

According to the 2004 U.S. Census, the younger you get married the more likely you are to get divorced.

College students are notorious for lack of self-knowledge. It's rare to find a developing college student who truly knows who he or she is and what he or she wants out of life. The importance for one to know himself prior to merging with another in marriage is imperative.

Marriage requires a lot of responsibility that many young people do not plan for. Going from a dorm room to being a spouse is not at all comparable. After the wedding comes children, bills and careers. Students should enjoy what is left of their childhood and save the heavy stuff for later.

According to scientists, the brain is not finished fully developing until the age of 25. A study done by Dartmouth College in 2006 shows significant brain development after the age of 18.

"During the first year of college, especially at a residential college, students have many new experiences. They are faced with new cognitive, social, and emotional challenges. We thought it was important to document and learn from the changes taking place in their brains," said Abigail Baird, professor of psychological and brain sciences.

To make a life altering choice that last the rest of your life, or should, before your brain is fully developed is not wise.

"Marriage is a great deal of responsibility that most college students are not prepared to handle."

Kristi Henderson

Maturity In Choice

Adam Thalhofer
Staff Reporter

Marrying young, while frowned upon by many for maturity reasons, is a choice that should be left up to the couples themselves. It's between them and God, and should not be controlled or frowned upon by others. In fact, there are several benefits to marrying young.

Couples seem to multiply here at Northwest University. Some meet here, others come here already together, and yet the result is the same: NU is home to many relationships.

The majority of these will become very serious, and eventually lead to marriage. Perhaps the important variable is when?

When will these couples get married? Ring

before spring, or ring sometime after, perhaps much after spring?

In these early stages of adulthood, many factors change and new responsibilities are added, such as finding a job, a place to live, paying bills, etc.

If these new challenges are met and overcome by a young couple, it will greatly strengthen their relationship and draw them closer together. Don't get me wrong, it won't be a walk through the park. Balancing marriage alongside new responsibilities will be difficult, but worthwhile.

In many ways it will be like smelting gold; a painful and tedious process, but in the end, the gold is more pure and perfect than it ever could've been without going through that process.

In the same way, a married couple's relationship will be found purer and stronger if they are able to make these decisions and work through this part of their life together.

If you're so sure you're going to marry someone, why not do it sooner rather than later? There are benefits the school provides for married couples. The incomes and expenses of the two are combined, greatly reducing financial burdens.

"If students find confidence in God and a personal maturity, why not marry young?"

Adam Thalhofer

Marrying young is a decision that should be made by the couples.

Ring by Spring is a catchy phrase, but we should neither force students to get married as soon as possible nor tell them that they can't. Once again, it's a decision between them and God.

After all, we attend a Christian school, and we should pray about such issues. If students find confidence in God and a personal maturity, why not marry young?



Kristi Henderson and Adam Thalhofer wrestle it out

Photo Credit: Doug Harkness

"The brain of an 18-year-old college freshman is still far from resembling the brain of someone in their mid-twenties," she said.

However, there are circumstances when marrying young can be a positive thing. In these instances, the best way to avoid issues that accompany the concern above is to be active in mentorship as well and attend premarital counseling. In the end, God will work for the good of those who love Him. (Romans 8:28)

Faculty Profile: Christina Gard Encapsulates Beauty & Brains

Jessie Fast
Staff Reporter

Northwest's ministry department welcomes a new addition, a woman whose diverse background makes her a valuable asset to the campus.

Christina Gard, a NU communication graduate, joins staff as a professor of children's ministry.

Splitting her days between teaching full-time at the university and serving as the children's pastor at Puyallup Foursquare church, Gard appreciates her position of influence.

"When I was a student at Northwest, I remember looking at professors and hoping to one day be able to teach and to be a professor at a university," said Gard, "It is a true blessing...to be given this opportunity to teach at Northwest. It really is a dream come true for me."

According to Kent Ingle, dean of the college of ministry, Gard has "a significant impact" because "she understands the major issues and trends impacting

children's ministry today, and...will help students explore the practical implications for future ministry to children."

"She is poised, intelligent and has a knack for bringing out the best in others," said Gary Gillespie, her former professor.

After graduating with the honor of commencement speaker in 2004, Gard earned the title of Miss Alaska, and competed in the Miss America competition.

She then spent a year with Child Help USA, and following this position, Gard

could do to bring restoration to a family, and so I decided to abandon my plan to go to law school and go on to do graduate work in marriage and family therapy. So that was a huge course correction for me. The Lord really did a number," said Gard.

While earning her Master's Degree from Capella University, the Gards moved back to the northwest, taking pastoral positions at Puyallup Foursquare.

"When I started, it was a small program, a couple hundred kids, and now we've grown. In a week we can have 700, 800 kids," said Gard, "I've been the head children's pastor here now for 3 and half years, and am absolutely loving it."

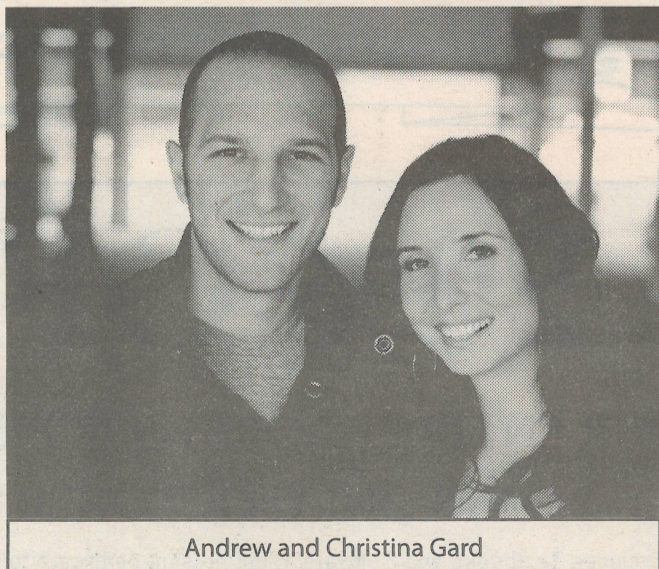
Between her two full-time positions, Gard still finds time to enjoy herself. According to Gard, she and her husband enjoy coffee shops, reading books beside fireplaces, chess battles which can last for days, and spending time outdoors.

"My favorite place to be is in the woods, and I love to go on a hike and explore nature," said Gard.

Despite her busy schedule, Gard admits that she wouldn't have it any other way.

"I'm just excited to a part of the team at Northwest and looking forward to the great school year and the school years to come," said Gard, "When you do what you love, it doesn't feel like work, it feels very effortless."

When I walk into a classroom with students, it doesn't feel like work. When I pastor kids, it doesn't feel like work."



Andrew and Christina Gard

Photo Credit: www.northwestu.edu

married Andrew, also a NU alum.

"Literally in about the course of a month I gave up my title as Miss Alaska, I got married, honeymoon, and moved across the country and started a new job," said Gard.

Her job as a crisis invention specialist inspired her desire to work with and help children on a more intimate level.

"[I] fell in love with counseling and with what therapy

Don't Be Crew-Less

Janae Lovern
Staff Reporter

Sitting in the Hurst Library Tuesday morning, books piled up next to the computer screen and notes flying all over the place. One more day to finish homework for Dr. Ehler's Preaching 1 class, writers bloc is officially a thing of the past as the fourth day working on my assignment has slipped passed.

My brain has failed to hold information, the only thing that seems to stay consistent in my college mind is: "I'm joining a crew with you, there's lots of cool cool crews."

Kramer Rasmussen's high pitch voice has been playing like a broken record constantly in my head for the whole weekend and all I have to say is...Thanks Kramer!

However, not only was the video that featured Kramer and Blake Rasmussen successful in getting students on campus to get excited about crews, it also left students with a jingle that can forever remind them of the importance of joining cool cool crews.

On a college campus many students can find themselves so caught up in their studies and personal work places that finding lasting relationships on campus can get accidentally placed at the bottom of the priority list. Of course the work loads of college students are understandably rough, but it is crucial for all students to make sure to take time to have fun and get to know other students who share the same passion and interests. Enter Crews!

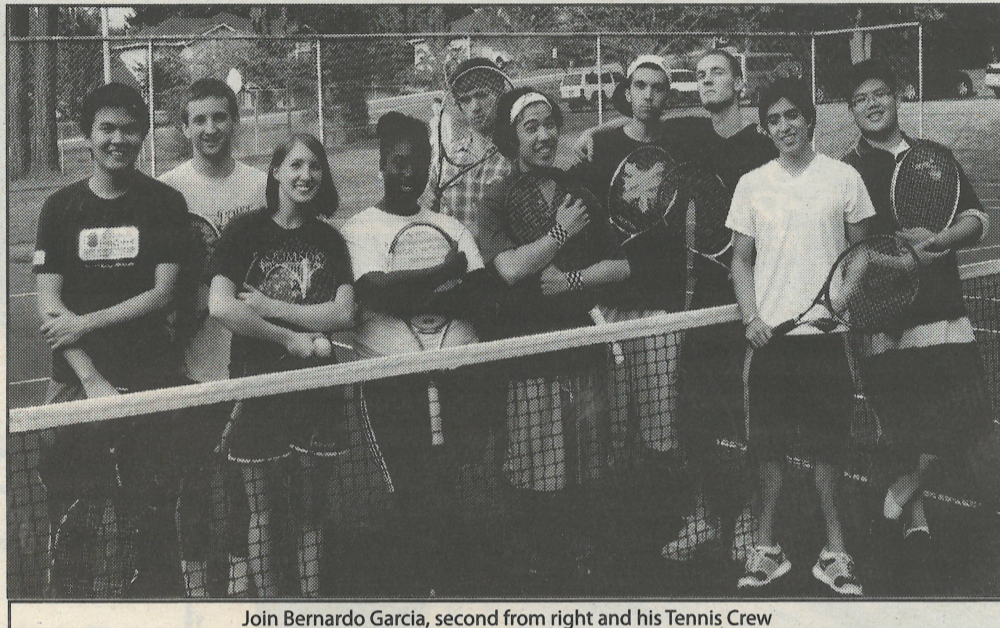
One crew that is going to be a great idea for a large group of students on campus is the "Nursing Student's Crew" led by Julia York. There are so many nursing students on campus and it would be awesome for them to meet other nursing students who they may not have had the chance to meet yet.

Of course the nursing students at NU don't have to choose this crew there are many other crews that seem a lot of fun and have leaders who are truly passionate about the vision God has given them for their crews.

For example, I am sure all of us on campus will be aware of Seth Bridges "Early Risers Breakfast Crew" for all the students on campus who like to get up at hours that are not realistic to the rest of us.

And, for the underclass women on campus who have not come to terms yet with the "Early Risers" and view coffee five minutes before class as breakfast there is also a crew for you!

Heather Edin and Alice are leading an "Underclass Women Crew." We also have so many exceptionally friendly international students who want to get to know other students on campus (international or not) and Hendry Mualim is leading a crew especially created for building relationships on



Join Bernardo Garcia, second from right and his Tennis Crew

Photo Credit: Levi Davenport

campus!

These are just a few of the fantastic crews that are open to anyone who wants to join. If anyone has any questions about the Crews they can email the crews interns at crews@northwestu.edu! Everyone should look into joining a crew! Who knows maybe Kramer and Blake Rasmussen will be joining a cool cool crew with you!

Have thoughts, suggestions, or questions? Contact us at: communications@northwestu.edu for help on getting involved or to connect with the Campus Ministry Interns.

A Season of Change

Janae Lovern
Staff Reporter

With the start of the fall season brings leaves crunching beneath our shoes and warm fuzzy sweaters wrapped around our bodies, the days of pumpkin smiles on our porches and warm cider in our hands.

Fall is a lovable season to many of us students on campus and we rejoice in the reminder of Washington rain drops on our faces, knowing that life is an awesome gift from our loving God.

Although the fall brings seasonal happiness to our hearts it is also a time when many of us college students suddenly get really anxious and nervous at the things coming in our future.

In preparing for the future circumstances in Jericho, Joshua was confronted with the Commander of the army of the LORD.

Joshua fell on his face and asked "What message does my Lord have for his servant?"

These words have weighed heavy on my heart this last week as I realize that in all the hustle of the new fall school year it is so easy to focus on our own priorities and forget that the Lord has messages for us, his servants as well.

We just have to be willing to ask and accept the tasks He puts before us. Like Joshua in the battle of Jericho, He is with us every step of the way.



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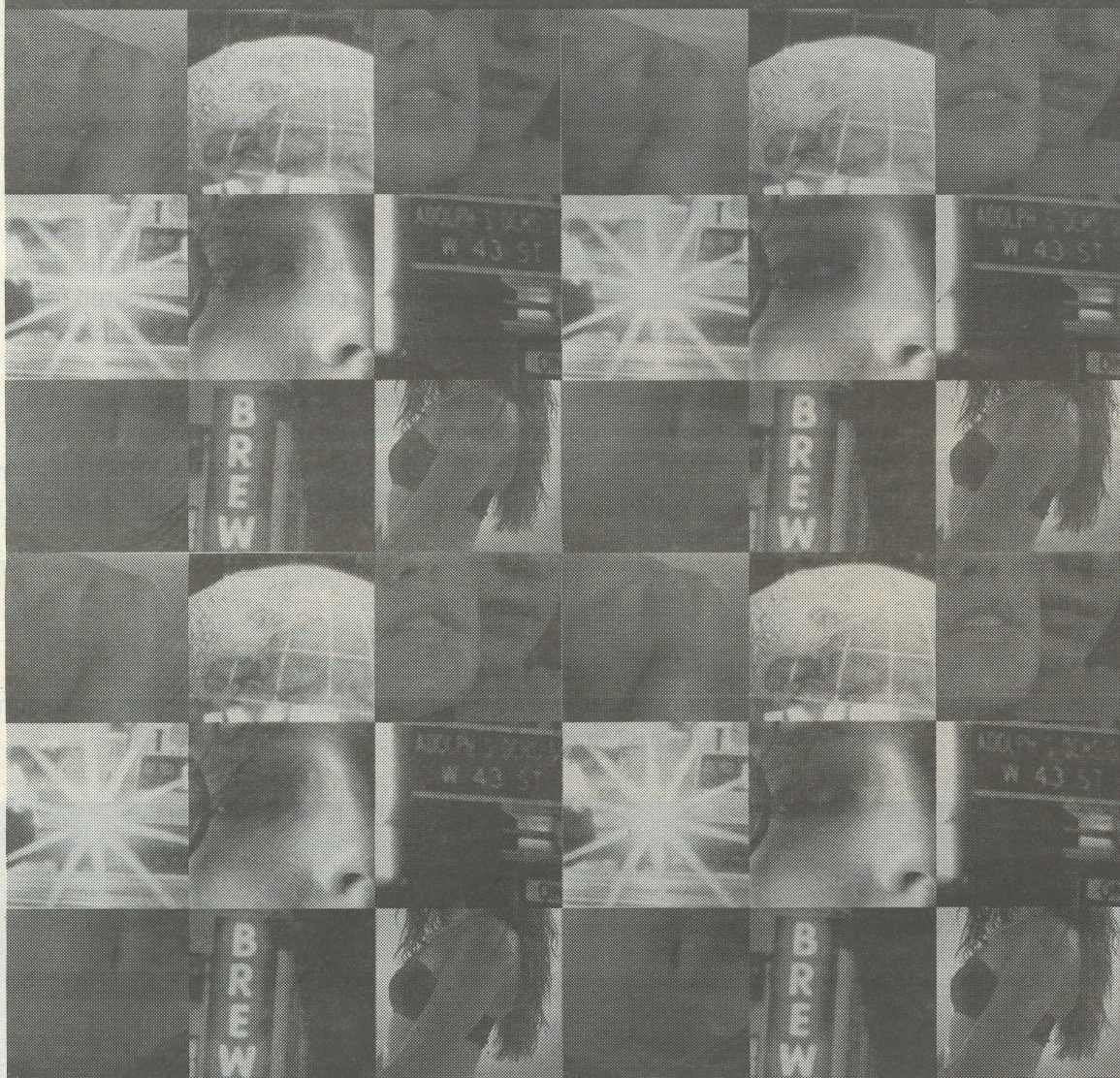
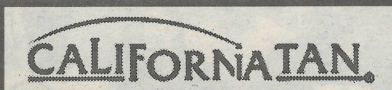
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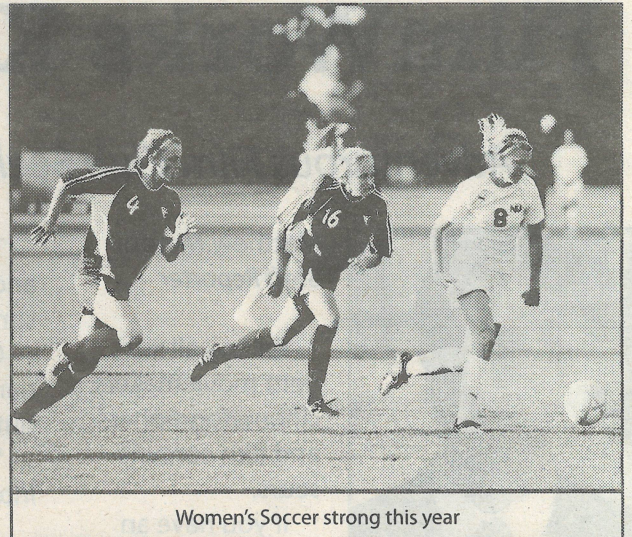
Cross Country coach takes a break with athletes

Photo Credit: Thien Lai



Get your Eagle pride on NU!

Photo Credit: Thien Lai



Women's Soccer strong this year

Photo Credit: Thien Lai

A Word from Cross Country

Seth Bridges
Guest Writer

This is my third season with the NU Cross Country team, and it is the biggest team we have had yet.

On the women's side we have three new recruits, Meagan Governor, Sigrid Thoreson, and Jill Faker, and return three from last year's sixth place team.

We can expect an improvement on that finish in 2010. A couple of the girls are still recovering from lingering injuries, but once everyone is healthy and in racing shape, we will probably see at least four runners within a minute of each other, making them a force to be reckoned with.

The men's team is pleased to announce that they will probably run a full team before the conference championship this year.

After two years of struggling to keep numbers up, we have 8 guys on the team, including our faithful sprinter hybrids, who train with us, but are not required to race.

With several injuries and illnesses, and Nick Borisov, Ben Shmalz, and Austin Smith new to the team, we aren't sure what to expect, but there is a good chance for us to finally beat Evergreen, and maybe even Northwest Christian.

Eagle Sports Highlights



Luke Fischer gets his head in the game

Photo Credit: Thien Lai

WINS AND LOSSES

- 10/2 Women's Volleyball vs. Eastern Oregon Univ.,
- 10/2 Men's Soccer vs. Northwest Christian Univ.,
- 10/2 Women's Soccer vs. Evergreen State College,
- 10/1 Women's Volleyball vs. College of Idaho, 3-1 L
- 10/1 Men's Soccer vs. Oregon Institute of Technology, 2-0 W
- 9/25 Women's Volleyball vs. Warner Pacific College, 3-0 W
- 9/25 Men's Soccer vs. Corban University, 2-1 L
- 9/24 Women's Volleyball vs. Concordia University, 3-2 L
- 9/24 Men's Soccer vs. Concordia University, 2-0 L

Dedication to Country and Team

Timothy Edward Smith
Senior Staff Writer

Playing soccer barefoot in the fields of Ghana, Africa as a child, Nickey Ricks never thought he would find himself in a pair of cleats at Northwest University.

Today, playing right wing for the NU men's soccer team, Ricks life journey to the NU campus began in the middle of a Civil War.

He was born in 1988, in Liberia, Africa, a year before a Civil War would eventually erupt in the country.

"My older sister (Hawa) carried my brother (Meshach) and my mom carried me, ducking bullets and going through swamps," said Ricks, recalling stories his mother Musu Moore told him about the first two years of his life.

His mother encountered many rebel forces that could have killed her but they spared her life because she had children.

After over a year of surviving in the middle of the war, Ricks' mom managed to board a ship from Liberia to Ghana.

"The United Nations along with the Ghanaian Government set up the refugee camp for people fleeing the war in Liberia," said Ricks, who lived there for 10 years.

His mom always put her children first. Every morning while he would play soccer, she would wake up to go find food.

One of the ways she made money for food was by selling alcohol.

"If you go to Ghana, you'll learn about pine wine, it's the drink of choice for an alcoholic beverage for the Ghanaians," said Ricks.

It is a sweet beverage made with sugar cane and according to Ricks, Ghanaians consume it like water.

Ricks said his mom sold the liquor to feed her kids,

but one morning she woke up saying she had a vision that God told her to stop selling alcohol.

She responded to these feelings by breaking all of the bottles of liquor, attending church regularly at the refugee camp and telling her kids to have faith that God will provide for their needs without the selling of alcohol.

"My mom is the one that gave me wisdom on God and told me to keep praying and keep believing," said Ricks.

While Ricks tried to accept and understand this new faith, he continued participating in his favorite pastime.

"Soccer is everything to me. When I was young it was one of the only ways to escape poverty," said Ricks.

The refugee camp where he lived had enough of a population that they started playing their own seasonal soccer tournaments in the camp.

"It was an unofficial World Cup," said Ricks.

People would pay money to start a team and join the tournament. Those teams would then play until a champion was crowned, according to Ricks.

During the time he lived in Ghana, his mom had been applying since 1993 for resettlement residence in Canada, the United States, or the Netherlands.

In 2000, the U.S. accepted their citizenship into the country.

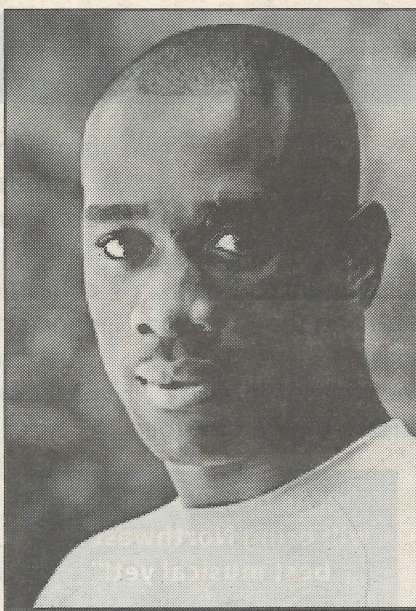
Ricks spent a year in Seattle, before moving to Fall River, Massachusetts. There he earned a diploma at Durfee High School, while playing soccer. After graduation, he applied to a few different colleges and decided to come to NU, to continue his passion for soccer.

Ricks goals are to make it professionally in soccer, and to return to Africa and start an academy for young

boys and girls, to go to school and play soccer.

"The program I'm going to have will help them get scholarships to bigger schools or get a professional contract playing soccer," said Ricks.

Just as a call from God was carried to Ricks' mother many years ago, he hopes to carry the call of soccer, education and faith in God back to his people.



Nickey Ricks happy to be at NU

Photo Credit: www.northwestu.edu

UPCOMING SPORTS GAMES:

Men's Soccer:

- 10/9 vs. Evergreen State College 3:00 pm
- 10/15 vs. Warner Pacific College 3:00 pm
- 10/16 vs. College of Idaho 3:00 pm

Women's Soccer:

- 10/8 vs. College of Idaho 3:30 pm
- 10/9 vs. Eastern Oregon Univ. 1:00 pm
- 10/15 vs. Warner Pacific College Portland, OR 1:00 pm
- 10/16 vs. Concordia University Portland, OR 5:00 pm

Women's Volleyball:

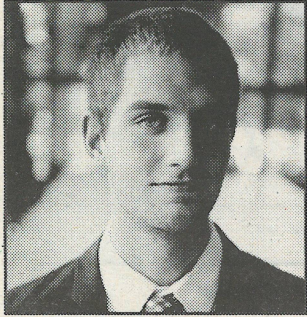
- 10/8 vs. Northwest Christian 7:00 pm
- 10/09 vs. Corban University 7:00 pm
- 10/15 vs. Evergreen State 7:00 pm

Cross Country:

- 10/16 Puma Classic Portland, OR TBA

FilmWorks Keeps It Reel

Adventurous Film Club Seeks Out New Opportunities



Matthew Moroni
Staff Reporter

Calling all student moviemakers, cinematographers and film connoisseurs.

If you have an interest in films more

than just watching them, and you would like to learn how to make one, NU FilmWorks is where you want to be.

"NU Film Works is a student-led club that meets weekly to watch and discuss films. We pay attention to story and character motivation as well as composition and camera technique," said club president, Peter Vertefeuille.

Starting last year, NU FilmWorks seeks to provide a hands-on experience for anyone interested in the process of filmmaking. Over the course of the year, the club will shoot short films and focus on effective storytelling through the visual medium of film.

According to Kelly Babauta, a primary goal this school year is to assemble one of their own films for submission to the Sundance Film Festival.

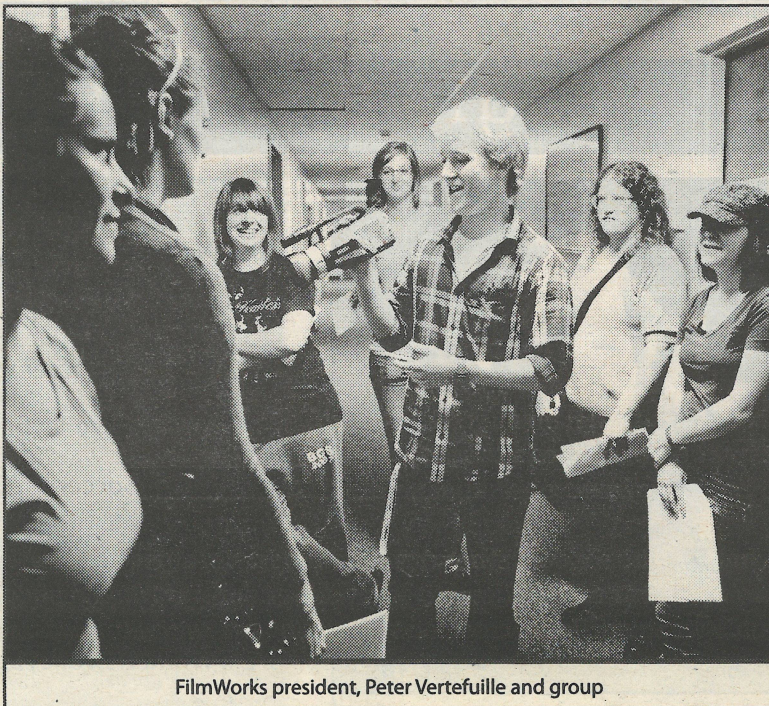
"Films can engage us so that we often forget that there is a whole crew of people working to make it happen. Sit through the end credits of any movie and you will get an idea of how large crews can become," he said.

NU FilmWorks will engage you in the overlooked aspects of film that are very vital and foundational to the industry.

There will be a Movie Maker's workshop on Oct 23 and 24 with award-winning director, Michael Anderson.

Club members are making a film to present at Sundance Film Festival. The project is open to all students, but you must apply and be accepted to get on board.

"I would personally like to invite anyone with an interest in film to come to NU FilmWorks," said Vertefeuille.



FilmWorks president, Peter Vertefeuille and group

Photo Credit: Thien Lai

feuille.

The club meets every Thursday night at 7:00 p.m. in Hurst 106, underneath the library.

Contact Club President, Peter Vertefeuille, at peter.vertefeuille07@northwestu.edu for more information.

Operation Mama Bear

Kelsey Horn
Staff Reporter

'Mama Bear' is in full operation, the official launch of URock is in motion, and new majors are on the radar for students.

Creatio desires to be a leader in the education of recording, with the completion of the recording studio, 'Mama Bear,' located on the first floor in the 11220 building.

"The traditional way of being a record label we want to redefine for Creatio," said Jeff Lockhart, Creatio's executive director.

Creatio exists to create an inter-economy on campus through marrying music and technology and business and creativity in one area.

"It's our goal to take music that's produced at Northwest, by students that are alums, record it, mix it, master it, produce it, release it, and manage it all using various departments and students that are here," said Lockhart.

Through this program, students will understand the business and production within the scope of the music industry.

"We're actually launching a music business, as a class, and we're interfacing with the Advanced Marketing Theory Concept class that John Bacon teaches," said Lockhart.

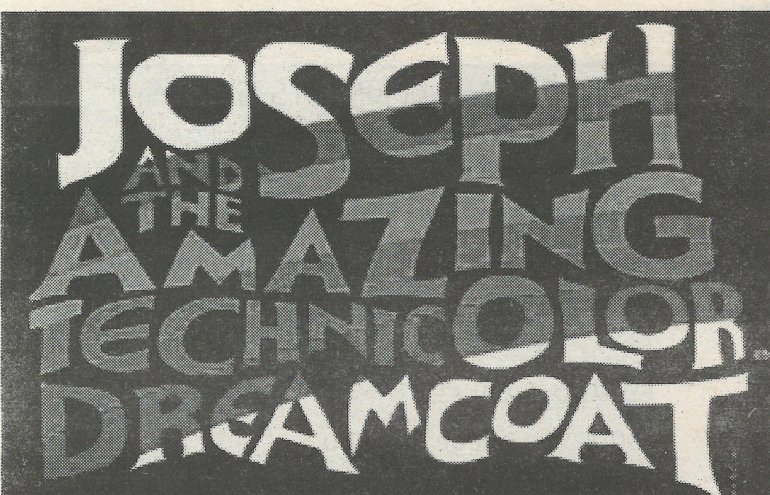
Creating a marketing campaign for URock will be the final project for Lockhart's class.

The official URock launch is underway after a successful test last spring.

"In eighteen weeks, we had thirteen bands total. Cut twenty-five songs, and put on a concert for five hundred people," said Lockhart.

The institute currently offers a Bachelor of Arts Degree in both Recording Arts Technology and Music Industry Business.

After commencement 2011, there are plans to remodel the Chapel to house a second recording studio, 'Papa Bear,' on campus.



Technicolor Hits NU Stage

Danielle Mercier
Staff Reporter

NU theater takes it to the next level with its upcoming performance of well-known musical, 'Joseph and the Amazing Technicolor Dreamcoat.'

First inspired by the story of Joseph from the book of Genesis, the first performance took place March 1, 1968 at the Old Assembly Hall in Hammer-smith.

Music written by Andrew Lloyd Webber and Lyrics by Tim Rice, the musical has attracted performances in venues all over the world.

NU now follows suit as it endeavors to undertake the musical this fall.

"God has really blessed us with the resources and we're going to use them, as best we can, to bring Northwest its best musical yet," said Junior Sean O'Leary who

is playing the lead role of Joseph.

Students won't want to miss the show, according to O'Leary.

The stage is going to be redone to accommodate a live band and professional dance choreographer is being brought in.

NU makes every effort to make this play entertain in a unique way.

After challenging tryouts, directors Sam and Candace Vance have chose a fitting cast.

"Tryouts were very interesting. We had to sing two songs on pretty much anything...when callbacks came around, Candace told us to sing a certain line from a couple songs. It was a lot of fun

and very entertaining. Sadly, I did not make it to the cast list," said Sophomore Patrick LaMourea.

Entertainment, music and your fellow students are all reasons you won't want to miss out on what could be Northwest University's best show yet at 7:30 on November 10 to 13 and November 18 through 20 in Millard Hall.

"As best we can, we will bring Northwest its best musical yet!"

Sean O'Leary

Don't Miss this Musical Retelling of the Biblical Story of Joseph!
Lyrics by Tim Rice, Music by Andrew Lloyd Webber.
Directed by Sam and Candace Vance
Millard Drama Hall
\$8 for NU Students at the door
November 10, 11, 12 13 and 18, 19, 20, 2010

START COMMANDING ATTENTION.

START OUT ON TOP.

START RAISING THE BAR.

START HIGHER.

START ONE STEP AHEAD.

START MOVING UP.

START LEADING FROM DAY ONE.

START STRONG.SM



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To get started, contact Captain David Proctor or www.uwarmyrotc.com.



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Gain LEADERSHIP SKILLS, DISCIPLINE and CONFIDENCE to succeed in COLLEGE and in LIFE.
Call 206-543-9010 to find out how to enroll in a Military Science Class this fall term!**

Health: Fueling Your Body



Photo Credit: Thien Lai

Mareisa Walberg
Staff Reporter

Several students have approached me in the past two weeks about health and fitness. One common question emerged from all: "Where do I start?"

Many students have expressed the desires to start exercise and begin eating well, but they can't locate the starting point. This is a great place to be. Not only are they recognizing

that health and fitness are important, they're contemplating where to begin.

Some of you are those people who are looking to begin exercise and healthy eating. Let's talk about how you can start.

First, begin by altering your eating habits. One common eating mistake several students make is not eating a good breakfast.

Not only will you feel more energized after eating breakfast, studies have proven you will eat less during the rest of the day.

Eat a breakfast high in carbohydrates and protein. An example would be a bowl of oatmeal with half a cup of nonfat milk, a banana, a yogurt, and a glass of orange juice.

This breakfast is around 500 calories and keeps you feeling fuller longer because of the fiber in

the oatmeal and the protein in the yogurt and milk.

Try breakfast for a week and compare it to a week without breakfast. You'll feel a difference.

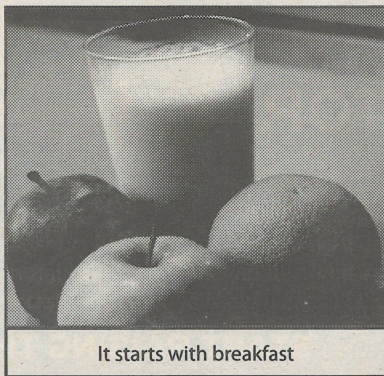
Another great way to begin healthy eating is to monitor your caloric intake.

One basic rule to remember is that you won't lose weight if you consume more calories than you burn.

A great way to keep track of your caloric intake and caloric expenditure is by using MyFitnessPal's calorie counter and exercise tracker.

You'll be able to account for excess calories and determine your caloric needs.

Finally, after you have started modifying your eating habits, begin exercising.



It starts with breakfast

Photo Credit: Doug Harkness

Determine what types

of activities you enjoy and practice them for 30 minutes five times a week. Also, ensure you're strengthening your muscles at least twice a week for 30 minutes.

This could look like practicing pushups and then working your lower body. Alternate lower and upper body exercises and you'll be well on your way to toning and strengthening your muscles and boosting your metabolism.

Follow these three steps to beginning exercise and healthy eating and you'll be well on your way to a healthier you.

Eagle Eye: To Eat or Not to Eat

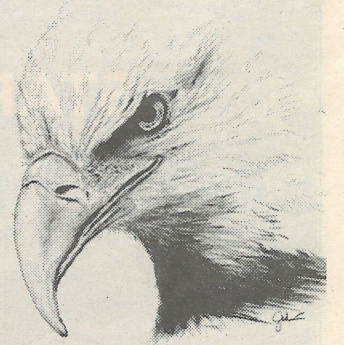


Photo Credit: www.eagle-clipart.com

Doug Harkness
Staff Reporter

To eat or not to eat: *that* is the question. There has been an increasing amount of unhappiness expressed toward the food quality of the Caf this year.

Meanwhile, the Aerie has grown tremendously in popularity over the last month. What has changed for the Aerie and why has Caf food taken such a nose-dive?

"[I feel] there is less variety, especially at the made-to-order line. I feel like it's always pasta sauté and omelets," said Senior Finance & Accounting major, Chelsea Green, who hasn't been satisfied thus far with Caf food.

"Although we're definitely blessed to have the food that we have, it's not what I [would expect] based on what we pay to eat in the Caf."

Another fellow NU student, who preferred to remain anonymous, agreed with Chelsea, "the main thing for me is that the Caf seems to be serving a lot of 'exotic'-type foods. I think if they kept it simple, the quality of food would be higher."

However, not all students share in this dissatisfaction in Caf food quality.

"While it is easy to rag on the Caf, I think students forget that at other schools the food is really bad and they forget that there are yummy things at the Caf," said Junior Jodie Castleberry, a Secondary Education major. "I mean think about it. The white sauce pizza is the business."

Meanwhile, the Aerie steadily grows in terms of business and available food options. Their new addition of the snack foods area has proven to be quite a hit among students here on campus.

"The Aerie's new snack foods provide an on-campus location to grab a power bar on the way to class!" adds Castleberry. She was also swift to point out the simple truth that "the pastries at the Aerie are, and always have been divine."

It is quite apparent that the Aerie strives to satisfy the immediate needs of NU students' hunger and thirst. Can the same thing be said for the Caf? English major, Traci Kendrick, doesn't think so.

"I think more than anything, it's most irritating that you get hungry a half hour after you eat at the Caf...it's frustrating because we pay way too much for the food and then are forced to go to Taco Bell to buy more food in order to satisfy our appetites," said Kendrick.

How have students worked around the problems they face in the Caf? "I pretty much eat salad," said Sophomore Charissa Dixon. Students who share in Dixon's dilemma have compared themselves to a rabbit.

"I'm pretty sure I'll start growing long fluffy ears any day now," said Dixon.

To be fair, the Caf does try to provide quite a few healthy options for students to partake of. They also keep their doors open 12 hours a day during the week, providing students with a great place to study while snacking.

Ed Norman, manager of the Caf, also make an effort to listen to student feedback—which begs the question: Why are people who are dissatisfied with Caf food not expressing their opinions on comment cards?

Simply taking the time to jot down some notes on a comment card could have the power to make the change so many students crave.

Questions? Comments? Please email talon@northwestu.edu

NU Cadavers Bring New Opportunities for Students

Josh Bollinger
Staff Reporter

Northwest University added a new cadaver for use in science classes this fall.

Using cadavers as part of the educational process for students is a very unique opportunity, according to Dr. Darrell Hobson, Dean of the College of Arts and Sciences. NU is only one of a few select schools that are entrusted with human cadavers on loan from the Willd Body Program at the University of Washington.

NU was selected for this privilege because of "its excellent facilities and capable faculty," according to Dr. Daniel Graetzer (a PhD in Medical Physiology), who teaches in the Mathematics and Natural Sciences program.

The students that participate fully in studying the cadavers are science majors, pre-nursing majors and other students who are enrolled in classes dealing with human anatomy and biology.

Some of these students get the opportunity to view or participate in cadaver prosection, which is the dissection of a cadaver with professional oversight demonstrating surgical techniques for common human surgeries, such as a coronary bypass or ligament repair.

"A prosection is thus a meticulous and tedious process," said Graetzer.

Northwest University's cadaver program presents some very sensitive issues. Whenever a university has the privilege of housing cadavers, it must exercise care to preserve the dignity of the human body, and to respect the sensitivities of students who participate in the learning experiences. For this reason, the science department does not allow anyone who is not currently

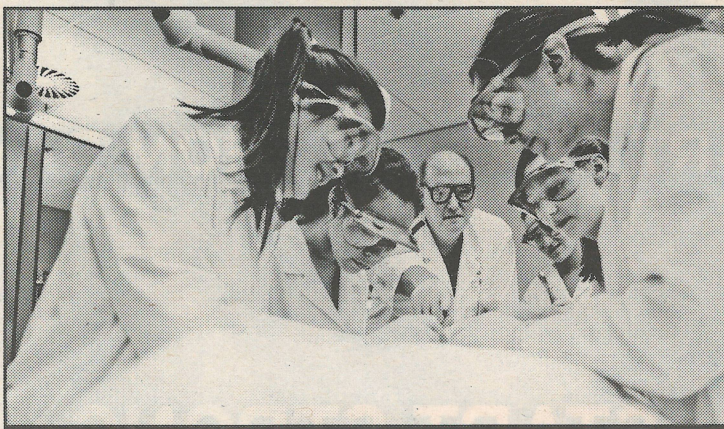
enrolled in a NU natural science class to view or handle cadavers.

"We have a healthy respect for human cadavers and use Biblical ethics to display a Christian attitude toward the sanctity of God's creation of life in order to ensure the cadavers are treated with respect," said Graetzer.

All NU faculty, staff, and students who are involved with the care and study of human cadaver specimens follow the biomedical principle

of *Primum non nocere (First - do no harm!)*, Graetzer said in an email statement.

The science faculty agrees with the Human Anatomy and Science Society's [HAS] posi-



Nursing students practice on cadavers (photo seen here is staged, not real)

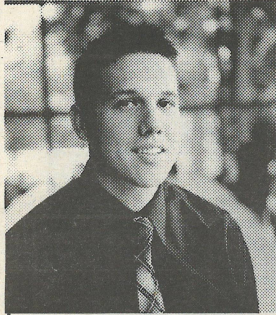
Photo Credit: Thien Lai

tion that using cadavers helps students understand the complexity of the human body.

"There is no better way to educate our students about human anatomy than through carefully and thoughtfully developed laboratory experiences using cadaver dissection and/or the exploration and examination of prosected cadavers," according to the HAS website. "No computer model, plastic model, or any other multimedia teaching tool could never come close to replicating the educational benefits of 'hands on' cadaver experience."

NU usually houses two cadavers for use in the program, however budget cuts required the university to give back one of the cadavers. The cadaver program was launched three years ago.

CRACKIN' THE CRAB CRACKER



Josh Bollinger
Staff Reporter

Seafood-lovers, take note, for The Crab Cracker will satisfy your cravings.

For a college student, it works because the parking is ample and better yet, free.

When the prices are revealed, a student is left to choose between that 89th edition of their math book, the \$35 entrée, the \$70 parking pass, or the \$30 crab legs.

The atmosphere feels cramped and dimly lit, and the cleanliness of the restaurant leaves one feeling as though they were back in another country—not in clean Kirkland, WA.

The wood floor is dirty and the overhead lights are dusty.

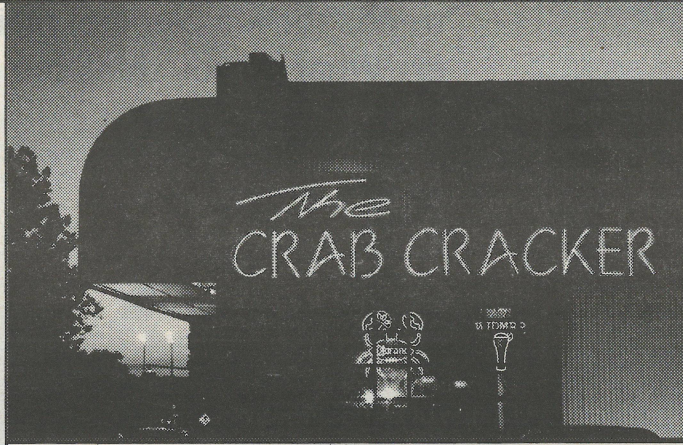
On a positive note, the wait staff was very friendly and attentive; perhaps a little too attentive as they constantly interrupted conversation. But better interruptions than negligence.

The food came and as a college student, money seems to have more worth than perhaps it really does, but for \$30, the expectations were high.

Having a love for seafood, there is rarely a dish that I do not like and this occasion was no different, although it was definitely the farthest from the best I have ever had.

I chose a crab legs entrée, it remains a difficult task to mess up crab legs, and the Crab Cracker didn't mess that up.

At least the restaurant can still successfully carry



Seafood lover's delight

Photo Credit: Doug Harkness

out its staple food.

Overall, the menu possesses an eclectic array of seafood goodies that made me wish I wasn't thousands of dollars in debt to enjoy.

After reading some reviews left from others, about 15 said that the restaurant used to be in much better condition than it is currently, although there were mixed reviews on the food.

Based on the demographic which dined with us on our visit, we seemed to be the only people our age in the whole place. Everyone else was wearing bibs with a senior citizen discount or were drawing on the table with crayons. Honestly, the food reminded me of Red Lobster, and the price was much higher.

This leads this reviewer to conclude that the Crab Cracker is a great place to go on a fancy occasion if you're not that into bad smells or atmosphere. If you're opposed to any of those things, hit a Red Lobster up and thank me later.

Brain Buster Challenge

Test Your Sudoku Skills

3		6			2	9		
	2		7					8
	4		6					2
6		2			3	1		
2		7		6	5	3	9	
1		5						
4		3		1	8	5	6	

A

	6	4						7
			1		2	5		
7				4				1
		8	2			9		
				5	7			2
2	5		7					
						2		4
8		6	4					5
			3		1			

B

NU Expressions

Whitney Moreno
Guest Writer

Wandering Bird

*the bird told, don't worry darling
for what you are waiting for
is soon to come
perhaps it is already here
but your eyes haven't
adjusted to the beauty of it
yet or
simply you won't
let your eyes truly witness it.
it's okay darling, it's okay to
be afraid
when you've never experi-
enced this beauty at all, the
amazing feeling of it
and the all around greatness
of it.
don't worry darling it'll
come. and when it does don't
let it go, not even for a sec-
ond.
soak it all in, and take with
you all you can of it. because
you deserve it.
because you're beautiful*

Kirkland's Newest Music
KCNU
1500 AM

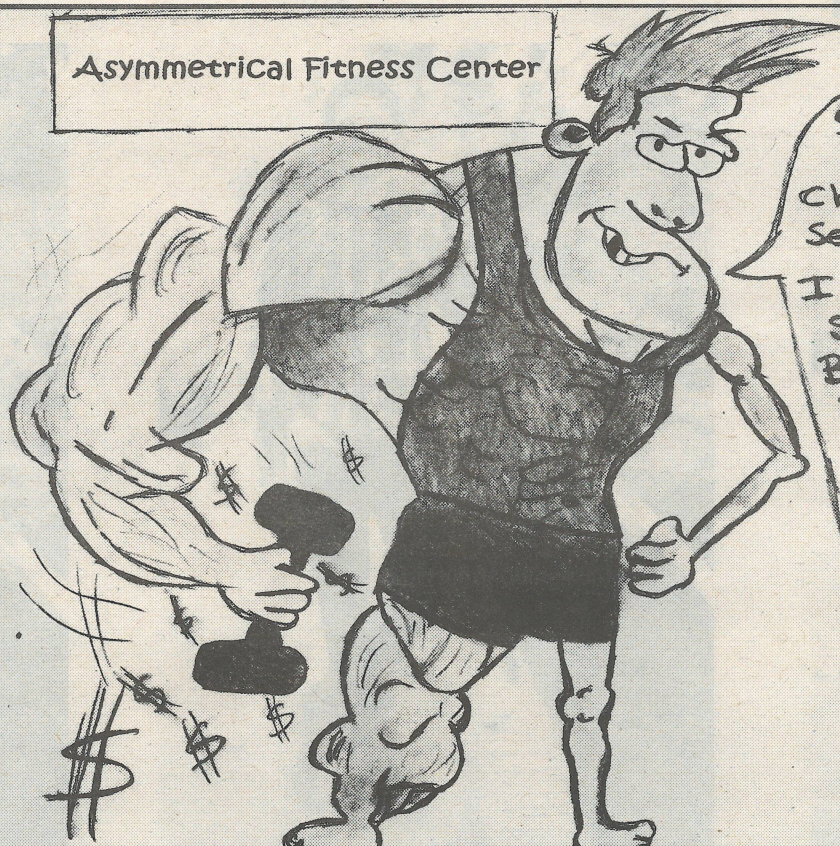
We need you!

Send poems, art, or anything that expresses you
to taloneditor@northwestu.edu.

Tell us what you want to read
about in the next



Asymmetrical Fitness Center



Since my University began charging per visit, Set, and Pound, I have to do one side at a time. Being symmetrical is not all its cracked up to be you know.

Josh Bollinger '10

Photo Journal

la nu mode

Photography & Article by Thien Lai

Fashion speaks to the growth of a culture. It is not simply an industry in America. Try thinking about what people are wearing around the world today. Those trends speak the voice of who a people are in a generation. Our current trends show a blend of plaids, boots, belts, and multiple layers. What do you think our generation is trying to say?

