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Northwest Exposure

Vol. III Issue II

November, 1995

MEN OF THE 90's

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by the iron man

KIRKLAND, WASHINGTON 98033

To begin with I want to applaud the boldness of the article 'Women of the 90,' written by Dear Gabby in the September issue of Northwest Exposure (If you have not read it you should, it is full of wisdom beyond the years of most of us around here). So now, men, it's our time to stand up and be challenged.

My challenge, men, is if you claim to be a man, then act like one. This means a man of the '90s should know what he believes, standing with his life being deeply rooted in the soil of his beliefs. Not to be easily bowed or swayed with each passing wind, for without those roots he can never grow to maturity. Challenge, disagree, and fight for that which you believe, regardless of opposition. For instance when one of your profs makes a statement in which you disagree, don't sit in a corner keeping comments to yourself. Rather, stick your neck out for the mockery that is about to befall you.

In addition, men should stand up for their women. This may be hard if you can't seem to get a hold of one, however, open car doors for women and pay on dates (Even though it is usually Denny's or McDonald's—the principle of the matter is there). Men, protect a women the same way as you protect your little sister; guard her at all costs, swiftly punishing those who make her uncomfortable.

Next, I believe in respecting my parents (For their wisdom has ever guided me in a Godly direction even though I strongly disbelieved there was any wisdom involved when it was uttered). I also believe that God has blessed each and everyone of us with the responsibility to reach out to the hurting and the lost.

IF YOU HAVE NOTHING TO DIE FOR, YOU HAVE NOTHING TO LIVE FOR!!

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Dear Gabby
box #567

Is Life Passing You By?

by Steve Higa

"It's not so much what you do each day - it's what you get done that counts."

- Will Rogers

"I have learned the value and importance of time; therefore, I work two additional hours each day and in that way I gain the equivalent of one additional month each year."

- Aristotle Onassis

"The greatest time wasted is the time getting started."

- Dawson Trotman

"Be very careful, then, how you live - not as unwise but as wise, making the most of every opportunity... "

Eph. 5: 15-16

Time. How does one define this word? Simple. It is *life passing away*. It disap-

continued page 2...

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pears at each passing moment. It's supply is limited, and there is no substitute. It can not be saved or stored up. Once it escapes, it is impossible to find again.

Time is undoubtedly our most valuable resource. Without it, nothing can be accomplished. So let me ask, how are you utilizing your time? Are you taking advantage of each waking moment? Or are you letting life pass you by without taking full advantage of what it can do for you? The answers to these questions lie at the core of your priorities.

What we deem as important are our priorities which should guide our lifestyle. People who effectively manage their time usually assume well controlled lives. The opposite is applicable as well. People who have problems managing their time actually have problems managing their lives. What are you doing with your time? Are you making the most of every opportunity? If not, here exists some popular reasons why:

- Procrastination
- Poor personal planning and scheduling
- Interruptions by people
- Excessive use of the telephone
- Lack of concern for good time management
- Lack of clear priorities

All of these motivations and habits substantially impairs our ability to effectively utilize our time wisely.

"Wasting time doesn't just happen; it is allowed to occur." (Myron Rush)

Without a doubt, all of us could use some improvement when it comes to time management. Time management is unglamorous and takes an immense amount of hard work. Most people are not willing to pay the price to improve. Are you? Here are some tips:

- Prioritize your projects and work on the important ones first
- Set deadlines and meet them
- Concentrate on results

continued page 3...

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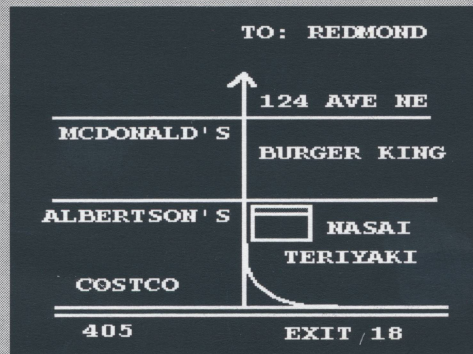
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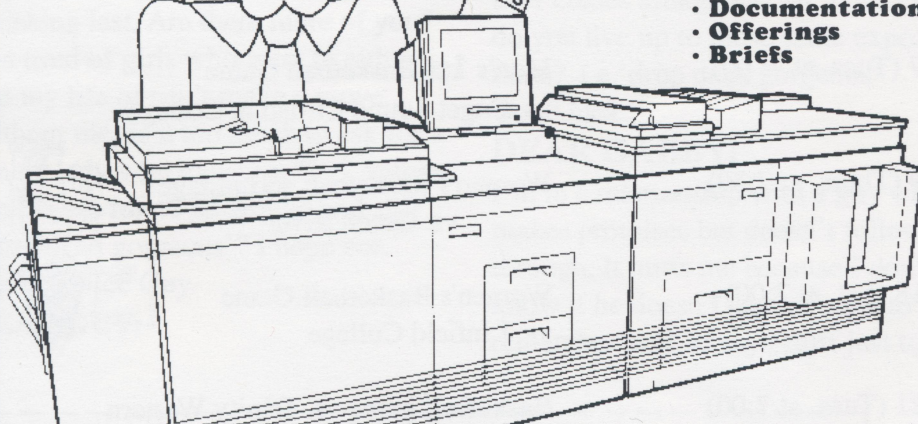
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TOTEM, THANKS FOR YOUR SUPPORT!

On the more practical side,

- Sleep earlier (yeah right) and wake up earlier
- Avoid extended naps (the kind 2 hours long)
- Get rid of the habit of using the "snooze" button

(The snooze button is the most idiotic invention. It actually promotes people to stay in bed a longer than they normally would without it. Additionally, you can get more rest by pressing the "off" button only once when the alarm goes on compared to pressing the snooze button 3, 4, or 5 times. You can add maybe thirty minutes to your beauty sleep. Do not let the snooze button take advantage of you!)

"Let me sleep a little longer!" Sure, just a little more! And as you sleep, poverty creeps upon you like a robber and destroys you; want attacks you in full armor." (Prov. 6:10-11 LB)

Get disciplined! Get organized! Don't let life pass you by! Exploit time!

Keep your Thoughts positive...

because your Thoughts become your Words.

Words become your Actions...

Actions become your Habits...

Habits become your Values...

Values determine your Lifestyle...

LETTING GO

TO LET GO DOESN'T MEAN TO STOP
CARING,
IT MEANS I CAN'T DO IT FOR SOME
ONE ELSE.

TO LET GO IS NOT TO CUT MYSELF OFF,
IT'S THE REALIZATION THAT I
CAN'T CONTROL ANOTHER.

TO LET GO IS NOT TO ENABLE,
BUT TO ALLOW LEARNING FROM
NATURAL OR UNNATURAL
CONSEQUENCES.

TO LET GO IS TO ADMIT POWERLESSNESS,
WHICH MEANS THE OUTCOME IS
NOT IN MY HANDS.

TO LET GO IS NOT TO TRY TO CHANGE OR
BLAME ANOTHER,
I CAN ONLY CHANGE MYSELF.

TO LET GO IS NOT TO CARE FOR,
BUT TO CARE ABOUT.

TO LET GO IS NOT TO FIX,
BUT TO BE SUPPORTIVE.

TO LET GO IS NOT TO JUDGE,
BUT TO ALLOW ANOTHER TO BE A
HUMAN BEING.

TO LET GO IS NOT TO BE IN THE MIDDLE
ARRANGING ALL THE OUTCOMES,
BUT TO ALLOW OTHERS TO
EFFECT THEIR OWN OUTCOMES.

TO LET GO IS NOT TO BE PROTECTIVE,
IT IS TO PERMIT ANOTHER TO FACE
REALITY.

TO LET GO IS NOT TO DENY,
BUT TO ACCEPT.

TO LET GO IS NOT TO NAG, SCOLD, OR
ARGUE,
BUT TO SEARCH OUT MY OWN
SHORTCOMINGS AND TO
CORRECT THEM.

TO LET GO IS NOT TO ADJUST EVERYTHING
TO MY DESIRES, BUT TO TAKE
EACH DAY AS IT COMES. THIS
ONE'S PROBABLY THE TOUGHEST!

TO LET GO IS NOT TO CRITICIZE AND REGU
LATE ANYONE. BUT TO TRY TO BE
COME WHAT I DREAM I CAN BE.

TO LET GO IS NOT TO REGRET THE PAST,
BUT TO GROW AND LIVE IN THE
FUTURE.

TO LET GO IS TO FEAR LESS
AND LOVE MORE...

WhAt'S Up In NoVeMbEr!

3 & 4 (Fri. & Sat.)



Godspell, a musical drama production
put on by NC's own, at Millard Hall. For
more information, call 889-6142

10 & 11

6 - 10 (Mon. - Fri.)

Early Registration for Spring
Semester

7 (Tues. at 7:00)

Men's **1st** Basketball Game
vs. Puget Sound Christian College

9 (Thurs. at 7:30)

Women's Basketball scrimmage
vs. Green River



18 (Sat. at 7:00)

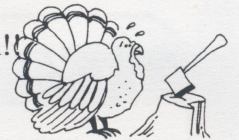
Women's Basketball Game
vs. Linfield College

21 (Tues. at 7:00)

Basketball game vs. Trinity Western

23 - 24 (Wed. - Fri.)

NO SCHOOL
Turkey Day, umm, umm!!



28 (Tues. at 7:00)

Women's Basketball
vs. Pacific Lutheran Univ.

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DEAR GABBY...

I am impressed with your view of how women should act. It has been a while since I have heard such a logical and Biblical approach to thinking. Bravo. It seems to me that if more women thought the way that you do, we nice guys could not complain about always finishing last. Are there more of you? I'm tired of girls who want to either run my life or can't make a move without me. Is it too much to ask for a young lady who treasures God, values honesty, is fun to be around and still 'drop dead gorgeous'? I hope not.
Signed, Nice Guy.

DEAR GUY:

Your response *is appreciated*. The message through out your letter sounds as if you end up with women you can't respect. Dr. Parlotz once said something to the effect that the one you're attracted to and will have a relationship with tends to be a mirror image of your own inner strength. Therefore a weak man choses a weak woman.

Secondly, it's great to hold expectations for women, and not take whatever comes along, but, Mr. Nice guy, do you live up to those same expectations? i.e. 'drop dead gorgeous' Good luck.

DEAR GABBY:

I'm in a relationship with a guy who makes promises but doesn't follow through. It hurts me because I don't know if he doesn't care enough to remember or if he says stuff just to

look good for the moment. When he doesn't come through with what he promised, I feel like I wasn't good enough or I don't mean enough to him. How do I get him to do what he said he will do?

Signed, Deceived.

DEAR DECEIVED:

First and foremost, understand that his actions to you have absolutely no reflection on how valuable you are as a person. Instead, it's a matter of character. If this is his pattern he is setting in your relationship and you don't like it, set *your* pattern. Call him on the first time he makes and breaks a promise. Let him know that if he promises and fails again, you won't stick around. If you do stick around, he has no reason to change, and won't. If this continues, and you choose to stay, you don't really have a basis to complain.

DEAR GABBY:

This is my first year at Northwest and boy has it been a shocker! I never knew so many beautiful Christian women could be assembled in one place. There is one in particular that continuously strains my neck due to double and sometimes triple takes. Whenever I see her, I lose all track of thought. My friends tell me that I should ask her what I would have to do to get a date with a lady of such unsurpassed beauty. However, I drive a Vega station wagon with side panels and I couldn't afford to take her to a nice place to eat. What should I do? Signed, Broke Love

DEAR BROKE:

If money matters that much, why pursue? If you can get beyond that, be a man of the '90s and ask her out. If she declines, accept that with dignity and walk away. If she accepts, have a date planned. Don't wing it. Good Luck.

ANY QUESTIONS AND

REMARKS, WRITE TO #567



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Kazoo playin' Allison, an off campus senior, grew up in a rustic cabin-style home nestled in 12 acres of forest. The nearest hint of civilization; a paved road five miles away. Outside, surrounded by three lakes, the deer and the antelope play, chasing their five cats and two dogs (including Oprah and Sally). All this right outside of Spokane in a city appropriately named Deer Park.

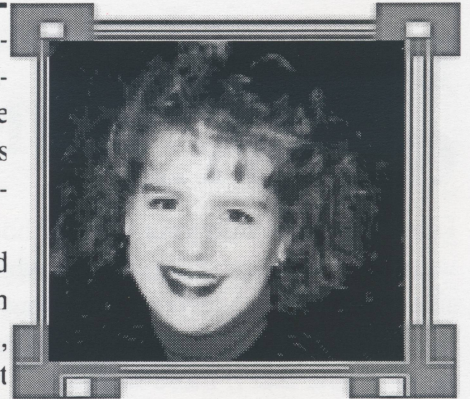
Allison DeAnn Thomas enjoys hosting murder mystery parties and McDonalds dining. If you catch her at a movie, her picks include those with Demi Moore, Kim Bassinger, and Nicole Kidman. She gets down on R&B, classical, contemporary, and gospel. She even has a favorite state, and it's not insanity, it's Alaska. "The state was made for me. It's beautiful, never warm enough to wear a bathing suit, and most of it hasn't been discovered yet."

She's majoring in Church Ministry with a focus on children. Right now her work ties in with her major because she works at Bellevue Montessori. Her dreams include being married with 6 children, (yes count them sex), and working in 3rd world countries with children.

When "Al", a.k.a. "Anacin", or "Princess", was just five, she asked Jesus into her heart. The major influence in life was dad. He's a hard worker, always put family first, and his influence molded her into who she is today.

Allison's advice for non-daters:

1. Start out as friends.
2. Girls, don't pursue, be pursued.
3. Guys, stop looking at legs and start paying attention to personality.
4. Have fun!!



Big "Red" runs wild while dribbling, a basket ball that is. He's actually Jason Clayton Hagen, but to us N.C. basketball fans, he's "RED". The oldest of four, his three sisters taught him how to treat a lady. Rumor is, he's called "red" not because of his red hair, but because of the color he turns when cute girls talk to him.

Growing up in Tacoma, he must not be picky about a woman's aroma. While majoring in business (the best one around), he likes, "to take as many extra Bible classes as possible". This might be because Jason claims to be "doctrinally confused", after going to a Baptist high school with Pentecostals, Baptists, and Presbyterians. Hopefully by the time he graduates in 1998, he'll finally know those 13 fundamentals of the A.G. With major in hand, he plans to, "go travel".



Although an official "monk" on the 600 floor, "The Monastery", he spends most of his time in the ZOO as janitor on the 200 floor.

He enjoys: classic rock, basketball, non spicy ethnic food, camping, hiking, and hangin with the guys.

Jason's view on DATING: "Individuals too often go out looking for a partner, that being their one and only goal in life". Ladies, Jason is single, but don't make him your goal, but at least one of your many.

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Interviews done by Andrea Tappero

Chapel: Would God Approve?

by Jerry Casper

Recently, I had this question posed to me: "Why do so many students only go to Chapel when they have to?" I have to admit that I am a student who only fulfills the required number of days to pass Chapel, so I felt qualified to answer the question. However, I decided to spend some time thinking about the question and contemplating a response instead of cheapening the question with a quick answer. What follows are the ramblings of a 24 year old man who unenthusiastically attended Northwest College for 2 1/2 years and then spent the next 3 years learning about God outside of college. I can only hope that as a returning student, my experience away from school will provide some useful insights. Although you may not agree with everything I have to say, my main goal is to make you think about how we can best use the time we spend in Chapel. I believe that the time we spend in Chapel can be changed to better enrich the spiritual lives of Northwest College students. With that in mind, let's get on with it.

Since Chapel follows the pattern of most contemporary church services, I'll begin there. I've attended church all my life, and can count on my fingers the sermons that have had a noticeable impact on my life. Considering that I've attended over 2500 church services in my life, each individual sermon has had minimal long-term impact. Since Chapel is much shorter than a normal service, I question the true value of trying to fit a full service within a 50-minute time frame. Instead of having five mini-services each week, we should spend the time in Chapel focusing our hearts and minds daily through **quality** worship or preaching.

Through my experiences, I've learned that a sermon may prompt changes in a person's lifestyle, but true change takes place within the context of discipleship and mentoring. In your time at Northwest this can take place not only within the classrooms, but also within the relationships you build with classmates and with Christians at a local church. Chapel follows the pattern of a church service, but it does not have the follow-through capabilities of a church. Because of this, I recommend finding one congregation to plug into while attending NC. After that, I ask you to consider the role Chapel should play in your life as a student and Christian?

I believe that we should use Chapel as a time to renew our minds as an extension of our quiet times. I suggest having more than one service **each** week where worship and praise is the focus. (This would be similar to the Praise and Worship services that start at 9:30 PM in the Chapel each Monday.)

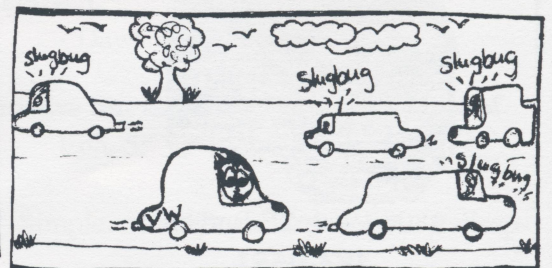
During other Chapel times, we should give the speaker the respect he deserves and give him the full 50 minutes to talk about God. Are we showing respect to these men of God, when we ask them to give us the condensed version simply because we want Chapel to seem like a normal church service? I may not remember most of the sermons that I've heard, but the ones I do remember changed my life. Limiting the time of the speaker just to act out the functions of a service greatly increases the potential for us to miss what God has to say to us.

Now that I've said all of this, it's time for you to think about what you want to see happen in Chapel. Maybe even pray about it in your quiet times. I encourage you to take your final deliberations to the college administration, because if you don't act, who will?

ANDY & ANDY

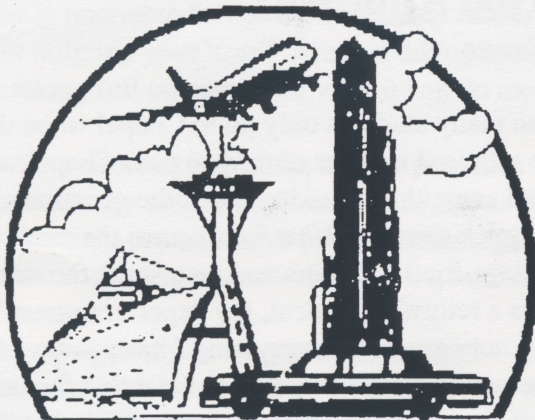


PEOPLE WHO DRIVE
VW BUGS MUST THINK
THE WORLD IS A
VERY VIOLENT PLACE.





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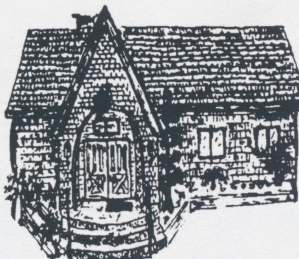
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