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Vol. 2, Ed. 4



A student publication of Northwest College, Kirkland, WA

Felicia Strange and Stephanie Epp in Northwest College's fall drama production of Trifles directed by Heather Cook. Valiant Villain by Robert Combs was also performed.

Fall Drama Trifles and Valiant Villain: Student-directors bring two different yet successful plays

Northwest College Drama Department's fall production on November 14 through 17 included two one-act plays, Trifles and The Valiant Villain. Each one-act play was directed by a drama student.

December 5, 2003

Heather Cook directed Trifles, by Susan Glaspell. Glaspell wrote about the inequality of the sexes and the inability of women to live their own lives without reliance on men. In the late nineteenth century, female writers chose to write on women and their everyday lives, in other words, about themselves. Glaspell's Trifles is typical of this focus, for the play takes place in a kitchen, the domestic sphere, and revolves around lives the of women. *Trifles* is about a murder. Three men and two women go to the scene of the murder, a family home. The men, Mr. Hale (Justin Chu), the Sheriff (Brandon Lovelance), and the County Attorney (Sky Holzinger) go to investigate and solve the crime. The women, Mrs. Peters (Stephanie Epp) and Mrs. Hale (Felicia Strange) go to collect a few things for the wife, Mrs. Wright (Christen Grindahl) who is in jail as the suspect of her

husband's murder. Mr. Hale, the Sheriff, and the County Attorney make fun of the Mrs. Peters and Mrs. Hale for tidying up the house and worrying about trifles like a half-knit quilt and a broken jar of cherries. While the men investigate upstairs and in the barn, the women, at first unknowingly, find all the evidence and solve the crime, proving that Mrs. Wright did kill her husband. But they are loyal to the woman because of the life of unhappiness she lived once she was married. They never reveal their knowledge to the men and let them think they were simply worried trifles. about Jesse Bryan directed The Valiant

Villain, an old-fashioned melodrama with a new twist. Villains in melodramas always get boos and hisses, but you may actually end up feeling sorry for Seymour Schnitzel in The Valiant Villain. The villain (Jak Moroshan) is a mortgage broker who goes to collect his past due mortgage from Ma and Pa Rockenroll (Sara Tacy and Brandon Clark). The eldest Rockenroll daughter, Fabronia (Tatiana Troutman), tries to seduce the villain. When

that fails, she manhandles him into marriage, convincing the Sheriff (Trevor Millar) to marry the couple. All the while Handsome Herbert Flerbert (Jeff Theorell) is trying to win Fabronia's heart and failing desperately. In the end, the villain's wife (Amanda Kerth) "rescues" him and handsome Herbert falls in love with the uglier, yet nicer younger Rockenroll sister, Mary Lou (Colby Swicord). But the poor villain never gets any sympathy audience. from the

Lisa Peretti-Stephenson, Assistant Professor of Drama, said about the student directors, Heather Cook and Jesse Bryan, "Both of these students have demonstrated quality leadership and artistic vision by

Final Exam Week Survival Guide

They are here again. Final exams. For many students, finals week is a time of intense stress that will probably shave years off of their life expectancy. If finals week mean it is time for you to break out the note cards you have been composing all semester as you continually review your notes for every class, then stop reading. But, if finals week mean a sleepless, harried, depressing week, then this guide is for you.

Here are a few steps you can take to make this semester's final exams a little less stressful:

Do not forget to breath! Your brain is not a computer, it is part of your body and it need oxygen to function at its best. Oxygenated blood makes you feel physically and mentally awake and active. Your brain will function best if it is getting plenty of oxygen. Also, it is common to become very tense and sore through long exams. Concentrating on your breathing can help you relax.

It is the most important meal of the day. As much as you hate to admit it, your mother was right. Getting a good night's sleep and eating a healthy breakfast does really help you get better grades. HealthWorld Online explains that eating breakfast really does help students score higher on tests and recall information faster. Breakfast gives your metabolism a boost in the morning; a boosted metabolism means remembering more information as well as recalling that information faster.

Go ahead, take a break. Despite what your guilty conscience tells you, breaks are good to take. Do not try to study any one subject for more than two hours. Your ability to concentrate decreases rapidly after two hours of study. Taking a break and switching to studying another subject will keep you working efficiently. Do something physical in-between studying times. Exercise helps oxygenate your blood and gets sore muscles moving again. If you have to get that coffee, why not run to Starbucks?

The library is your friend. Do you have noisy roommates? The library is just the place for you. D.V. Hurst Library has comfortable sitting areas to study as well as isolated study rooms. The library staff realizes how important final exams are to students so during finals week the library is open later. Also, odds are you will run in to someone from your class who is also having a hard time studying.

choosing plays that are very contrasting."

If you missed Trifles and The Valiant Villain, you can look forward to the spring play, Boys Next Door, by Tom Griffin. Spring play auditions are January 20 and 21 in M-1. Sign up on Professor Peretti's office door. Play scripts can be checked out from the library reference desk. Rehearsals start January 22.

These are only a few things you can remember as you crawl your way through finals week. However, the best weapon you have is your attitude. If you tell yourself you will do fine, you will.



Campus News NC students Munson and Joines deployed to Iraq 8 minute abs sweeps the girls' dorms

Feature

The Spirit of Giving, why we give, and how you can help local charities

Opinion-Editorial Abi Copple writes about life in a Third World Country The Talon goes online

Sports

Volleyball season wrap-up Men's and Women's basketball season off to a great start

Entertainment Review of Victor's Celtic Coffee and Roasters

Regular Features On the Hill Local entertainment schedule **Sports statistics**

2 • Campus

5 December 2003



NC's first members of Sigma Tau Delta: Beth Olson, Sarah Baker, Rebecca Wilson, Nellena Nelson, Matt Long, and Chad Baier (not present).

NC gets Sigma Tau Delta

First English honor society established at NC

BY REBECCA WILSON Senior Editor

On November 20, the first members were inducted into NC's first chapter of Sigma Tau Delta. Sigma Tau Delta is an international English honor society whose purpose is to confer distinction upon students of the English language and literature in undergraduate, graduate, and professional studies. The members of the honor society must excel academically in English classes and must have a love for all kinds of literature.

The first induction ceremony was an intimate gathering, yet it had an air of importance and formality about it. The first members of the Alpha Lambda Kappa chapter of Sigma Tau Delta are senior Matt Long, senior Nellena Nelson, senior Chad Baier, junior Beth Olson, junior Rebecca Wilson, and alumni Sarah Baker. Wilson was inducted as president, Long as vice president, Nelson as treasurer, and Olson as secretary.

NC's chapter of Sigma Tau Delta has a few activities planned for the spring semester. They are aiming to have a community service activity and a fund raising event. They would also like to host a poetry reading in The Aerie, NC's coffee shop.

If you are interested in becoming a member of Sigma Tau Delta or have any questions about becoming a member, email Rebecca Wilson at sigmataudelta@ncag.edu or check out Sigma Tau Delta's national website at www.english.org.

Reshaping Northwest College: one girl at a time

BYTIFFANYZULKOSKY Assistant Layout Editor

For the women on the Northwest College nationally ranked cross-country team, daily workouts are not an option. But two of the athletes are making an 8-minute abdominal exercise routine available to their fellow dormmates.

Teona "The Drill Sergeant" Perkins, 18, a secondary education major from Kennewick, Wash., and her roommate Ashley "The Aerobic Instructor" Polakovic, 19, an English Literature major from Camarillo, Calif., work as a team to encourage girls to get involved in physical activity and to show them it can be fun.

Averaging an attendance of 15-20 girls between 9:30 and 11 p.m. each night, Perkins and Polakovic follow a work-out routine in order remain in shape for cross-coun-



try. The abdominal exercises help the runners to stay strong for the entire cross-country race. "To strengthen our core," said Polakovic.

"It started in the weight room," Perkins said about how numerous girls began to join in for the 8-minutes. "Then we did [them] in our room and Beth, [our RA's] room. Now we're going public with it – in the hall."

"Misery is best when shared with people," continued Perkins. "We just encourage people to do [ab exercises]. As we started doing them out in the hall, more people started to join."

One of the funny experiences Polakovic recalls is the widespread attention. "I like hearing the grunts and the sounds of physical anguish," Polakovic jokes. "We'll be formidable adversaries at the floor Olympic showdown."



Ashley and Teona

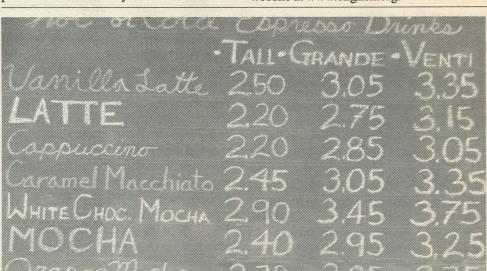
"Keep breathing.' 'Come on just 30 seconds.'We're always counting down the time." - Teona Perkins on how she encourages girls to continue exercising.

Printer for Sale

Epson Stylus C62 printer great working condition like new, only 6 months old! comes with manual

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contact: Lisa Scansen lisascansen@verizon.net



Spring Ski Dayz Spring Break 2004

Hosted by John and Sheron Mohan

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The Aerie

BREVED GOFFEE 1.20 Visit the new DECAF BREVED COFFEE 20 Northwest College java shop - the Aerie. Monday thru Spresso Shot 50 Friday 30 7:30am anamel 35 to 10:30pm \$427 per person

-or-(206) 459-5121

contact: (425) 822-4221

04-05 Financial Aid Applications are here!!!

Stop by the Financial Aid Services Office, or pick one up after Chapel December 3rd. Priority Deadline is March 1, 2004.

Starting December 1, 2003, Northwest College Endowed Scholarship Applications will be available on line: <u>http://eagle.ncag.edu/financialaid/forms/</u>. Deadline for Scholarship Applications is February 2, 2004.

Did you know...?

The Sate of Washington funds two need-based financial aid programs that provide grants and employment opportunities to Northwest College Students: The Washington State Need Grant Program and the Washington State Work Study Program. The estimated amount of state-supported financial aid received by Northwest College students for the 2003-2004 school term is \$702 per student.

For more information on these programs, stop by the Financial Aid Services Office or contact us at 425.889.5210 or <u>finaid@ncag.edu</u>.

5 December 2003

Campus • 3

While Munson prepares to

In only the second year of

time in January.

face the battles in Iraq, he is not alone. Fellow Northwest College student, sophomore Biblical Literature

major from North Bend, Wash., Greg

"Doc" Joines, 20, was also called to

his six year contract with the Army

Reserves, Joines was recently re-

classified from a cook to do combat

life saving. He will go through an in-

tensive three-day-training before his

25 days of training at Fort Lewis.

Joines' unit will go overseas some-

active duty beginning Dec. 18.

The second call

Up Close and Personal

As the war in the Middle East rages on, Northwest College students are being called to active duty

BYTIFFANYZULKOSKY Assistant Layout Editor

The first call

Derek Munson didn't think he would get the call. But for this 23-year-old psychology major from Bellevue, Wash., the new year will bring an up close and personal perspective on the war in Iraq.

On Nov. 15, Munson began active duty for the National Guard and is scheduled to spend a year in Iraq beginning sometime between January and J

sometime between January and March of 2004.

"I don't know what to think really," Munson said, "I don't worry about dying. God's in control. I get tense, but that's because I want to do my job right – be the best I can be for this."

Derek Munson

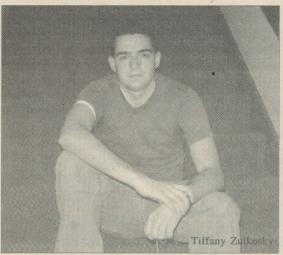
Originally enlisted in the army at 19, Munson wanted to see what the armed forces were like. After serving three years he got out and began contemplating going to college. Knowing the National Guard would offer money to attend school, he signed up.

"I thought [being called] was a possibility but I was sort of hoping it wouldn't happen," Munson continued. "I have eight brothers and sisters, so they all respond differently. My mom is flipping out. My dad is confident that I'll do alright. He seems to be a little bit more at ease."

A dismount for Bradley fighting vehicles, or small tanks, Munson has to train and be licensed to use certain machinery before going overseas. "We'll do desert training with tanks. We're also going to do riot control, how to enter and clear a building, and how to handle EPW's (enemy prisoners of war). Believe it or not, killing is always a last course of action, but it can get to that really quick."

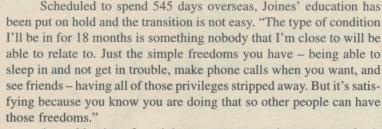
Unsure of what his living conditions will be like once he gets to Iraq, Munson spends his 20-hour days training and trying to find God in all of this. "I honestly think that He's probably trying to bring me closer to Him."

"I think that people just need to come out of their shells and start living their lives a little bit," Munson concluded. "That doesn't mean they have to fight a war or jump off a cliff, but simply not fear tomorrow. It's coming no matter what, so you'd better just stand up and take it."



Greg Joines

"My parents have been very encouraging and very proud," Joines said. "They've really been helping me get my stuff organized and all my necessities together."



A combination of receiving money to ease the expenses of college tuition and just for the experience, Joines' biggest influence to enlist was witnessing the change in his older brother. "There was something about him when he was done with his training [for the Marines] and I wanted that same thing – confidence."

Of the difficulties on his mother Joines said, "It's just me and my brother and we'll both be deployed. This will be the first Christmas without me and him there."

Joines finished by saying, "I can relate to C.S. Lewis when he

said, 'War is a dreadful thing, and I can respect an honest pacifist, though I think he is entirely mistaken. What I cannot understand is this sort of semi-pacifism you get nowadays which gives people the idea that though you have to fight, you ought to do it with a long face and as if you were ashamed of it.' So I'm proud to be part of this, and I wish people would try to truly understand what we are doing, and more importantly why we are doing this."

Getting a Private Scholarship Just Got Easier

BY NOELLE BONDS Layout Editor

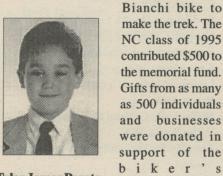
Paying for college just got easier. Go to http://eagle.ncag.edu/financialaid/ scholarships to apply for a private scholarship.

Simply by filling out this one online application you will be considered for any of the 49 scholarships for which you fit the criteria. You may be eligible for multiple scholarships. Instead of filling out 10 applications, fill out one. next academic year and range from \$500 to \$2,000. Private endowed scholarships are funds entrusted to the Northwest College Foundation which are invested. The interest earned is used to produce scholarships in variable amounts every year.

One private endowed scholarship is the Tyler James Pecota Memorial Scholarship. This scholarship assists a student majoring in elementary education or pastoral ministry to children and youth. Tyler James Pecota was a boy with a vision. His desire was to someday attend Northwest College, the alma mater of his father, Jim, his uncle Steve, and the college where his grandfather, Dan Pecota, taught as a professor of Bible and Theology for 38 years. However, Tyler's vision faded in 1992 because of a brain tumor that took his life at age 10. His grandfather, Dan Pecota, said about raising the initial funds for the scholarship, "Tyler always wanted to attend 'Grandpa's college'. In fact, from his allowance, birthday money, etc., he had \$400 in the bank for his tuition. Ever since he died, I have had the dream of establishing a student scholarship for Northwest College students in his memory."

same. One day I thought to myself, why not bring the two dreams together? I have walked and jogged to raise funds for various worthy causes. Can I bike to San Francisco to raise funds for a student scholarship in memory of Tyler?"

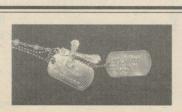
The Northwest College student body responded by giving Pecota a 24-speed



Get Connected into Campus Connect

BY BECKY WILSON Senior Editor

Buckle your seatbelts, NC is getting plugged in. As you finished your preregistration for the Spring semester, the Registrar's Office staff handed you a brochure and a small grey piece of paper with a PIN (Personal Identification Number) on it. Little did you know that the PIN is a doorway into an world of convenience. CampusConnect is NC's academic and financial online services. Your PIN is quite literally your doorway to CampusConnect because without it, you can not gain access to the online services. If you did not realize that the grey piece of paper you got at the Registrar's Office was that important, then contact the Registrar's office. Once you have logged into CampusConnect, you can access your class schedules, grades, transcripts, financial status, and more.



Tiffany Zulkosky

"...simply not fear tomorrow. It's coming no matter what, so you'd better just stand up and take it." Derek Munson, NC student deployed to Iraq

Applications will be accepted from December 1, 2003, through February 1, 2004. Awards will be determined by April 15, 2004, and announced on April 28 at the Honors and Award Chapel.

Unlike institutional scholarships such as an academic scholarship or success award, private scholarships are funded by donations by alumni and friends of Northwest College.

Scholarships are available for continuing students only and are not available for incoming freshmen or transfer students. To view scholarship criteria and background, go to http:// www.nwcollege.edu/financialaid/ scholarships.

There are two kinds of private scholarships, annual and endowed. Private annual scholarships are one-time gifts for the Pecota said, "Another dream I had dates back a number of years when Steve and a few friends biked to San Francisco. Ever since then I have dreamed of doing the

Tyler James Pecota

physical sacrifice – inspired by Tyler. In August 1995, Dan, Steve, Jim, and NC student Sam Carrigan pedaled 921.3 miles in 14 days.

demonstration of

Dr. Dan Pecota died July 1, 1997, just a few years after his bike trip. Before his death, he asked that family members direct gifts in his memory to the Tyler James Pecota Memorial Scholarship fund. The Tyler James Pecota Memorial Scholarship is anticipated to reach \$100,000. All to help students like you. Like Tyler wanted to be.

You can find CampusConnect at http://exodus.ncag.edu.

4 • Feature

5 December 2003

(hristmas and the Spirit of (iving

Give a hand or spend a dollar to suppoprt local charities helping those in need this holiday season

Starbucks partners with Starlight Foundation for annual toy drive



"There are angels among us." Starbucks is partnering with the Starlight Children's Foundation for the third annual Holiday Angels Toy Drive. Last year, Starbucks customers donated 276,304 toys – this year's goal is even higher, at 330,752. You can bring a smile to the face of a seriously ill child by bringing a new, unwrapped gift to a local Starbucks by December 25. Gifts donated during the holiday season will be cherished by hospitalized children all year long.

Wish List

Books (for children and teens) CDs DVDs Dolls Hand-held games (include batteries) Make-up kits Nail polish

*Please remember not to wrap the gifts. The hospitals request that no plush toys are donated. Thank you.

Local Hospitals Benefiting From Starlight St. Joseph Hospital

Bellingham, WA Providence St. Peter Foundation Olympia, WA Pope's Kids Place Centralia, WA **Providence Health Foundation** Centralia, WA Kennewick General Hospital Kennewick, WA Lourdes Medical Center Pasco, WA Walla Walla General Hospital Walla Walla, WA The Fdn for Deaconess & Vly Healthcare Spokane, WA Valley Hospital and Medical Center Spokane, WA Ronald McDonald House of Spokane Spokane, WA Sacred Heart Children's Hospital Spokane, WA Spokane Shriners Hospital Spokane, WA Central Washington Hospital Wenatchee, WA **Prosser Memorial Hospital** Prosser, WA Yakima Valley Memorial Hospital Yakima, WA

Thankfulness leads to Giving

BY DON NORTH Director Foundation and Corporate Relations

Thanksgiving has just past and now we are preparing to celebrate Christmas. They are the two most Christian- based holidays of the year besides Easter. We celebrate Thanksgiving, at least in principle, as a day to express our thanks to the Lord for His bountiful blessings as a year nears its end. And if we are truly thankful it prepares us for experiencing the spirit of giving which comes with Christmas. Be thankful for all you have been given and then give all you can to help others to be thankful.

John 3:16 sets the pattern. "For God so loved the world, that He gave......" His son, Jesus, as the first Christmas gift. Mary gave birth to the Messiah. Joseph gave thanks. The angels gave praise. The Wiseman gave worship and gifts. The shepherds gave homage. And ultimately Jesus gave his life as an eternal gift of salvation to those who believe.

There are many ways to share your gifts this Christmas season. The Salvation Army red kettles. The local food banks. Food collection sites at grocery stores. Toys for Tots collections. Collections at various churches for needy families. Adopt a needy family and organize a group to buy gifts and appropriate food for a Christmas dinner.

Invite a family to your home for Christmas dinner. Bring a toy to a boy or girl in a hospital. Give a special generous gift to a Missionary thru the local church. Volunteer to help serve dinner at the Seattle Rescue Mission. Take some clothes and blankets to a shelter for the homeless. Give some money or toys to Childhaven. Send a special offering to World Vision. Send some non-perishable food to our troops in Iraq and Afghanistan. Go caroling at a nursing home. Bring some holiday treats to a senior center. Deliver some holiday treats to a local fire station or police station. Give a financial gift to the Northwest College Benevolence Fund which will be used throughout the year to help students, faculty, and staff with emergency financial needs.

After Christmas we face a new year, well intentioned personal resolutions, income tax deadlines, the last months of school, and a host of other concerns. The spirit of Christmas tends to quickly disappear. Those challenges can be lessened by enjoying the blessings of giving.

We have all heard that it is better to give than to receive. Unspoken in that adage is the fact that so many blessings come from giving that it is possible to actually receive more than you give. Experience has shown that in some instances giving anonymously is an even greater blessing. One last bit of wisdom: Don't give until it hurts but give until it feels real good!



The Starlight Children's Foundation is an international non-profit organization that serves over 100,000 seriously ill children every month. Starlight's goal is to restore the joy and laughter that serious illness takes away from children.

Working with more than 1,000 hospitals, Starlight provides both in-hospital and outpatient programs and services. Understanding that when a child is sick the whole family suffers, programs incorporate the entire family.

For more information about the Starlight Children's Foundation, check out: www.starlight.org or call 1-800-274-(STAR) 7827.

Military Corps bring toys to children

"Every child deserves a little Christmas." The Marine Corps League is a non-profit military veterans service organization of The U. S. Marine Corps Reserve has been sending messages of hope to needy children since 1947. Whether it's a fire truck, a doll, a football, a simple toy most children take these things for granted, but to a needy child, a toy is a message of hope.

The Marine Corps League is a non-profit military veterans service organization of the U.S. Marine Corps founded by Major General Commandant John A. Lejeune in 1923. Its membership is comprised of honorably discharged, reserve, active duty, and retired Marines banded together for comradeship, mutual support, and community service.

This year Toys for Tots is partnering with KIRO 7 TV, the Seattle Seahawks, Longs Drugs, 97.3 KBSG to deliver more than 100,000 toys to children in Western Washington.

You can help by donating a new, unwrapped toy or monetary donation at a local toy collection site. To find a collection site, go to <u>www.toys4tots.org/seattledrop2003.htm</u>. The site nearest to Northwest College is at Longs Drugs in Juanita in Kirkland.

Resources



Seattle Union Gospel Mission: many locations need many helping hands

Founded in 1932 by leaders of Seattle area churches, the Seattle Union Gospel Mission is a faith based non-profit organization serving the spiritual, social, and physical needs of our society through direct rescue mission work. Their mission is to help the homeless and poor men, women and children in the greater Seattle metropolitan area to renew their lives and re-enter their community's mainstream.

There are five homeless shelters: Pioneer Square, Capitol Hill, South Seattle, the International District, and Rainier Valley. There are also several drug and alcohol rehabilitation programs, a seniors ministry, free legal services, a dental clinic, and a prison ministry.

For information about how you can help, contact the Volunteer Office at 206.723.0767 or check out <u>www.ugm.org</u>.

Volunteers needed:

sing Christmas carols at a shelter during meals adopt a family for Christmas help put on a Christmas party at the Women & Family Shelter Put up Christmas decorations sponsor a cookie decorating party serve meals

and help to raise the spirits of a less fortunate child.

Office Supply, and Parkplace Books.

Donations needed: socks diapers bus tickets gift certificates coats underwear toiletries school supplies bulk food items

A giving tree is a tree with ornaments or tags that contain a gift-wish from an

The Giving Tree at University Place is located at center court. Giving Trees at

underprivileged child. Wishes are from children of all ages and range from gifts costing \$1 to

\$50. University Place on the University of Washington campus and Kirkland Parkplace

Center have Giving Trees on December 1 thru December 20. Pick-up a gift-wish ornament

Parkplace Center are located at Mama Lucia's Italian Kitchen, Mark's Hallmark, Parkplace

Northwest Harvest serves many

but depends on individuals

Food Banks

HopeLink Food Bank 302 1st Street Kirkland, WA 98033 (425) 889-7880

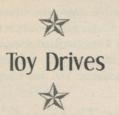
Northwest Harvest www.northwestharvest.org Drop-off locations in Kirkland: Kid Valley on Lake Wash. Blvd UPS Store on Main Street Enterprise Rent-a-Car in Totem Lake

Food Drive

Kirkland Parkplace QFC donations received go to benefit HopeLink in Kirkland colletion barrells are located inside the store.

Ends December 31

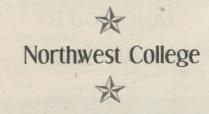
Almost every grocery store sponsors food drives during the holidays that you can participate in



Holiday Angel Toy Drive donations received go to benefit local hospitals

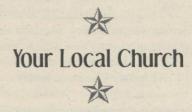
collection baskets are located inside every local Starbucks Ends December 25.

Toys for Tots Drop-off location in Kirkland:

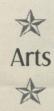


Benevolence Committee

The Northwest College Benevolence Committee is here to help meet unexpected needs that may arise for students, faculty, and staff. For more information contact: Don North, Leroy Johnson, Esther Harmon, Darla Sherman or Judy Olson-Briggs



Get involved in your local church's Christmas activities. Suggest and plan a food drive or any other charitable activity for next year.



Support to local art venues in the Northwest has decreased over the past year. In fact, without support of art aficionados, theatres and museums came close to closing.

The Taproot Theatre PO Box 30946 Seattle, WA 98103 (206) 781-9705

(206) 781-9705 www.taproottheatre.org

5th Avenue Theatre

(206) 625-1418 devo@5thavenuetheatre.org www.5thavenuetheatre.org

Paramount Theatre

Northwest Harvest is the only statewide hunger relief agency in Washington. It secures over 16 million pounds of food for distribution every year through warehouses in Grays Harbor, King, Stevens, and Yakima counties. Northwest Harvest supplies the food, without fees, to over 300 food banks and meal programs across the state. Approximately

one-half million people are served every month. More than half of those served are children and the elderly. Northwest Harvest relies solely on contributions from individuals, businesses,

serve meals School supplies bulk food items Giving Tree: shop for a child's wishes

foundations, and other organizations. They need any non-perishable food or monetary donations. For more information of to find a food drop off location, go to www.northwestharvest.org.

General food items:

pasta peanut butter canned fruits and vegetables hot and cold cereal tuna fish spices and seasonings salad oil

For infants and babies: baby formula canned milk powdered milk jars of baby food infant cereal Whole meals: Spaghetti-Os Stews Meat and gravy pork and beans soup raisins ramen noodles Longs Drugs in Juanita www.toys4tots.org



Letters to Santa

Every year, United States Post Offices receive millions of letters to Santa, many from needy children. Most post offices allow individuals to pick-up a letter in order to grant the child's wishes. Kirkland Post Office: 721 4th Ave Kirkland, WA 98033 206-467-5510 memberservices@theparamount.com www.theparamount.com

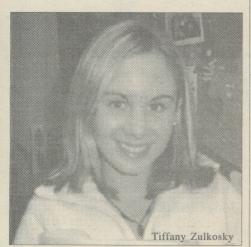
Seattle Art Museum Kathleen Maki, Volunteer Department SAM, P.O. Box 22000, Seattle, WA 98122-9700 Voice: (206) 654-3168 Fax: (206) 654-3135 volunteer@seattleartmuseum.org www.seattleartmuseum.org

6 • Opinion

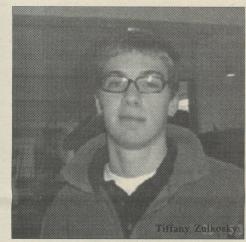
5 December 2003

What is it that will

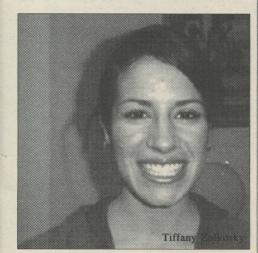
help you to survive finals?



"Getting adequate sleep, planning ahead and making sure my time with Jesus isn't sacrificed for the sake of finals." -Lindsay Clarkson, junior



"I only have one final. I don't need survive because I'll be sleeping." -Michael Browning, sophomore



"Knowing that Christmas break is coming."

Life Taken for Granted

a student editorial

BYABI COPPLE Contributing Writer

Sometimes it is hard to swallow that I'm here; safe, protected and blessed in so many ways. There are no eight foot walls with gates covered in barbed wire. No soldiers standing on every street corner. There is no garbage or sewage flooding the streets. No naked children and armless beggars tugging at you, begging for a little bit of money. There are no smells of rotting meat and human waste. No packs of dogs that roam the dirt streets. There are no bodyguards, no threats of kidnappings, and you don't come home to find your house broken into and robbed for the third time in a month. You do not see children being sold into prostitution. You do not hear their cries of hunger. You don't fall asleep to the sound of gunshots. There are no landmine victims, no sex slaves, and no orphans of war.

We sleep within four safe walls; in quiet, secure neighborhoods. We don't need bars over the windows and multiple locks and latches on the doors. There are no guards or armed escorts to bring you to the grocery store. Body guards and policemen don't patrol the halls of our school. Yet without all of that, I feel safer here.

We have food, so much of it, with no worry about where the next meal will come from. We don't see women being beaten within an inch of their lives. We don't see people gunned down and then robbed. Nor do we see that same body being stripped and robbed of its clothes and possessions, then left lying on the side of the street.

There is no fear of soldiers or police, because here they really do protect. There are no naked street children, filthy, deformed, and high on glue. There is no war here. Tanks don't rumble down the streets. Here you don't get frantic phone calls in the middle of the night from terrified friends huddled in the back of the airport, waiting desperately to be evacuated. You don't hear the fear in

The Talon Gets a New Face

BY REBECCA WILSON Senior Editor

The Talon as you know it has changed. And we are not just talking about our new flag.

The Talon has gone electronic. Do not panic, have no fear; you will still receive your monthly paper copy of The Talon. But, in case you skipped that chapel when we handed out the newest issue, you can now go online to get your latest NC news. their voices as they say tearful goodbyes, wondering if they'll make it out of the country before rebels take over the airport. Fear that they won't make it. Then suddenly the voice changes as the phone is passed around to others, desperate to find someone who knows



Abi experiences snow for the first time.

if their loved ones are okay; and if they are, to let them know what happened. Not knowing if interceding governments will arrive in time. You can hear sobbing and panicked whispers in the background as they are being loaded into a cargo plane to sit on the floor like animals. The phone goes dead, and all you can do is pray. Many of those friends you never see again.

There aren't horror stories of entire families being slaughtered. There are no "killing fields" here. Schools aren't transformed into death camps. There are no fields of human bones. Some with the plastic bags still tied around their heads, the last thing they saw before they were killed and thrown into the pit they had to dig themselves. No, instead we have perfectly manicured lawns, and rolling hills of green. Stores are filled with more "necessities" than anyone could ever possibly think of needing. We have so much and are blessed in so many ways.

Growing up in third world countries you see and live with all these things in everyday life. The first time I remember ever seeing anyone killed was when I was eight. The man was chased down by two other motorists firing at him from the back of their motorcycle. The man lost control after being hit twice in the back, and skidded off the side of the road. The two other men caught up to him, lying motionless on the side of the road, shot him three more times, and drove off with his motorcycle. A mob of people surrounded the man, but instead of helping, they emptied his pockets before disappearing. I still have nightmares.

One afternoon at a market with my father, my younger brother and I were shopping for trinkets; my brother and I lagged behind. Suddenly there was a loud noise and I turned to see my father running towards us, yelling at us to get away. I will never forget the fear in his eyes. People were running everywhere, store keepers were throwing everything into their stores, slamming things shut, and then running, panicked. Rebels had thrown a hand grenade into the open-aired market we were in.

There are no hand grenades being thrown in markets around here. We are truly blessed in everything from safety to breakfast cereal. We are given so much and have many opportunities too many people never get to have. Unfortunately, because of this abundance, we all too quickly take for granted what we've been given. Be thankful for what you have. God has blessed you in so many ways, so do the same for others. Hebrews 12:28b says "let us be thankful, and so worship God acceptably with reverence and awe."



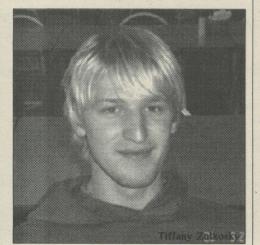
The Talon encourages letters to the editor. However, we reserve the right to not publish anonymous or vulgar submissions.

The Talon is a student newspaper and therefore the views and opinions presented here do not necessarily reflect those of the institution of Northwest College.

> Our office is located in Pecota Student Center. 5520 NE 108th Avenue, Kirkland, Washington - 98033

on the hill

-Ruth Erickson, sophomore



"No sleep, no doze and like two gallons of coffee." •Victor Fomenko, freshman

Follow The Talon Newspaper link from the Eagle webpage (or go to http:// eagle.ncag.edu/talon) and you can find the latest front page articles of The Talon. Do you have an idea for an article? Is there campus news that you would like us to cover? Let The Talon reporters know by following the Article Suggestions link. Are you interested in writing for The Talon? Click on Become a Talon Reporter and let us know what you are interested in writing about. You can even email letters to the editor and check out the latest Eagle's Sports statistics.

Very soon the staff of The Talon will be receiving credit for their time and effort. The Talon is here to serve the NC community. Help us do our job and let us know what we can do for you. (425) 889-5357 Email us at **talon@ncag.edu** http://eagle.ncag.edu/talon Office hours are Monday and Wednesday: 12:30pm - 1:30pm and Tuesday and Thursday: 12:00pm - 1:00pm.

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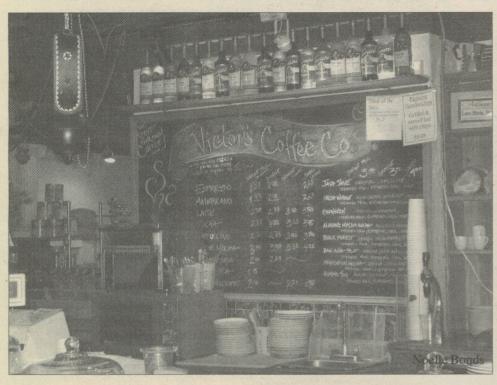
NOVEMBER CORRECTION

The Talon misstakingly reported that the fall drama was called "Boys Next Door." The fall drama was the two plays "Trifles" and "Valiant Villians." "Boys Next Door" will be the spring drama.

5 December 2003

A&E•7

Redmond Coffee House Roasts to Celtic Perfection



By Crystal Riddle Reporter

As the door opens to Victor's Celtic Coffee and Roasters in Redmond, the enticing aroma of richly roasted coffee rushes out. Stepping inside, sounds of jazz, espresso machines, and conversations of the regulars meet your ears, and you quickly find a seat on an old-fashioned church pew near the fireplace. Your vantage point, slung in the corner of the low-ceilinged room, is perfect for people-watching as you sip your favorite drink from a decorated cup and saucer. Welcome to Victor's.

The coffee house, owned by Walter Bieri, was named after its first owner, Victor Harding. Starting in 1987 with a small coffee stand, Harding eventually expanded his business to include where Victor's stands today. The "Celtic" part of the name comes from Harding's strong Irish heritage, in a tribute to his family background. Today, Harding resides in Cannon Beach, Oregon, where he personally roasts and sends the coffee beans to the shop.

Victor's sells its signature drink—a slow-roasted cup of java—at an average price of \$2.75, but it also specializes in soups, sandwiches, pastries, sodas, and countless Market Spice teas with names like Sunset in Seattle. Customers can expect a longer wait than at a "fast-food" coffee house such as Starbucks or Tully's, but orders are available for there or to-go.

Brad Stearns, manager of the coffee house and its employee since 1995, admits that Victor's, which generally caters to an adult crowd, has quite a few regular customers.

"Victor's is very community-based," he explained. "95 percent of the people that come here are regular customers. We know their names, their families, their favorite drinks. We pay attention to detail."

While Victor's offers yummy drinks

like the Irish Nudge (a mocha with Irish cream, hazelnut, and chocolate whipped cream), it also offers a wide array of entertainment. At all times, one can find soft jazz of blues playing amidst the hubbub of the everyday noise. On weekends, however, local poets, artists, and musicians take center stage. Every Friday from 8 p.m. to 10 p.m., you can relax while listening to live music. On the first Saturday of every month, poetry readings take place at 7:30 p.m., with open-microphone nights on the third Saturday of every month at the same time. Additionally, a wall full of community art and announcements can keep you busy.

Sam Tisdale, a barista at Victor's for three months, commented on life at Victor's. "The people that work here have definite commitment. We provide quality before speed of coffee. You might wait longer, but you will get possibly the best cup of coffee you have ever had."

In my opinion, the clincher in Victor's favor was the chocolate whipped cream. Its taste and originality fit right in with the whole ambiance of the place. Where else can you find a cup of hot chocolate with even more chocolate flavoring slowly melting on top?

The setting of Victor's also sets it apart from your average coffee shop. Antiques abound, and soft earth tones and lights adorn the walls, creating a very relaxed and low-key mood. The creak of the wooden floors and the glow of the fireplace add the final touches and make for a comfortably casual eating and drinking experience.

If you want to get in touch with your sensitive and imaginative side, Victor's is the place to go. The combination of friendly service, excellent drink choices, and unique character makes it a place that is deserving of your weekend energy and time.

Victor's Celtic Coffee and Roasters is located at 7993 Gilman Street in Redmond. For more information on hours and events, please call (425) 881-6451.

calendar



5th Avenue Theatre "The Wizard of Oz" Nov. 29 - Dec. 21 Admission: \$18-\$64

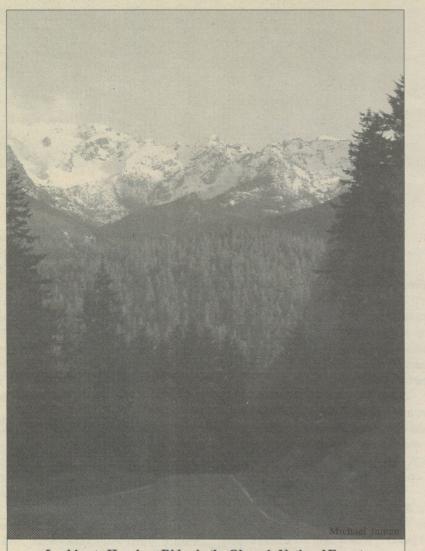
Taproot Theatre "The Carrols of Queen Anne" A Victorian Christmas tale of old Seattle Nov. 21 - Dec. 27 www.taproottheatre.org

Victor's Celtic Coffee Company Live music every Friday night 8-10pm

Pacific Northwest Ballet "Nutcracker" Marion Oliver McCaw Hall Nov. 28 - Dec. 28 www.pnb.org/season/nutcracker Admission: \$17-\$94

> Northwest College Holiday Music Concert Dec. 6

Cedar Park Church "A Joyful Celebration" Dec. 16 5:00pm Admission: free





Looking to Hurrican Ridge in the Olypmic National Forest.

Becky Wilson Handsome Harbert Flachart (Joff Theorell) saves the day with his mighty tennis racket

Handsome Herbert Flerbert (Jeff Theorell) saves the day with his mighty tennis racket and propeller beanie in *Valiant Villain*. Fabronia (Tatiana Troutman) holds Seymour Schnitzel (Jak Moroshan) hostage as Ma Rockenroll (Sara Tacy) flirts with Handsome Herbert. 8 • Sports

5 December 2003

Men's Basketball at .500 after 8 games



Todd Dyson, right, looked well-armed as he pursued a rebound during a recent Northwest College home game.

BYNATHAN ERICKSON Reporter

There is a reason there are no conference games scheduled in the beginning of the season. A lot of teams use the first few games to test lineups and see how the newcomers will do, and often there are a few easy win games to build some confidence. Most importantly it is a time for teams to gain experience playing together. Northwest has shown early in the season that they are a team with a lot of potential. After winning their first game versus Walla Walla College 92-72, the Eagles lost a couple of

tough games in California to Division I NAIA California Baptist 64-54 and the Master's College, 76-53. The Eagles rebounded to dominate Columbia Bible College 101-46, only to be dominated three days later by NCAA Division II Western Washington 104-68. The Eagles then traveled to Oregon and showed they have some heart, rallying from 16 points down to beat George Fox University 89-88 on a last second three pointer by Patrick Hillis. They then went on to defeat Pacific University 65-63 in another close game. Northwest led by 16 at one point, only to see Pacific go on a 17-1 run. Northwest was able to come together however and pull out a win

Women's Basketball Off to Their Best Start in Three Years

BYNATHAN ERICKSON Reporter

Rarely does a team that starts a season with a new coach and only three returning players expect to be 3-1 in their first four games, but the Lady Eagles have done just that and done it well. The Eagles are averaging nearly 80 points a game while holding their opponents to just under 60. Although their first game was a lopsided 99-39 win over Division III Walla Walla College, the Eagles showed their true abilities in the Lewis & Clark State Tournament. In the first game Northwest played Lewis & Clark State which was ranked fifteenth in the nation in Division I NAIA. The Eagles shocked the host team with a 93-80 win, led by Jenny DeYoung's 36 points and 13 rebounds. Briana Duerr added 22 points against her former team who likely regrets losing her. The next night the Eagles played Montana Tech, in the same division as Lewis & Clark State, and finished with a 79-52 victory led by Kristen Boyd's 25 points. Most recently the Eagles played at Seattle University and surprisingly lost 65-46. Northwest didn't seem themselves as they struggled on the offensive and defensive end of the floor. It's a game coach Napier and the team plan on forgetting as they look forward to a heavy December schedule.

where they will face tough matches against Pacific Lutheran University and Central Washington University. Leading the Eagles is freshman Jenny DeYoung, who is averaging 24 points and 11 rebounds a game. Unfortunately for opposing teams, containing DeYoung means little to a team whose first six players have shown they can score 15-20 points a piece on any given night. Northwest's strength is their ability to pressure the ball and fast break thanks to the tandem of Kristen Boyd and Chrissy Erickson, averaging 4 and 3 steals per game respectively. Boyd, with roadrunner like speed, usually outruns the opposition to convert most of Northwest's easy layups. On a team with so much ability it is hard to determine the players who contribute the most, however I'm sure Coach Napier sees that as a blessing. The Eagles' bench will lengthen in December with the activation of senior Ellie Scilley. Then in January Junior Kaeley Triller will return for the second semester. Triller led the team in rebounding last year and was second in scoring. She will be a welcome addition to a small post lineup and should help the Eagles improve their rebounding, perhaps their only weakness.

in the end.

Most recently the Eagles hosted University of Puget Sound at Northwest Pavilion for their first home game. One might have guessed track season started early with the amount of sprinting going on, with UPS coming out on top 107-94. In a packed gym Northwest showed a lot of poise against UPS's constant full court press, however UPS seemed unstoppable on the defensive end, as their players almost scored at will. Although it was a tough game to lose, the Eagles entertained the fans and showed that they have the ability to score a lot of points themselves.

Coach Van Dyke's off-season recruiting appears to have paid off. Northwest's biggest contributors on the offensive end are junior post Tyson Dodd, freshman post Aaron Sawyer, and Junior Point Guard Andrew Gard. They are all averaging near 12 points a game along with Sophomore Grant Enloe. The most pleasant surprise is Sawyer who appears to have made a seamless transition from high school to college and has shown he can score in numerous ways.

The Eagles have only four more games before the conference schedule begins and so far they have shown that on any given night they can compete with anyone. If they continue to play with the intensity and heart they've shown thus far, there is little chance they will stay at .500 for long.

STATS

WOMENS**VOLLEYBALL**

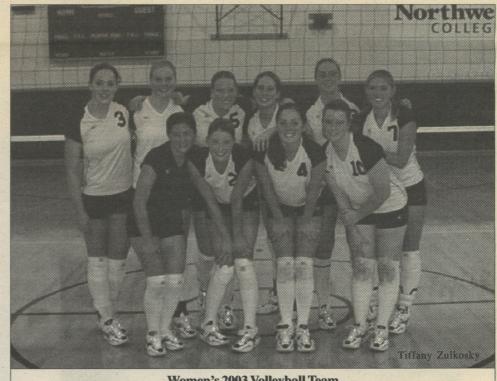
Date	Opponent	Results
11/1	E. Oregon	W: 3-0
11/7	Oregon IT	L:2-3
11/8	S. Oregon	L:1-3

WOMENSBASKETBALL

Date	Opponent	Results
11/14	Lewis & Clark	W:93-80
11/15	Montana Tech	W: 79-52
11/21	Seattle Univ.	L:46-65
11/28	Pac. Lutheran	L:58-71
11/29	CWU	L:84-87
12/4	UPS	
12/11	Pac. Lutheran	
12/13	SPU	
12/19	Albertson	
12/20	E. Oregon	
12/27	Seattle Univ.	
12/30	W. Washington	

MENSBASKETBALL

Date	Opponent	Results
11/8	Master's College	L:76-53
11/14	Columbia Bible	W: 101-46
11/17	W. Washington	L:68-104
11/21	George Fox	W: 89-88
11/22	Pacific Univ.	W: 65-63
11/25	UPS	L:94-107
11/29	N.W. Christian	L:66-78
12/02	E. Washington	
12/06	Columbia Bible	
12/13	George Fox	
12/19	Albertson	
12/20	E. Oregon	



Women's 2003 Volleyball Team

BYASHLEYABERLE

By the first week of December, the Eagles will have returned from the Central Washington Tournament in Ellensburg,

Northwest's home opener is December fourth against the University of Puget Sound, who is currently 2-0. If UPS's women's team plays anything like their men's team, it should be an exciting game of fast paced basketball.

Reporter

It was a great season for this year's Northwest College women's volleyball team. While it ended in disappointment without a chance to play post-regular season, the women played hard and received strong fan support. Their season record ended at 15-12, and the home record played at 7-4. The women finished 10-8 in Conference.

Strong, Godly and hard-working players numbered this team. Lisa Langmade received the All Conference Award and Jessie Buck received All Conference Honorable Mention, as well as Most Valuable Teammate, voted on by the rest of the team.

Head coach of the women's team, Shaun Kupferberg, commented on the season: "It was an injury-played year. It was a good growing season, and we're still a fairly young team. We're close to breaking that edge and are looking forward to next year."

It is true. The hard-working women practice out of season and are already conditioning and training for next fall. While the team will lose two key players next year, seniors Stephanie Gilbert and Christina Pablo, they are excited for a new season. Still, player Jessie Buck said, "I'm going to miss seeing everybody, everyday."

The women played many close games. They were swept only once, which is a difficult feat, and 10 games resulted in losses within two points.

Despite the various injuries which occurred throughout the season, injuries to Christina Pablo, Emily Marquez and Beth Rathburn, the team played strong ball. They made their opponents work hard and their fans cheer loud.

Finally, though, the season's finished. Next year looms ahead. And in the words of Buck, "Basically, we're ready to redeem ourselves."