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or maybe just to your
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premier

The Talon Journal

October 2, 2006

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Breaking NU ground: campus under construction

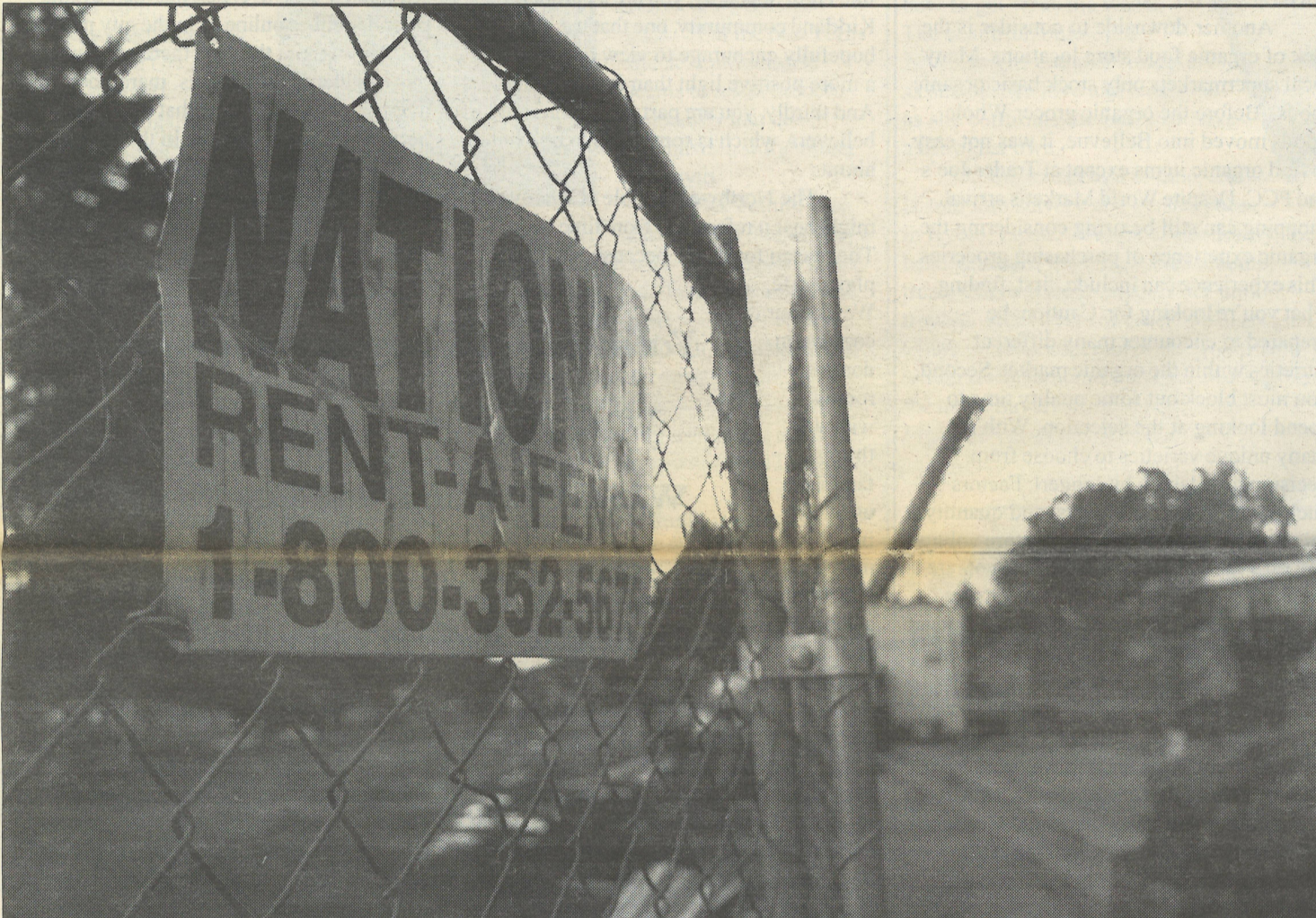


Photo by Kortney Thoma

Each day students navigate their way around the construction site, spanning from Millard Hall, past the campus park, and all the way to the campus duplexes. The construction site also extends from the library parking lot to behind the Ness Academic Center and all the way to the Seahawk's fence. Over the past month, students have bared witness to the progress of the construction efforts made by Sellen Construction Company. Recently, students observed the pouring of concrete to fill the Health and Science Center foundation and have also seen the laying of water and sewer lines to the building site. Construction is scheduled for completion in August 2007.

New Health and Science Center update

By Danya Kubo
Feature Editor

Six years ago, Northwest's first class of nursing students proudly graduated, and our very own humble Northwest (then College) University had taken one of its first big steps towards answering the world's cry for health care. Several years after the fact, Northwest is continuing to answer the needs of the nursing shortage by expanding the program. With qualified staff, willing and able applicants, and generous donations, the new Health and Science Center is underway.



Northwest University maintains that the Health and Science Center has become a necessary addition to fulfill the vision and reality of a growing nursing program. As Northwest's visions begin to take shape, the school of nursing is crammed into the second floor of the Davis Administration building. Without adequate space and facilities for a lab in order to fulfill the needs of our ever growing population and program development, the school needed space to stretch.

The immense project started rolling this past summer, as the ground breaking took place the afternoon of June 21st.... And for a month or so after that most of the

...Continued on page 4

20,000 leagues under the library

By Kortney Thoma
Editor in Chief

When professor Debbie Pope sleepily wandered her way across campus to her office under the library, the last thing she thought she would find was her office under three inches of water.

On Tuesday, September 19th the library basement, where all the communications and English offices are, flooded due to a night of heavy rain and a faulty coupling in the new water supply, installed a few prior by the HSC construction crew. Immediately maintenance showed up and turned off the water and began the long and laborious process of pumping water out of the library. Provost Jim Heugel was also called in to help relocate the days classes which were moved all over campus, forcing



other classrooms to move in order to make room for others.

Following the mass exodus from the library, maintenance informed professors that more damage was done than previously thought. The carpet needs to be replaced in five offices along with the carpet in one classroom. The floor boards also need to be replaced and two offices need to be painted. So, one item at a time, professors began moving all their stuff out.

Pope found herself in a very precarious position: not only did she have to move her own office, but she also had to move Professor Julia Young's office since Young is currently on sabbatical. However, students helped move the belongings and the offices were quickly emptied. Now, all that's left is the cleanup efforts.



Photo by Kortney Thoma

Fans now dry floors and walls after extensive damage was done to the English department offices and classrooms when a whole night of rain and a faulty coupling in the new water supply, installed a few weeks earlier by the HSC construction crew, led to a flood.

The organic lifestyle:

The benefits and inconveniences of eating organic food brought together and evaluated

By **Katey Rees**
Staff Reporter

Organic eating is not about what items show up on your grocery bill, but rather about the lifestyle that you choose to live. In a society that is consumed with fast food, it is a phenomenon for shoppers to take the time to peruse through a mega food store for the smallest can of organic lima beans. However, it happens every day in masses.

Essentially, the organic eater wants to be healthy. They understand that the drive thru window caters high cholesterol, high blood pressure, and heart attacks. In addition, organic eaters have a health conscious mindset. They want to prolong their lives through responsible and nutritious eating. Organic fans know that long-term health means nutritional smarts.

A big plus for the organic community is the reality that going organic is the only practical way to avoid eating genetically modified (GM) foods. Besides avoiding genetically modified foods (food that has been fooled around with by mankind), researchers have found other health aiding tips.

Researchers from *Organic Food Co.* magazine have discovered that the average conventionally grown apple contains over twenty to thirty artificial poisons on the skin, even after rinsing! Researchers have also discovered vital ways to maintain your health, particularly regarding dairy and meat products. The secret: don't eat conventional dairy or meat products. What consumers may be unaware of is the truth that intensively-reared dairy cows and farm animals are fed dangerous cocktails. The main ingredients of these cocktails include: miscellaneous anti-biotics, growth promoting drugs, and anti-parasite drugs, given whether the animal shows symptoms of illness or not. Truth be told, those drugs cannot be cooked out and are passed directly onto the consumer—yuck!

All things considered, individuals who eat organically realize how good everything tastes, and the blessing food becomes to your body. An apple is no longer an apple; it's an A-P-P-L-E! Organic fruit and vegetables seem to have heightened natural flavors, which taste abso-



lutely fabulous, full of juice and luscious flavor. Eating organically allows individuals to reap the natural benefits of food, without having to think about their own mortality in the checkout line.

On the other hand, it is almost impossible to conceive that something so beneficial could have a down side, but there is one. Money. Eating organic is definitely a chunk of your check. An organic stock of celery at the local Albertsons is priced at \$3.99lb., where as the conventional stock is priced at \$1.29lb.

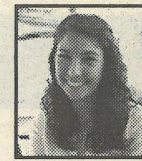
Another downside to consider is the lack of organic food store locations. Many local supermarkets only stock basic organic foods. Before the organic grocer Whole Foods moved into Bellevue, it was not easy to find organic items except at Trader Joe's and PCC. Despite World Market's arrival, shopping can still be tiring considering the organic experience of purchasing groceries. This experience can include, first, finding what you're looking for. Caution: be prepared to encounter many different varieties within the organic market. Second, you must block out some quality time to spend looking at the selection. With so many unique varieties to choose from, decision time lasts a bit longer. Factors such as price, nutrition facts, and quantity might need comparison. Third, store volume can be a hindrance to shoppers. If you are a quick stop shopper, organic superstores can be difficult. It is a bit complex to find an item quickly and navigate through dozens of aisles.

The final downside for organic eaters is found at the local restaurant. Eating out, an American staple, is not always organic friendly. With fast-food chains on almost every corner and mass restaurants throughout the city, organic friendly signs still remain sparse. For that reason, it is occasionally not as comfortable to be an organic eater. Nonetheless, organic loyalists make ways to order healthier options at their favorite restaurants.

I urge you to realize that the positive factors unquestionably surpass the minimal negatives regarding organics. Your body will be indebted to your preference to live life to its maximum capacity. Now it's up to you, live a zealous life—go organic!

College life to the fullest

Princess Decicco
Arts & Culture Editor



great place to buy an apple computer if you are in the market for one!

Also located in Bellevue and Kirkland are some amazing churches to

Iwould like to take this opportunity to allay some stress, relieve some pressure, and douse fear and anxiety for all you freshmen who are starting a new season of life. Before you find yourself crying in a corner because you haven't made any friends this week or running away to your video games because you're scared of the homework and professors, we need to discuss the element of community.

To begin with, you are now a part of the Northwest University bubble, which to be honest, has it's ups and downs; mostly ups since that is where God lives and we like Him. Secondly, you are a part of the Kirkland community, one that we can hopefully encourage to view our school in a more positive light than in past years. And thirdly, you are part of a community of believers, which is something to be excited about.

The Northwest bubble is what you might hear it referred to from time to time. The reason for this is because we like to play it safe.

We like our cozy warm dorm rooms, with all things familiar to us, which in light of a newcomer's situation is a very healthy thing to

develop...for a time. Becoming part of NU's community is actually pretty easy if you live on campus. There are sports events, chapel services, Pursuit night, campus ministries/clubs, floor events, small groups, cat sitting for Ms. Pope, and the ever-popular cafeteria. At Northwest there is always something for you to get involved in and always something new to create if you can't find what you are looking for.

Northwest University is located right on the border of Kirkland and Bellevue. You probably heard the term Bell Square within the first few days of being at NU. It's a mall. I like to call it Hell Square because it will suck the life right out of you after an hour and \$120 worth of wandering through its materialistic corridors. But it's a

which you will most likely want to check out a few before picking one to plant yourself in. You may be asking yourself: "Why would I want to find a church when I have to go to Chapel three times a week?" This is a very good question my friend, and the answer is this: remember that Northwest bubble? Well, after a while, you will want to get off campus. Your peers can only give you so much Godly wisdom until you just need some seasoned insights from some well-aged outsiders.

Another way to commune with the Kirkland area is to check out their events calendar either online or in the city newspaper. Throughout the year there are numerous triathlons, walkathons, marathons, and any-other-kind-of-thons that you can either be a part of or just watch. In the spring they usually have a farmer's market once a week and there are plenty of nanny jobs to be had. Getting involved in the community of Kirkland is also a great way to let God use

you in this small and worldly corner of the planet.

Speaking of planets and universes and the God who created them, you are also part of a bigger community that will one day take over

Your peers can only give you so much Godly wisdom until you just need some seasoned insights from some well-aged outsiders.

a very large amount of space. This is a Christian school and we do believe in Heaven. So besides a good education and a degree to prove it, you will also receive your Heavenly calling. Northwest is a place where God will speak to you, transform you, and equip you for the call He has put on your life if you let Him. In light of this bigger picture I would like to offer one last bit of advice. Do the best you can, enjoy what you learn, make amazing friends, and don't worry about tomorrow, for it will worry about itself. Take Christ everywhere you go and you will learn things money cannot buy. Welcome to your NU home!

The Talon Journal

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We encourage letters to the editor, though we do reserve the right to refuse publication of any anonymous or vulgar submissions. Letters can be sent to us at talon@northwestu.edu or delivered to our office in the Pecota Student Center.

A passion for Excellence

By Professor Daniel Rice
Featured Columnist

There are numerous pitfalls in this life, but they are often not the ones we take for granted; take art as an example. Here is an axiom that hits home about art because it is also true in all of life. First, "Bad art is bad religion."¹ One could just as easily say, "Bad living is bad religion."

Madeleine L'Engle explains this pitfall in her book *Walking on Water*, which I recommend to all believers whether they

craft. Shoddy products do not glorify Him. It is an embarrassment to His name, to His people, and to His kingdom. Excellence in our art is a benefit to God's Kingdom. Not that our pursuit of excellence should be an oppressive obsession, but it should rate pretty high on our list just the same.

First on the list, I think, would be submission to Christ, and then doing our best until we achieve excellence. It takes a long time to become good at something. Sometimes my painting students groan when I tell them the truth- that it takes thirty years for a painter to achieve their mature style, that is, to become a master. Many times, when people watch me paint people ask, "How long have you been painting?"

They know intuitively that it takes a long time to achieve one's goals.

We are in an age when genuine mastery is often despised because it takes time and lots of practice. I often hear the line, "I like to do abstract paintings better than realistic paintings," and it is true that abstract paintings can be lots of fun. People usually say this because they cannot

draw, and often do not want to take the time to draw. I have turned away students who would not learn to draw before they started to paint. They thought it was too hard; not worth their time. People want to make a "Grand Canyon," but they try to do it with a garden hose. It takes a mighty Colorado River to carve a Grand Canyon, plus time and persistence. It takes discipline in drawing to make great paintings, even if they are abstract. The difference is striking.

Often I hear pastors and youth workers say they want to use the arts to reach people for Christ, and I think that is truly exciting. However, they have one or two art events, usually poorly planned and quickly executed, and Christ gets a bad name because the art was—substandard. I think I agree with Madeleine L'Engle, "Bad

When our works proclaim that excellence matters, we are telling the truth, because we are demonstrating the kind of work done by our God.

are interested in the arts or not. When I first read L'Engle's comment, I thought, "Wow! That's bold." It took me by surprise. Ironically it was similar to what I have been telling my painting students for years.

At the beginning of each semester I often say, "Don't be fooled into thinking you can hide behind your paintings. When you put your brush to the canvas you are exposed to your viewers; regardless of your creative wizardry." A person's art reveals the person who does it.

Frank Lloyd Wright, the great American architect once said, "When you see an architect's work, you have him. You know exactly what kind of person he is."

This strikes me as true. Ironically, some of the rooves on Wright's buildings leaked, and *Falling Water*, his acclaimed masterpiece, is in need of serious repair.

Sometimes his ego overreached his ethics. There is a life lesson in this.

When a person paints, sings, leads worship, builds a house, takes an exam, or makes something, they reveal what kind of person they are. It is impossible to hide it. If they are shy, it shows.

If they are arrogant, or flippant, or an optimist, or a pessimist, it all comes to the surface in the things they make with their hands. Maybe this is why there will be nothing in heaven made with human hands – except, perhaps, for the scars on our Savior's body. You can always tell what kind of person you are dealing with by the quality and content of their work.

To some extent it is true that "You are what you do." We don't just speak with our mouths, we can teach with our works as well. When our works proclaim that excellence matters, we are telling the truth, because we are demonstrating the kind of work done by our God.

God wants our hearts to be pure, for sure, and a pure heart will produce work done faithfully, and with excellence. Our heavenly Father cares how we practice our

People want to make a "Grand Canyon," but they try to do it with a garden hose. It takes a mighty Colorado River to carve a Grand Canyon, plus time and persistence.

art is bad religion." I wonder if art were our only means by which to point people to Christ, what then would our art look like?

When any form of art is done in the name of a person's faith, it says volumes about their belief system, their theology, their person and their values. So, what is the difference between bad art and good art? How can we know, and how can we keep from promoting bad art, and thus "bad religion?" Good art is excellent! Whether it is Mozart or Rap, a landscape or an abstract painting, good art; art that is excellent, glorifies God best.

There is only one thing worse than bad art, and that is no art at all. Let us never go soft on this point. We are commanded in Psalm 33:1-3 (NIV) Sing joyfully to the LORD, you righteous... Sing to him a new song... play skillfully, and shout for joy.

Why pray for leaders?

By Starla Reynolds
Staff Reporter

Why pray for leaders you don't personally know and don't personally know you? A good place to start is to answer this question: why is this person deemed honorable enough to hold such a title?

We can take into account that what a leader should be and what some leaders really are, may conflict. For in the all knowing New World Dictionary, a leader is defined as: "a person or thing that leads; directing, commanding, or guiding head, as of a group or activity." This includes but is not limited to those leading in various areas such as in a school, a church, a nation, a community, or a political party. Presidents, government officials, school boards, church boards, ASB, etc. Most have been elected and have qualifications to hold their leadership roll.

Now that we've established what a leader is, where do you fit in? You are part of the group being led (whether you want to be or not; whether you have voted or not). Which brings us back to the question - why pray for our leaders? The most important reason is: they lead us. Whoever they are, they are making decisions for us, on our behalf, whether we agree or not.

It is important that we pray for those making decisions because whether or not we have the opportunity to speak directly to any of these leaders, to give our opinions in hopes of making a difference for tomorrow or simply changing the choices on the cafeteria menu, it doesn't really matter. What matters is: prayer! More gets done when we do less talking and allow God to move through us.

Even when our leaders are doing their best, they will still make good and bad decisions; they need us. Not so that we can get what we want out of them (i.e. that's not the important part here) but to hold them up in prayer for the stresses they deal with. Also, there will be leaders that are not honest or worthy of honor, in which case God can either move in them or move them out - He is powerful enough to do it. For



either category, praying is important because it deals with the heavenly realm, the spiritual. "For we do not wrestle against flesh and blood, but against principalities, against powers,

against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places" (Ephesians 6:12).

In prayer, we go to the One that has our best interest at heart. God will act on our behalf in those leaders. Only He can break bondages, heal differences, heal our land, and help our leaders to make right decisions. Only He can give wisdom and guidance, spiritual/physical strength, encouragement in leading, vision, and most importantly salvation (if they do not know Him or are not walking right with Him)!

Here are some key categories mentioned in the pamphlet "Pray for Our Nation, Scriptural Prayers to Revive Our Nation." (There is no author mentioned but the publisher is Harrison House, Inc.) It is important you know that each category heading ends with the words "of Our Nation" but in hopes of you seeing that these key categories can be universal, for all leaders, I will not include it: Prayer for the Leaders, Prayer for Social Welfare, Prayer for Safety, Protection, and Prayers for Spiritual Growth. This is not an exhaustive list and you should ask God to help you pray for other areas He sees a need for prayer in.

If you leave this article with anything, my hope is that you will know that prayer is not your obligation, or an option, but it is your duty. Especially to pray for your leaders!

It comes straight from God Himself in 1 Timothy 2:1-4 "Therefore I exhort first of all that supplications, prayers, intercessions, and giving of thanks be made for all men, for kings and all who are in authority, that we may lead a quiet and peaceable life in all godliness and reverence. For this is good and acceptable in the sight of God the Savior; who desires all men to be saved and to come to the knowledge of truth." Our leaders have power and we have power in prayer.

Remember why you're here

By Jeanell Russell
Campus Life Editor

During this academic school year you may ask yourself, "Why am I here?" As a junior, I have asked myself this question many times. Attending a university is a challenge, but it is well worth the work.

The question of "Why am I here?" will happen - when homework is always on your mind, when relationships are not going so well, or when your car breaks down on your way to work. Just remember, everyone will feel discouraged once in awhile. Find strength in the Lord and a good friend, who will encourage you over coffee or in prayer.

Indeed, you are here for an education and for a future career, but you will gain so much more. You are here to learn about who you are in Christ and the purpose He has for your life. Through the challenging times, you will learn a lot about your strengths, your weaknesses, and your passions. Don't forget what Jeremiah 29:11 says, "For I know the plans I have for you,"



declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." College is a stepping stone for

discovering who you will become and how you will affect the world for His purpose.

Take advantage of your experiences here. Participate in activities and get to know people. If you like sports - join one of the many sport activities provided. If you like to write - join the Talon Journal and express yourself in writing. If you enjoy singing - join the choir. There are so many opportunities for getting involved at Northwest University and for years to come you will cherish the special memories and friendships built from those experiences.

Northwest University will change your life. You will receive a great education, meet new and long-lasting friends, and develop into the person God created you to be. So, when the question is asked: "Why am I here?" Don't feel dismay. Remember your hard work will be rewarded. Remember Psalms 20:4, "May He give you the desire[s] of your heart and make all your plans succeed."

Housing Director resigns

By Kortney Thoma
Editor in Chief

With a tear in her eye and a far off look



full of memories and joy, Community Life and Student Development

Director Bethany Engelsvold laments the loss of one of Northwest's most precious employees. "Casey is a true friend and has spent four years deeply caring for the students on campus. I feel privileged to have worked for her and I will miss her. It truly is a great loss to lose her."

Casey Hamar, Director of housing and former RD for the women's dorms, is leaving after four years of service at Northwest University. Hamar served as RD for two years and housing director for two years. However, now in her fifth year, Hamar has found her future headed down a different path. "I've decided to go in a new direction. I was looking for a job like marketing that would let me do something a little more creative."

Hamar received her BA in communications and public relations with a minor in

music from Eastern University. She also has her MBA which Hamar acquired while working here at Northwest University. She is currently negotiating the terms of employment with a recent job offer. The availability of Hamar's housing position was made public on September 19th.

As Director of Housing, Hamar has been responsible for placing students in all campus housing facilities (FIRS, duplexes, apartments, and dorms), making the placement system more efficient and effective, and the maintenance of said facilities.

Of her last four years, Hamar says, "I've really enjoyed the interaction I've had with the students and the relationships with other employees. I'll really miss the people I work with."

"Casey has done a lot to try to increase the quality, standardize, and bring an increase in customer service orientation in the housing department. She is a very dedicated and wonderful person to work with and I'm very sad about [her leaving]. She has gone in and painted dorms, made the housing draw more effective, and really has a heart for the students. She will be sorely missed," says Engelsvold.

...HSC update continued from front

New additions: hard hats and a crane

work being done was all prep work/staging. Fast forward to late September and we can actually view the progress that's taking place day to day; concrete has been poured and walls and columns are going up. By all estimates, in August 2007 the building will be complete.

To get a feel for what's in store, the floor plans are as follows: first floor will be home to a much needed 120 student size lecture hall, academic and lab space designed to serve chemistry, physics, biology, geology and ecology, and not to mention a grand stair case in the plaza providing a neat entry to the second floor; the second floor will be home for the Mark and Huldah Buntain School of Nursing, with adequate space for faculty, both large and small rooms specifically designed for the nursing program and group work, cool lab rooms simulating real-world hospital situations and many more notable at-

tributes.

Construction crews laid the first concrete on September 12th and are currently working on the building's foundation. Crews have also begun building the eastern walls of the structure and are working on the new parking lot and loop road just north of the Ness Academic center, next to maintenance. Workers are also doing electrical work under the center's foundation and are putting the sanitary features in place for the sewer system.

The total budget for the HSC is \$18.1 million, while the school has currently raised \$4.4 million. If you would like to make a donation to the HSC, you can make a gift of \$200 plus which will guarantee your name and a short message on a brick located in a donor's wall.

If you would like more information on the new HSC, visit the school website at <http://www.northwestu.edu/hsc>.

NU professor in tight race for state legislature position

Submitted by The Friends of Erik Fretheim

The political season is heating up like Shawn Kemp in the early 90's video game "NBA Jam." For those of you who have no idea what I'm talking about, let's get down to the point. Erik Fretheim, a professor in the NU masters program, is currently the Republican candidate for what some have tabbed "the most important state legislature race in this election cycle."

Some of the key issues surrounding this election are transportation, education, and legislative responsiveness. Fretheim says, "We need to focus on making improvements that will allow us to drive on our roads, not spending billions of dollars on massive projects that make no economic sense" referring to the \$4 BILLION dollar light rail system currently proposed by Sound Transit.

Erik is calling on all Northwest students to assist him in defeating the

incumbent, Judy Clibborn, come November. Clibborn has openly taken positions supporting abortion, restoration of voting rights for felons, and increased government spending resulting in higher taxes. Fretheim states, "We need a legislature that listens to the people. This means not raising taxes at every opportunity available. In particular we need to avoid bad taxes, such as the Real Estate Excise Tax. This proposed tax would cost nearly \$30,000 for the median home sold in the district."

To assist him in the campaign for state legislature, Fretheim called on Northwest University student and WCRF (Washington College Republicans Federation) President Evan Kirkpatrick. "Serving as the campaign manager for Erik has been one of the greatest experiences of my life. This is a man with solid character and morals who is highly qualified for this position," states Kirkpatrick. He continues by explaining "It is extremely urgent that we, as NU students, understand the direct implications this election will have on ourselves, our friends, and families."

Radio station soon to debut



Photo by Kortney Thoma

DJ and music editor, Tia Troutman edits and rips music late at night in preparation for the radio station's debut.

By Amber Coxen and
Kate Dartnall

Talon editors

The last time Northwest University's radio station was working, it was set up in the Pecota Student center and it reached as far as the tree out front.

The radio's new home, complete with working equipment, space, computers and software, is in the basement of the library.

Gregg Neilson, adjunct professor of communication will oversee the new station, AM 1500 KCNU and the students enrolled in the Radio Station Workshop will run it.

According to Northwest Professor of Communication, Gary Gillespie, Neilson recruited engineers to help in the new upgrade and hopes to give DJs the chance to produce shows that can be uploaded to a page that features aspiring hosts for employers to search.

"Neilson is a highly qualified instructor and knows all about the most recent technology," says communication professor, Gary Gillespie.

When Gillespie came to Northwest in 1985, the radio station, formally known as KCNC, was a popular activity with more than forty students involved.

"The equipment was World War II era, with vacuum tubes for many years and

LPs were standard. The station sent out a signal one mile around campus, but on rainy days reached across the lake and even occasionally heard across the state," remembers Gillespie.

In 1997, Gillespie spent hours trying to rebuild equipment that a local station gave to Northwest when they went out of business. The station ran for several years, yet the quality of the signal was the biggest problem. Not enough people were listening and the signal didn't reach far enough.

"The administration invested in new technology to help train students in internet communication and provide the funding that we needed to upgrade to the 21st Century," said Gillespie.

Now students have the capability of reaching several thousand listeners over the internet and picking up the signal on the radio around campus. Currently, Neilson is accepting suggestions for the Web address, since it has not been decided yet. The winning submission will receive a six pack of contemporary Christian music cds.

"With our new studio, we hope that the KCNU Internet Radio will be a boost for a possible Media Studies concentration. Knowing the hands on experience, is what employers are looking for," said Gillespie. "We will be training future computer intergrated communication professionals to advance the mission of the University, to produce servant leaders who can have an impact on our culture."

Erik's Background

Fretheim is the Co-founder and CEO of Baseline Evaluations, a company which evaluates the effectiveness of instruction by observing teachers, professors, and instructors in the classroom. Previously, Fretheim founded and was Managing Director of an international business acceleration company, as well as Chief Technology/Chief Information Officer for five other local and international companies.

Military Service

Fretheim is a graduate of the United States Military Academy at West Point, NY, where he has also been a faculty member since 1991, currently as a member of the US Army Reserves with the rank of Lieutenant Colonel. In addition to teaching, Fretheim's military service recently included a tour of duty in Baghdad where he was responsible for the design and installation of the command, control, communications and computer systems for the new Iraqi government and police.

Education

Fretheim has received Master's and Ph.D. degrees in Electrical Engineering from the Air Force Institute of Technology, as well as an MBA in International Business from Long Island University, NY.

Family & Community

A proud father of five children with his wife Karin, a nurse at Overlake Hospital, Fretheim's longstanding community service has made its mark in a number of areas. Fretheim has faithfully served as a long term leader with the Boy Scouts and Girl Scouts, as well as being active with the local schools, including serving on the Newport Band Booster's board, and with his church. Erik resides in the Mounthaven neighborhood of Bellevue.

For more information on how you can get involved with the Fretheim campaign or WCRF, please contact Evan on the campaign line at 206.734.6476. Visit www.erikfretheim.com for information on current issues.

Illegal Immigration

A student's perspective

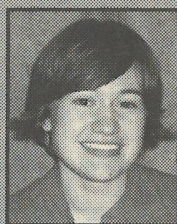
Should the U.S. charge undocumented workers with felonies?

Sophomore
Kevin Botterbusch



“ Obviously it would depend on what they did with them following the charge. My preference would be that they aren't jailed here because then we'd have to pay for them and no one's really happy about that idea. It's necessary for upholding our laws. If we say that it's illegal and we don't do anything about it, then it's kinda conflicting. ”

Sophomore
Maria Pratt



“ If they aren't US citizens, then why would they be sent to prison? It's hard because I understand why they want to come in but at the same time I understand why the government doesn't want so many coming in. I think we should give them an opportunity for a worker permit. I don't think we should just send them all home. ”

186,151: Illegal immigrants formally removed from the US in 2003 (1). **887,115:** Illegal immigrants who voluntarily left the US in 2003 (1). **1,279,923:** Illegal immigrants caught by boarder patrol in 1997 seeking employment (2). **3,500-5,500:** Estimate number of Latin Americans trafficked into the US annually (3). **71 %:** Estimated amount of illegal Mexican immigrants who couldn't speak English when they first arrived (4). **26 %:** Estimated amount of other illegal immigrants who couldn't speak English when they first arrived (4). **9,300,000:** Estimated number of illegal immigrants residing in the U.S. in 2002 (5).

(1) "Table 41. Aliens Expelled by Field Office, Fiscal Year 2003," in 2003 Yearbook of Immigration Statistics, US Department of Homeland Security, Office of Immigration Statistics, September 2004.

(2) "Table 38. Principal Activities and accomplishments of the Boarder Patrol, Fiscal Years 1997-2003," in 2003 Yearbook of Immigration Statistics, US Department of Homeland Security, Office of Immigration Statistics, September 2004.

(3) "Estimated Number of People Trafficked Anually into the U.S. by Region," in Assesment of U.S. Government Activities to Combat Trafficking Persons, U.S. Department of Justice, June 2004.

(4) "Mexican immigrants: a profile." Steve Farkas, Ann Duffett, and Jean Johnson, "Mexican Immigrants: A Profile," in *Now That I'm Here: What America's Immigrants Have To Say about Life in the U.S. Today*. Public Agenda, 2003.

(5) Ruth Ellen Wasem, "Figure. 1. Estimates of Unauthorized Aliens Residing in the United States," in *Unauthorized Aliens in the United States: Estimates since 1986*, Congressional Research Service, Library of Congress, September 15, 2004.

Home is where the heart is An illegal immigrant's quest for a better life

By Chelsea Greier
Staff Reporter



my home."

Anytime you ask Jose about Mexico, his face lights up and his heart is exposed. Even though Jose has been in the U.S. for almost half his life, he has

You're the eldest boy in your family, at 15, growing up in Mexico, and as a family you've always had enough money to get by. Suddenly, your father passes away and you unwillingly become the sole provider for your family. You must work, but there's no work. Your family is desperate and your only thought is: "I need to earn money somehow and it must be consistent." And so, your only option is to go elsewhere—north to the United States. Unfortunately, it's illegal to just go to another country and work, even if you are desperate.

This scenario is not uncommon and indeed, is a true story. Illegal immigration into the United States has become a controversial topic. Esther Pan, who writes for the Council on Foreign Relations (CFR.org), discusses two different bills proposed by congress for reforming immigration. The bill from the House of Representatives calls for tougher enforcement laws, like cracking down on employers who hire illegal immigrants and tougher control at the U.S.-Mexico border. In

contrast, the Senate's bill suggests easier pathways for illegal immigrants to gain citizenship. These two bills produced the Border Protection, Antiterrorism, and Illegal Immigration Control Act

(HR 4437), passed in December 2005, which proposes building a 700 mile fence across the U.S.-Mexico border and charging undocumented/illegal workers with felonies. The bill also declares humanitarian groups who help illegal immigrants in any way guilty of criminal acts. The second act, the Comprehensive Immigration Reform Act, was passed in May of 2006. Focusing on the integration of illegal immigrants into society, it proposes giving illegal immigrants living in the U.S. (for more than five years) an opportunity to apply for citizenship and reduces the size of the border fence proposed in the first act to 370 miles.

There is a significant gap between those who believe in exclusion of immigrants and those who wish to integrate them into society, however, no piece of legislation will ever account for the real life story of the illegal immigrant. Jose*, a cook at a local restaurant, shares his story about life in Mexico, as well as his life in the U.S. This is Jose's story:

Jose Ramirez grew up in Mexico. His father died when he was 15; at 16, Jose crossed the U.S. border illegally in order to work and make money for his family. He has been here in the U.S. for eleven years, living most of the time in the Seattle area. The one thing Jose will always tell you is "Mexico is

always considered it a waiting period. His sole purpose for being here, he explains, is to "earn enough money so he can return to his family."

Jose's first time across the border eleven years ago was not as hard as many of us may think it was. He simply hid in the bushes near immigration and somehow made his way around undetected. Although he had one easy trip to "the other side," his other trips across the border and back were not so easy. Jose was put in jail numerous times for attempting to cross the border among other things such as drugs and crime. However, he says, "I had no choice; I just had to keep trying."

Finding a job for Jose was also not as hard as some of us may think. He obtained a fake social security card which "works just like a real one," he says.

Jose explained that more often than not, they would hire him for certain jobs rather than hire workers of other races because employers considered his race to

"I'm just waiting to return to Mexico, to begin building a new life for my family and children."

be the hardest working. He also says, "The good thing

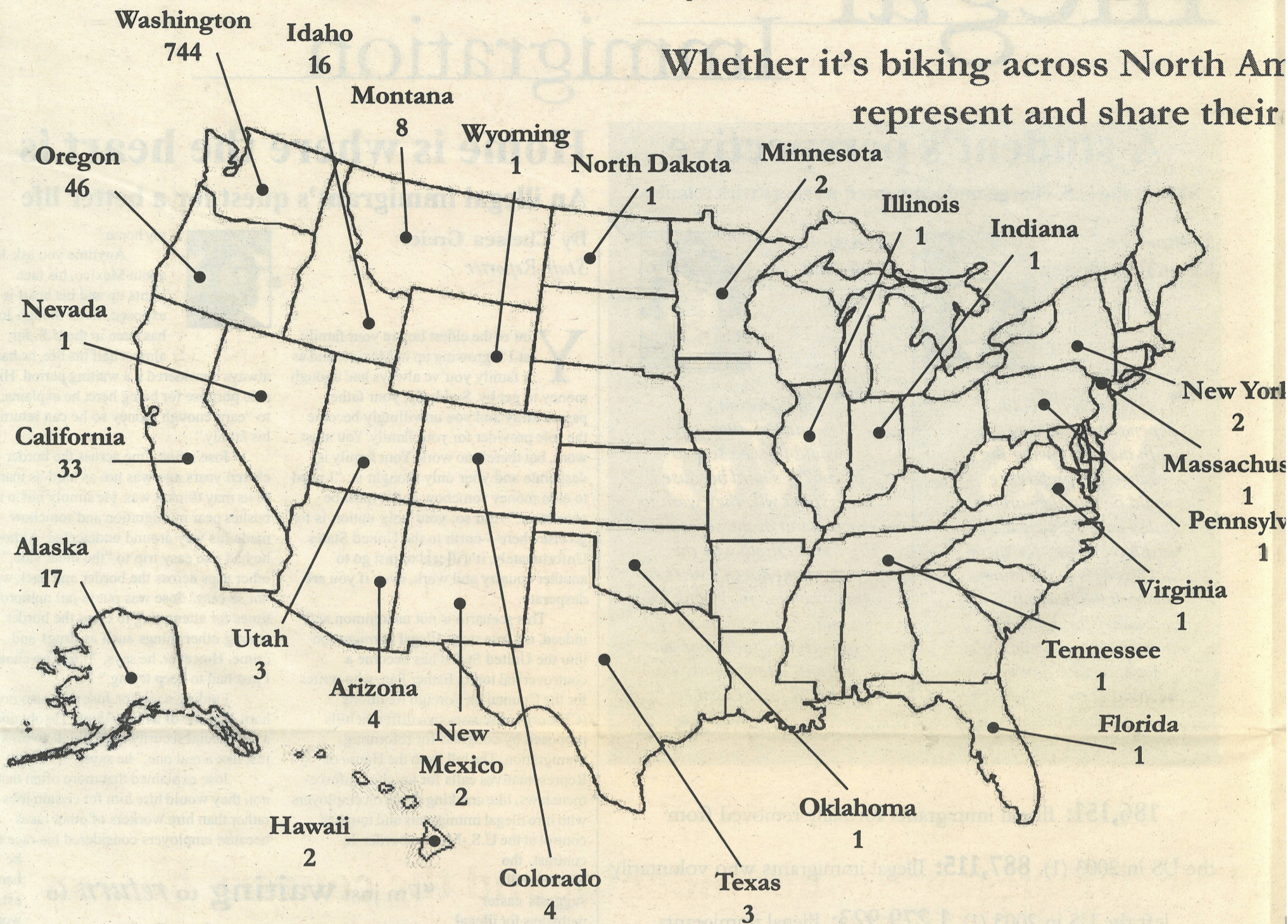
about here is that you are more free to do what you want to because you have more money to do things."

While in the states, Jose met an American woman, Sarah* and had two children together. He even holds pictures of them in his wallet. When the romantic relationship fell apart a year and a half ago, Jose felt compelled to take his children to live in Mexico with his mother, brothers and sisters. This is the last time he has been to Mexico or has seen his two children. "I'm just waiting to return to Mexico, to begin building a life for my family and children. I did what I came here to do; when I have earned money for my family and I will return. I have to save a lot of money before I go back to Mexico because I want to start a family with my kids. I want to make a better life for them."

Jose dreams of running his own farm, a reality began by his family many years ago. When he returns, he hopes to plant crops of tomatoes and raise cows and chickens in order to give his children the quality life every parent desires for their kids. But until Jose makes enough money, his dream will only be a dream and he will wait and save until the time comes for him to go home.

*Names have been changed

MANY FACES



From Africa to America: crossing a cultural divide

By Susan Tamfu
Staff Reporter



God for lessons they taught me.

Though I had spent my summers in Washington visiting family with my mother, I still experienced a lot of culture shock my freshman year at Northwest University.

I think what is most frustrating, is the way people in our school and the rest of society interact. In Cameroonian society, and most foreign countries for that matter, people are very open and uninhibited in their relationships. As a result, they tend to jump more quickly into deeper levels of relationship - levels involving vulnerability and blunt honesty as pertains to feelings, convictions, opinions, as well as life struggles.

One of the things you find that most missionaries tend to love about Africa- the people are always generous with the little they have, be it their time, food, or friendship. It was difficult for me to accept the fact that friendships worth your while in the States are not made in a day, or to learn that most of the time people don't really want to know when they ask, "How are you?"

People often ask me if I miss Cameroon or whether I like it here. I always reply, of course, there are things that I may miss but there are certainly things that I am glad to have left behind.

Being racially mixed with a Caucasian-

American mother meant that I was never fully accepted as a true member of African society. Where American children learn to sing songs about itsy bitsy spiders, young Cameroonian children would line up alongside me and sing songs that mocked my characteristic lighter complexion and curly hair. In a way it's comical; here in the States I would be labeled as black or African American, whereas in Cameroon I was always ostracized as a "white woman." In some ways, it's quite the pendulum effect. Not a day went by in high school that did not bring some sort of racial slur my way. I will always remember the day, for example, that someone called me a "damn half-breed" to upset me after my partner and I won a basketball skirmish. It hurt that no matter what I did or who I was, the shade of my skin would always be what defined me in their eyes.

As much as I love the land of my birth and its people, being in the U.S. has been my first year of freedom from the constant misery of it all. Sometimes when the memories bruise me, I silently promise myself that I cried the last tear long ago. In the melting pot of America, I'm free to define myself by what truly matters, and for that I'm thankful.

How do you summarize a life story as different as mine? You can't really. There are just too many facets that come into play. I only hope through this article to communicate that just as my story is probably quite different from what you expected it to be.

The dynamics of Africa and other foreign nations aren't as straight forward as you may understand them to be. If this article presented a perspective on Africa that surprised you in any manner, permit me to suggest that most foreign students, missionary's kids, and American's who simply grew up overseas like myself, all have equally interesting things to share with you.

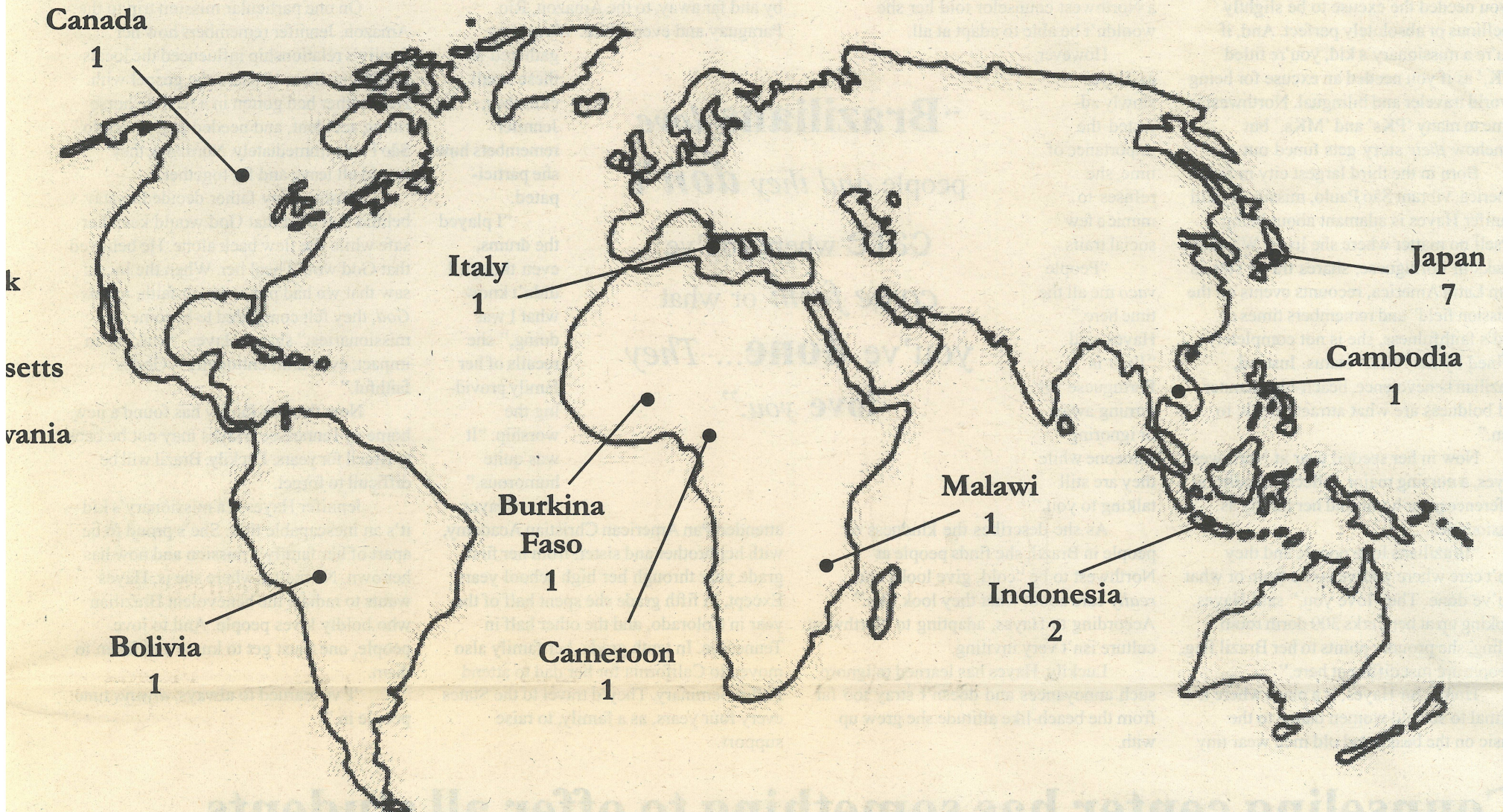
I find the general lack of interest in stories like mine slightly disheartening, especially in a school with such a focus on missions. I encourage you to approach people like my Japanese roommate Aya Uchimura whose stories and perspectives keep me listening into the night. What about Burkina Faso native, Daniel Ouedraogo, who has truly gone through "the valley of the shadow of death" in his war-torn experience of Africa? Have you ever heard his amazing testimony? Do you know Rachel Ellis or Bethany Shaw whose families were missionaries to Argentina and Chad, respectively? I encourage you to learn more about a world that in its wealth of cultures and diversity ultimately reflects God's image and majesty.

I've come to find, the word "Africa" does not usually solicit pleasant thoughts in the mind of the average American. Sometimes I can almost see it flash in people's eyes when we first meet - images of poverty, war, and an unenlightened people cursed to live in a land as dark as their skin. Growing up in the peaceful, central West African nation of Cameroon, in a racially and culturally mixed home, I have quite a different story to tell; one of the beauties of a web spun with the silks of two very different worlds.

When I think of home, I remember the simple joys of a childhood: dangling from guava trees, talking to toads in the garden, blinking in awe at the fiery setting sun wrapped in red clouds of Saharan dust, and falling asleep to the lull of distant drums. I remember bonding with my African father from the security of his shoulders, as we watched the capture of a crocodile just outside our house. I remember my fearless American mother trying to convince me to be brave and eat "mungwi" (fried grasshoppers) or praying as I shivered with malaria. But most of all, I remember the people of Cameroon so full of color and joy in life in spite of regular hardships, and I truly thank

S / many places

merica or living a life spanned across to continents, students at Northwest
many ideas and cultures from across the states and the world.



Bike Diaries: how one student found the country he lives in

By Kate Dartnall
Assistant Editor



For most college students, summer constitutes working, beach going, family visiting, movie watching, camping and maybe even a few concerts or fairs. And by the time summer fades and fall emerges, acquaintances begin asking fellow acquaintances, "How was your summer?" While most of us answer the robotic, "Good, how was yours?" one Northwest student can honestly say, "You have no idea."

Josiah Thalsofer and younger brother Adam biked together across the northern American border—stretching from Anacortes, Washington to Bar Harbor, Maine—in just six weeks this past summer. Undoubtedly, their trip was more than just 3,877 miles of road and flat tires. It was, and will forever represent, a path of perseverance and a journey of brotherhood.

The trek originated Christmas break 2005 when, after having talked about someone they knew that had completed the trip, Josiah and sixteen year old Adam said to each other, "Let's do it."

"I really wanted to get to know my brother. It was just us. And taking this trip together, made it so much easier," Josiah shared. "It was a huge maturing experience."

Applying, what Josiah calls, the "two of everything rule" to clothing, toothbrush, floss, rain jacket, sweater, leatherman, tent and sleeping bag, seems hardly enough to travel through thirteen states and seven mountain passes.

plan how much money to bring," he added. Their home church, Vashon Island Community even helped raise funds by hosting a potluck dinner.

The cost of food, the once a week

hotel lodging and bicycle repairs totaled \$3,000.00 for the entire trip. Their diet consisted of brown water, Gatorade, whole wheat bread and McDonald's food. (This array of food would cause them to experience fever chills and dizziness.) The six days per week that they weren't in a

hotel, the Thalsofer brothers camped in people's back yards and pastures. (They just knocked on doors and asked.) Josiah got a total of 19 flat tires, while Adam only got 3 for the entire trip. For entertainment, they sang Phantom of the Opera and Christmas songs to each other. For all practical reasons, they even made it to church every Sunday.

The Thalsofer brothers, unprepared as they were, quickly met opposition on the way.

"What a wake up call," Josiah said

"You can't prepare for a trip like this," said nineteen year old Thalsofer. "The only plans were to get back before our brother Nathan left for the Air Force Academy, to leave on May 14th, and to

recalling their first day on the trip. Just 73 miles east of Anacortes, Josiah got into an accident and could barely repair his bike enough to continue riding. However, to meet their goal of making it over two Washington mountain passes, he persevered.

After staying their first night in a pasture, they rose early to cross a 60 mile Washington pass. It was then that Josiah and Adam asked themselves "Why again, are we doing this?"

"On the mountain passes, we had

good days and bad days. Some days we did fine, and others, I'd actually stop and kick my bike," Josiah recalled. "We'd have mental breakdowns, but we kept each other going."

The brothers later rose to meet nature's challenges in North Dakota, where they were blown off the road by wind and

in New York where they faced never ending hills and 100 degrees of torturous humidity.

"We met amazing people along the way," Josiah said. "Regardless of the water gun squirting in Detroit, the twenty year old cussing out the window of his truck and a Vermont woman threatening to shoot them," he added.

Just outside of Seneca Falls, New York, Josiah and Adam had stopped for church. Later that day, Josiah's tire blew out and to their great fortune, a man from church drove

by and stopped to help. The man ended up providing the upfront costs for the tire, gave them food and hospitably let the brothers stay with him.

However, not everyone was open to helping the Thalsofer brothers.

"This wannabe Rambo and his wife threatened to shoot us, and made us show our IDs," Josiah recalls the night in Vermont that they stopped at 11 p.m., after having ridden along great, long stretches of road in the middle of nowhere.

"It was a little absurd. But, they let us stay there and it was the safest place to sleep with quick draw McGraw 25 feet away."

When Josiah and Adam reached Bar Harbor, Maine on June 24th, they took pictures, flew into JFK airport two days later, and flew stand by for the next three days later back to Seattle. They even made it home to say goodbye to Nathan.

"We learned patience, perseverance and that God is faithful, especially when we needed bike parts," Josiah said. "I also realized the importance of friends, family and your own bed."

When Josiah arrived home, he immediately started running four miles per day to prepare for a race and began working construction.

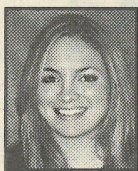
If you haven't asked Josiah about his summer, you may just think he's another "good, how was yours" robot, when in fact, his summer consisted of an experience we may never fully understand.

"After a while, everyone will forget we did this. And it doesn't bother me. Adam and I will always remember it between the two of us."



From Brazil to the bubble: the life of a missionary kid

By Kate Dartnall
Assistant Editor



It's inevitable—our lives will always be connected with our parents. Especially in the Christian community, we are often defined by them. If you're a pastor's kid, you're labeled with the impressive 'PK,' as if you needed the excuse to be slightly rebellious or absolutely perfect. And, if you're a missionary's kid, you're titled 'MK,' as if you needed an excuse for being a world traveler and bilingual. Northwest is home to many 'PKs' and 'MKs,' but somehow *their* story gets tuned out.

Born in the third largest city in South America, vibrant São Paulo, missionary kid Jennifer Hayes is adamant about being herself no matter where she lives. While she speaks in Portuguese, shares travel stories from Latin America, recounts events on the "mission field" and remembers times of God's faithfulness, she is not completely defined by her "MK" status. Instead, Brazilian benevolence, beach-like manner and boldness are what attract people to "Jen."

Now in her second year at Northwest, Hayes, a nursing major, reflects on cultural differences, her home and her family as missionaries.

"Brazilians love people and they don't care where you've come from or what you've done. They love you," said Hayes. Looking up at her Perks 300 dorm room ceiling, she proudly points to her Brazil flag. "People are just different here."

Home, for Hayes, is a place where it's normal to see old women dance to the music on the beach and old men wear tiny

things, where decent people go to clubs and dance as tradition and drink beer with meals, where women define feminine and do not burp or spit. It's even socially appropriate to

show up two hours late or not at all for scheduled events.

When she first arrived, it's no wonder a Northwest counselor told her she wouldn't be able to adapt at all.

However, as Hayes slowly adjusted the importance of time, she refuses to mimic a few social traits.

"People *vaco* me all the time here," Hayes said. "*Vaco* is Portuguese for turning away or ignoring someone while they are still talking to you."

As she describes the kindness of people in Brazil, she finds people at Northwest to be "cold, give looks and *really* care about what they look like." According to Hayes, adapting to Northwest culture isn't very inviting.

Luckily, Hayes has learned to ignore such annoyances and doesn't stray too far from the beach-like attitude she grew up with.

"Brazilians love people and they don't care where you've come from or what you've done... They love you."

"Growing up in São Paulo was wonderful," said Hayes. "And I have a great relationship with my parents."

Her American parents met and graduated at Lee University in Illinois, and moved to a missionary training center in São Paulo where they began their family. On weekends, the family would travel, often with student interns from Lee University, to plant small churches. They traveled close by and far away, to the Amazon, Rio, Paraguay and even Chile. When they

gathered at these small churches, Jennifer remembers how she participated.

"I played the drums, even though I didn't know what I was doing," she recalls of her family providing the worship. "It was quite humorous."

Hayes attended Pan American Christian Academy, with her brother and sister, from her first grade year through her high school years. Except, in fifth grade she spent half of the year in Colorado, and the other half in Tennessee. In tenth grade, her family also moved to California for her dad to attend Fuller Seminary. They'd travel to the States every four years, as a family, to raise support.

While at Pan American, she participated in a variety of activities like going to the movies, shopping and playing sports. According to Hayes, no matter how busy the family was, they always made time for each other.

"My dad made it a priority to be there for my sister, brother and [me]," said Hayes. "He was never too busy to miss my games."

On one particular mission trip to the Amazon, Jennifer remembers how her family's relationship influenced the locals they came there to share the gospel with. Her mother had gotten in a terrible horse riding accident, and needed to fly back to São Paulo immediately. Normally, they would all leave and fly together.

"Instead, my father decided to stay behind and trust that God would keep her safe while she flew back alone. He believed that God would heal her. When the locals saw that we had put so much faith, in *this God*, they felt compelled to become missionaries," shares Hayes. "Making an impact, even unintentionally—God is faithful."

Now that her family has found a new home in Tennessee, Hayes may not be back to Brazil for years. Luckily, Brazil will be difficult to forget.

Jennifer Hayes is a missionary's kid—it's an inescapable title. She's proud to be apart of her family's mission and now has her own. No matter where she is, Hayes wants to radiate the benevolent Brazilian who boldly loves people. And to love people, one must get to know and listen to them.

"I've learned to always, *always* tune people in."

Counseling center has something to offer all students

By Kortney Thoma
Editor in Chief



"One year I was afraid to go home for Christmas. My father was being physical before I left for school and I didn't know what to do. I was afraid that my dad would abuse me. I was so high strung that I was looking for any help I could get," said junior Sabrina Neal, as she remembers her initial reason for walking into the counseling center, seeking answers, desiring advice.

Neal is not the only student utilizing Northwest University counseling center. In fact, 50-60 students take advantage of their services each week for numerous reasons: personal growth and development, abuse and trauma, anger management, marital, pre-marital and pre-engagement counseling, substance abuse, depression, life transitions, and even cultural issues.

After hearing stories of other students using the counseling center last semester, I too, started to feel like it had something to offer me. My first trip to the counseling center couldn't have come at a more perfect time; I visited the center while processing this article.

Let me tell you my experience.

In the week leading up to my impending appointment, I went through many fears about actually going to the center. *What would we talk about? What if I didn't want to talk? Can I really put complete trust in the hands of someone I don't know? What if they judge me for the things I've done?*

Neal felt similar in many ways.

"I saw [a counselor] in high school,

but it's better here because I'm in college and [the counselors] are more open to accepting that I have real issues as opposed to high school where they would just think I was an overly dramatic teenager with nothing wrong."

Eventually Neal found herself surprised by the confidence she could keep with her counselor.

"They accepted anything I told them. I suggest going to the counseling center because it's better than just talking to your peers or even your best friend. If something came up like having sex before marriage, I wouldn't want to tell my friends but rather someone who wouldn't tell anyone."

Neal's right. Nothing will ever be repeated outside of your appointment. All of the counselors at the center are bound by legal contracts with the Washington State administrative code. At the time of your first appointment, both you and your counselor will sign a contract agreeing that no information can be released without the counselee's written permission or a court subpoena for the records. Should the student disclose that a minor is being abused or neglected, or if the student presents a danger to him/herself and/or others, the counseling center maintains that they are legally and ethically mandated to release information.

My biggest fear before going to the center was primarily that something I said might be shared. However, Neal makes a great point: *who better to trust your secret thoughts with than someone bound by law to secrecy?*

I think that fear stemmed mostly from

ignorance about who the counselors are. I had heard once that the counselors were interns, and I began wondering if they were from the Northwest Grad Psych program. Upon my visit, I learned that two of the counselors already have their masters degree and three are interns from SPU and Mars Hill.

Even though some of the counselors are interns, Neal maintains that it doesn't mean they aren't good. All of Neal's counselors have been interns.

"In the beginning it wasn't great, but I had a different counselor and she didn't really dive into what was going on. The second lady helped me uncover what was really happening in my life and helped me deal with all of it. My current counselor is doing what the second did, really helping me."

My appointment was with Sara Davison, a part-time counselor with her master's degree. She greeted me at the door with a couple sheets of paper to fill out—including a confidentiality agreement—and brought me to a little cubical-like room in the back of the office. As I sat down I wondered whether the walls were sound proof, but then I realized no one cared that much about listening to what I had to say and I gave up being nervous.

Davison helped me get over that too. The first thing she said was, "Well, I don't think it's quite fair for me to ask you to share everything about yourself when you don't even know me, so I'm going to tell you a little about myself for us to begin."

She went on to tell me little things about her life, such as how she is an NU alum, and how she met her husband her very last week of school. It was primarily

small chat, but I did find it comforting in some weird sense. I wasn't expected to share everything about my life on that first visit either, which was nice. All I did was share my testimony—it was the second time that day, so it wasn't a big deal. Before I knew it, I was saying good bye and agreeing to meet with her for another session next week.

Did I have any ground breaking experience? No, but I realized as I left that I didn't have to, and I think that's part of how the counseling center can help just about anyone. If you just need someone to talk to, the counseling center is there. A friend of mine who has counseling sessions weekly once said, "It's kinda nice having one hour a week with someone who is completely focused on you and you can talk about anything you want to talk about." That's pretty much what my session added up to, but it doesn't mean nothing will come out of it.

If you are looking for someone to talk to, the Counseling and Career Center is located just outside Perks lounge. Services are free for currently enrolled students but alumni are charged a fee. Appointments are typically 50 minutes long and the center welcomes any requests for a specific counselor. Evening appointments are available on a first-come first-served basis. Office hours are from 8 AM – 9PM Monday and Wednesday, and 8 AM – 5 PM Tuesdays and Thursdays; Friday office hours vary. You can reach the counseling center at extension 5282 (889-5282 for off-campus phones) or you can stop in at any time to schedule an appointment.

College: a family affair

By Jeanell Russel
Campus Life Editor

Imagine for a second going to school with one of your parents. I understand that some students may cringe and many welcome this opportunity, but for the Hall family this was a divine appointment from God.

The mother, Patricia "Patti" Hall is currently a student in the L.E.A.P. program (Leadership Education for Adult Professionals), completing her junior year and getting a B.A. in Business Management. Her son, Bradlee Hall is currently a student at the main campus. Brad is getting his degree in Business Accounting and Finance. Even though mother and son have not taken classes together they will be walking down the same carpet to receive their diplomas in 2008.

Their story starts in the fall semester of 2005 when Patti began the L.E.A.P. program, as Brad was going to University of Washington.

Patti said, "Once I began attending NU, I discovered all that it had to offer: excellent courses, a Christian atmosphere, and caring and committed professors."

One fall semester, Brad began feeling a divine call to change his life and decided to join his mother at Northwest University in January 2006.

"I felt God was calling me to attend a Christian College... After much consideration and prayer I felt God was leading me to apply at Northwest University," said Brad.



For both mother and son the opportunity at NU has deepened their relationship with God and with each other. Though their heads are buried in the books,

Patti and Brad are connecting on a whole new level. Patti states, "I highly recommend the L.E.A.P. program to parents with children attending the traditional college at NU. It is a great connection."

Though the two don't study together or attend the same classes, they have taken the same classes at different locations and have shared some of their textbooks.

Brad commented, "It was rather interesting to be having the same class and teacher just at separate locations and times... We would sometimes talk about what we were learning in the class."

The two continue to grow in their relationship even though Patti lives in Duval and Brad lives in an on-campus apartment, and their experience has deepened on the connection of finishing their degrees together.

Brad proudly concluded, "I am extremely happy that my mom is going back to college, because it has been something she has wanted to do for a while now. I just never thought we would be attending the same Christian college and graduating the same year."

For Brad and Patti, attending NU has been a family affair. Hearing their story has opened my eyes to a new level of unselfish love between a mother and a son—fulfilling their dreams of receiving their diplomas together.

Suiting up for war

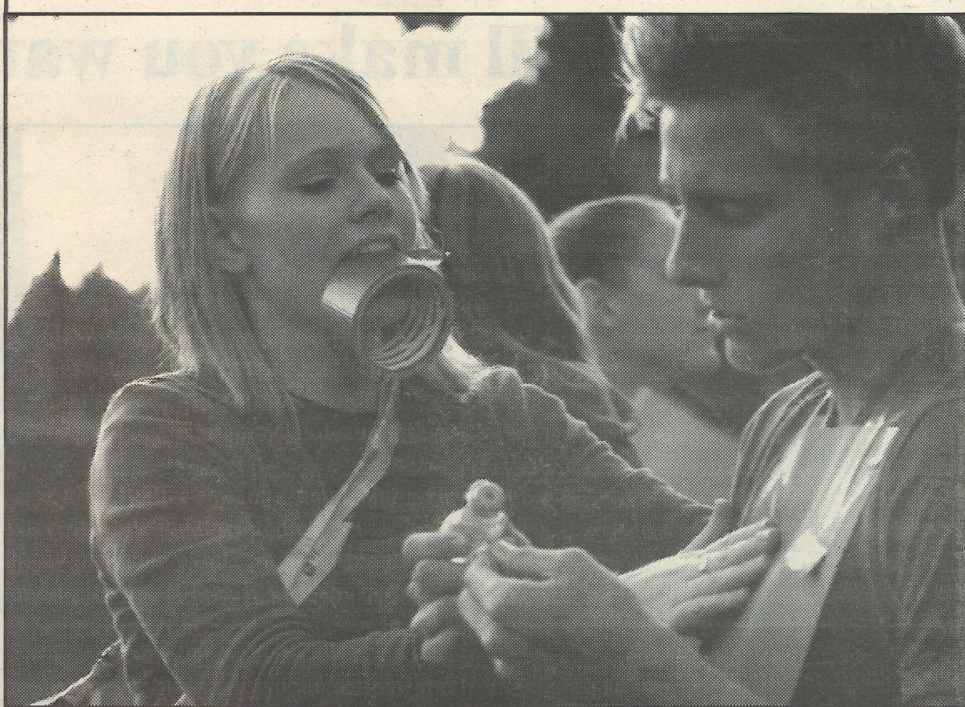


Photo by Kortney Thoma

Secretary of Student Activities Danielle Banke tapes a colored paper on Pat Lynch for the annual GOTCHA! shootout. Lynch won the competition by being the last man standing.

Around the town: shopping

By Princess Decicco
Arts & Culture Editor



and healthy remedy, I suggest Safeway on Rose Hill. Still fast, yet fresh and far cheaper than the Houghton Market. Also near Safeway is the 24-hour

Walgreen's Drugstore for those midnight coughs and headaches, and a 24-hour Starbucks drive thru. Lattes and one-hour photo stops are a great way to spend a cloudy Saturday afternoon. Exit the campus by turning right onto 108th Ave. Turn right onto NE 85th Street and follow up hill to the Rose Hill district for about 1.5 miles. Starbucks, Safeway, and Walgreens will all be on the right within 2 blocks of each other.

For evening activities, renting a movie or looking for a different coffee franchise may peak your interest. The nearest Blockbuster is in Bridal Trails, behind Lake Washington High School. There is also a Tully's for those of you who yearn to stand out from the Starbucks horde. Tully's offers a quieter atmosphere with a variety of quality teas and free wireless internet (you must pay for it at Starbucks). The only downfall is that the store is only open until 7 p.m.

Just across the street from Tully's is the Bridle Trails shopping complex, complete with Bally's Fitness, Bartell's, another Starbucks, Red Apple (a grocery store) and the closest Washington Mutual (located inside Red Apple). To get to Bridle Trails, Blockbuster, and Tully's, turn right out of the campus onto 108th Ave, turn right onto NE 68th St and go straight for about 3 miles. Bridal Trails is on the right, Tully's on the left, and Blockbuster on the left corner of 132nd Ave NE.

If you are looking for a different banking vendor, Bank of America is, of course, next to Houghton Market, Key Bank is in Park Place near the movie theater and the 24 Hour Fitness at the bottom of the hill on 108th, and Wells Fargo is across the street from Park Place on Central Way. There is also a Bank of Alaska hidden inside Safeway.

I also recommend simply spending the day driving around the surrounding areas just to get acquainted, or to find new things. If you don't have a car or are concerned about gas conservation, browsing the area online never fails. Happy shopping.

If all this shopping makes you hungry and you find yourself looking for a cheap

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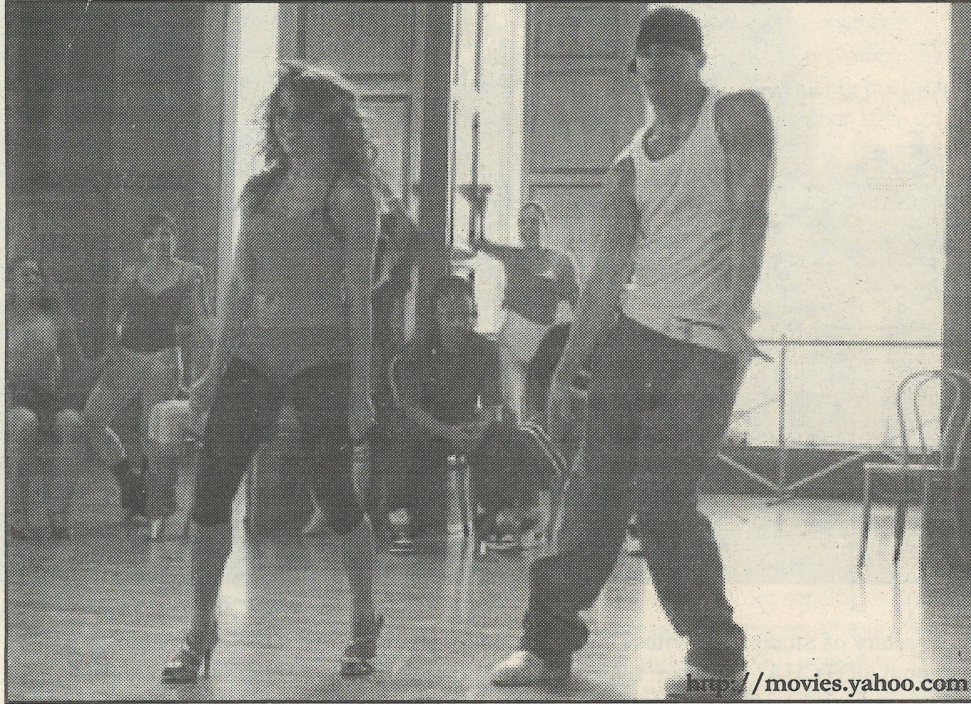
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Movie Review:

"Step up" will make you want to move



By Kira Evanson
Staff Reporter

I don't know what was more exciting, watching Channing Tatum in "Step Up" bust dance moves or being in an empty theater with four friends. We had the right amount of popcorn in our mouths and feet propped up on the vacant chairs, the previews finished and our feature presentation began. During the opening scenes, all I could focus on was how unexciting the movie was going to be. If you have seen previews for "Step Up," it is easy



to guess exactly how the movie is going to turn out. After the opening scenes, however, my attention was fully drawn into the movie and I wanted it to last the

whole night.

The movie follows Tyler Gage, (Channing Tatum, "She's the Man"), a rebellious teen from a foster home, who gets caught vandalizing Maryland School of the Arts. As a consequence, Tyler must perform 200 hours of community service at the art school. The high school senior has no choice but to

accept and perform custodial tasks. One day, Tyler's friends show up and Nora Clark (Jenna Dewan) spots Tyler dancing in the parking lot in front of his friends. While Tyler fixes a light in the dance studio, Nora is auditioning male dancers to replace her dancing partner disabled from a foot injury. All the male dancers at her skill level are already involved with different projects and Nora becomes discouraged as she is forced to reject the less skilled performers. Just as she is about to leave, Tyler offers to audition. At first Nora is unwilling, but desperate for a dance partner to showcase her senior project she allows him to try out.

Nora convinces the school principal to allow Tyler to partner Nora as his new community service duty. The two practice diligently and romance blossoms between them. Tyler learns to appreciate the art school and eventually desires to attend the school. Unexpectedly, Nora's original dance partner returns and suddenly Tyler is not needed. Nora must choose one partner, but Tyler stomps off making it too late for her to clearly make a final decision. Nora ends up having to re-choreograph her dance routine because her partner is not fully healed from his injury and a friend's death in a drive-by shooting forces Tyler to break out of his stubbornness and ask Nora to take part in the performance. She tells him no, but at the last minute lets Tyler join the performance. The dance goes well, Nora gets asked by a dance company to join them after graduation, Tyler gets accepted to the art school, and he gets the girl.

If you get the chance, I would highly recommend seeing this film.

Upcoming concerts

	10/05
Derek Webb @ Mars Hill West Seattle Campus	6:30 p.m.
	\$12 in advance or \$15 at door
	10/12
The Killers @ The Paramount	8pm
	\$27.50
	10/13
Bob Dylan @ Key Arena	7:30 pm
	\$67.50 - \$37.50
	10/15
Sufjan Stevens @ The Paramount	8pm
	\$22.50
	11/04
Goo Goo Dolls @ The Paramount	8pm
	\$32.50
	11/17
The Decemberists @ The Paramount	8pm
	\$25
	11/19
The Fray @ The Paramount	8pm
	\$27
	12/06
Imogen Heap @ The Showbox	8pm
	\$20
	12/09
Death Cab for Cutie @ Key Arena	6:30 p.m.
	\$29.50

Up and coming 5th Avenue Theatre shows

Several Broadway superhits are making their way to Seattle

By Emma Rose Swanson
Staff Reporter

"The overture is about to start. You cross your fingers and hold your heart. Its curtain time and away we go- another op'nin, just another op'nin of another show." These lyrics, from the Broadway show "Kiss Me Kate", clearly illustrate the upcoming 2006-2007 season of musicals arriving at the 5th Avenue Theatre in downtown Seattle.

Fall is now upon us and it is the perfect time to broaden cultural horizons and partake in one of society's greatest gifts: musical theatre. This season the 5th Avenue is presenting a vast array of shows that are sure to please, whether you are a seasoned audience member or completely new to the thrills of Broadway.

Currently running until October 1st is "Bombay Dreams", a dazzling Bollywood production that "tugs at the heartstrings with its emphasis on the importance of cultural heritage and friendship," according to Jeff Shannon of the Seattle Times. Ending its run here in Seattle, "Bombay Dreams" guarantees to entertain with its lavish dance sequences and rousing musical score.

Filling the gap after "Bombay Dreams" is the acclaimed Stephen Sondheim show, "Company." This winner



of 6 Tony Awards in 1971 gives the audience a sharp and sometimes comic exposé into the trials of relationships and love as seen through the eyes of Robert, a hopeful

bachelor.

Known for his powerful score, Sondheim is "a true artist, who is able to make us laugh, make us cry and touch our hearts as well as our minds," writes David Armstrong, the producing artistic director of "Company."

Slated to be released November 25, Irving Berlin's iconic "White Christmas" will entertain audiences once more with its unforgettable music, comic timing, and delightful love stories. A perfect Christmas gift, you will leave this show "counting your blessings instead of sheep" and "dreaming of a white Christmas."

Making its pre-Broadway world premier, "Cry-Baby", a musical adaptation of John Waters' 1990 film, will appear at the 5th Avenue in February. This 50's style production will showcase the endless struggle between the "drapes" and "squares" and how young love overwhelms the seemingly continuous issue of class.

If all goes well, Cry-Baby's producers would like to bring the \$10 million show to Broadway in the spring-

just in time for the 2007 Tony nominations," according to J. Wynn Rousuck of the Baltimore Sun.

Now for avid Broadway lovers, the classic stage show "Camelot" will appear at the 5th in March with Michael York, acclaimed British film, television, and stage star, leading the cast as the honorable King Arthur. Known as one of the greatest love stories in all of history, "Camelot" is a show not to be missed.

Many have seen Tim Burton's 1990 film "Edward Scissorhands", but in April of 2007, the 5th Avenue is presenting this well-known story in a very distinctive way. Acclaimed London director Matthew Bourne will bring "Edward Scissorhands" to the stage in the form of a dance musical, "a fusion of dance performance and musical theatre. Performers tell a dramatic story through dance with music, but without words or vocals," writes Bae Keun-min of The Korean Times. This unique performance technique will take audiences through a visual and audio experience that they will not soon forget.

The final show being presented at the 5th Avenue Theatre is one of Broadway's biggest hits "West Side Story". This musical revision of Shakespeare's "Romeo and Juliet" follows Tony and Maria, two love-struck teens in the middle of a bitter gang rivalry. Full of marvelous music by Leonard Bernstein and startling dance scenes, "West Side Story" remains one of

Broadway's greatest shows to ever grace the stage.

Tickets can be purchased by phone, online, or at the box office. Prices range from \$73 to \$20, depending on seating. Groups of 10 or more can receive up to 30% off regularly priced tickets and will be given assistance to make sure the occasion goes well. Also, if you are 25 or younger, the 5th can offer tickets on the day of the show for the reduced price of \$20 to certain performances. The patron must buy these tickets with cash from the box office personally, provide identification, and understand that they will receive the best seat available.

Please, go and enjoy what the 5th Avenue Theatre has to offer this season. You will not regret it.

Directions to the 5th
avenue theatre

Take HWY 520 west
Take Interstate 5 South
Take the Union St
Exit 165B
Stay straight to go onto
Union street
Turn left onto 5th Avenue

CD Review:

Ray LaMontagne: a contemporary lyricist

By Taylor Jones
Staff Reporter



We all have them. Songs we hate to love. They are the songs that fill up play lists titled "saddest." They are the songs that reveal uncomfortable self-truths, the songs that are so closely bound to one memory that hearing them invokes real emotion of a certain event, of a certain person, of both.

Ray LaMontagne's newly released CD *Till the Sun Turns Black* is full of such songs. Each song is stylistically different from the rest, which makes the album enjoyably diverse and putting this artist in a genre difficult. Influences of blues, American folk, and soul are clear.

"Gone Away from Me," a song anyone who has experienced heartbreak can relate to, starts with "For a while, I sat their and stared at her photograph, for a while I cried and tried not to make a scene. There was a time when we were young I used to make her laugh, but life is long, my love has gone away from me... oh the time when she was mine, felt like I had it all."

"Can I Stay with You," with beautiful

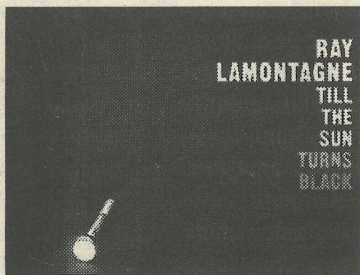
string accompaniment, reflects through simple lyrics the universal human desire to just be in another person's company.

LaMontagne also questions the condition of our society. With lyrics like, "Can you see the corporate man winning on the telephone, his possessions are his throne, till the sun turns black. Can you see the working classes trudging through their days, time goes

slowly when you're only waiting till the sun turns black" from his title track, "Till the Sun Turns Black" LaMontagne seems to reject modern rationality that de-emphasizes story telling and myth.

"Our culture is so naked, I feel like we don't have events to fall back on. So many times, I fall into things, and I feel like I wish I had somebody — or a story — to fall back on that would get me through this, that would explain this. I wonder what we will leave behind. It's just the blink of an eye and we're gone. What will people dig up? Works of art? Or Styrofoam cups?" stated LaMontagne.

If you want to think, if you want to question, if you want another sad song for that certain play list you hate to love, try "Till the Sun Turns Black."



Book Review:

In the eyes of a Geisha

By Jeanell Russell
Campus Life Editor



Put aside some time this weekend and visit Japan through Arthur Golden's *Memoirs of a Geisha*. Set in 1929, Golden brilliantly captures a fictional Japanese girl named Chiyo, a.k.a. Sayuri, and her journey as an innocent fisherman's daughter into a life as a geisha.

Chiyo is a stunning and strong-willed girl, that gets into trouble until she learns through these characteristics how to get what she wants. The beautiful, blue-eyed Japanese girl endures struggles as she desires love and triumphs as she confronts the battle to have a life of her own.

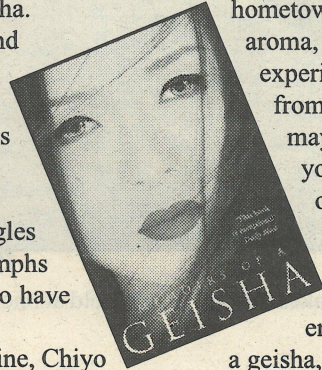
At the tender age of nine, Chiyo is sold into slavery at a geisha-house in Kyoto, Japan. Jealous of her beauty, the head geisha of the house, Hatsumomo, treats Chiyo poorly and gets her into trouble. After years of cruel hardship, Chiyo is taken under the wing of Mameha, whom is Hatsumomo's rivalry. She is given the name Sayuri when she becomes Mameha's geisha apprentice.

Tension rises as both Sayuri and Hatsumomo compete to become the most prized geisha in Japan. All the while, a love story unfolds between Sayuri and the Chairman. As the reader, you will experience the deep heartache all the characters go through.

You will feel, smell, and experience Sayuri's life. When you read about her hometown village you'll smell the sea aroma, feel the sea mist on her face, and experience the pain of being separated from her family. As you read, you may question if the writer is really a young Caucasian American man originally from Tennessee.

Unexpectedly, *Memoirs of a Geisha* captures a slice of Japanese history. As Sayuri enters into a successful career as a geisha, World War II infects Japan and the life of a geisha is forever changed.

You may have seen the movie, but it does not compare to the splendor revealed by Arthur Golden. If you have not seen the movie — I highly recommend you read the book first. The movie only briefly captures Sayuri's life. Once you begin reading this novel, you will have a hard time putting it down—it is captivating and enchanting.



Art conference in Seattle

Trumeau College of the arts brings big names, asking: "Is beauty dangerous?"

By Kate Dartnall
Assistant Editor



Trumeau Arts hosts the second annual arts conference on October 27th and 28th at Mars Hill Church (West Side Campus), to explore the question, "Is Beauty Dangerous?"

The conference will feature an art show and speaker Pastor Bill Clem on both Friday and Saturday, asking the question "What kind of Artist would God Create?". Saturday speakers are: Juliette Aristides will ask "Are Aesthetics Relevant Today?", David Kragen will speak on "Why Are Matters: Caring for the Artists in Our Midst", Joanna Roddy will speak on "The Spiritual Writings of Three Women: Annie Dillard, Anne Lamott, Kathleen Norris", Royden Lepp will ask "What Should I Draw Now? The Personal Journey of An Artist" and Jeff Bettger will speak on "The Aesthetics of the Anti-Culture."

Trumeau Arts, founded by Northwest University Art Professor, Daniel Rice just opened a new studio in Bellevue at the end of September. The school hopes that the conference will open dialogue about the relevance of beauty today.

"We want to raise consciousness, show good art, show people how to express themselves, to inspire people to start doing art and that speakers will address different concerns of the arts," said Rice.

Rice wants to encourage students to attend the conference not only because it's a good date, but also to learn something new.

"Students should attend because the conference will be thought provoking, they can make connections in the art world and with other peers, and to stimulate their own creativity," Rice added. "People are afraid and sometimes need to hear that they have the permission to be creative."

If you are unable to attend the conference, Trumeau Arts is located just three miles from Northwest's campus. The school offers art training, career guidance, variety of teaching environments, specialized seminars, educational travel and a community of artists. Trumeau also offers what Rice calls, "drawing blast" which is an open studio, where students just come in a try it out.

Rice explains that by making great artists, we can provide another way to communicate to the culture.

"I started Trumeau Arts, because it is my calling, and to bless the Church," he said. "The church is missing an opportunity to witness and to communicate. Instead of being withdrawn from culture, we should communicate to the culture."

Last summer, Trumeau took a trip to Italy. This year, Trumeau plans to go to Italy but England as well. Two weeks will be spent viewing and discussing the visual arts in Italy and one week in England, where Connie Rice will discuss literature.

If you are interested in attending the conference at Mars Hill or visiting Trumeau Art's new studio in Bellevue, please visit www.trumeau.net or call 425-213-6459.

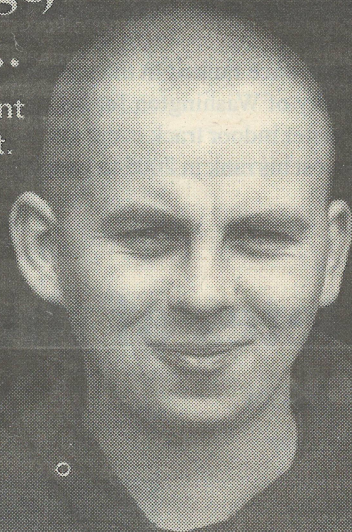


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Women's soccer is off and running in its inaugural season



Photo by Austin Bennecker

Junior and mid-fielder Kate Ellis takes the ball up the field at one of Northwest's first women's soccer matches.

By Charley Burnette
Sports Editor

The inaugural season for Northwest Women's Soccer is off and running and Coach Erin Redwine like's what she sees, their record is currently 2-3-2 at the early stages of the league season.

"Considering that this is our first year as a program, I think we're doing pretty good," Redwine says.

This year's team is made up primarily of girls native to the greater Seattle area. Redwine was born and raised in Bellevue herself.

Redwine has previous experience as a player as well as a coach, she played at Issaquah High school and then at the college level at both University of Montana and Seattle Pacific University. She also played two years at the semi-pro level for the Seattle Sounders. Redwine is currently coaching the Crossfire Premiere club team during the off-season, which is based here in Redmond.

Redwine says that this year's team seems to be well rounded, as the girls have



a vast array of talents and abilities that fit well within the team concept. Redwine is encouraged that fans have thus far enjoy watching Women's Soccer at Northwest University.

"The ladies play as a team, and they're always willing to sacrifice for the team whether it's challenging for balls in the air or getting down for a tackle on the ground. They're a fun team to watch because they give everything they've got."

The team's upcoming games are against Warner Pacific on Friday October 2nd in Tukwila at 7:30 PM; Saturday October 7th against Corban College here in Kirkland at 6 PM; and Wednesday October 18th against Evergreen State College here in Kirkland at 8:00 PM.

The team's roster includes #0 Tara Adams, #2 Kate Ellis, #3 Kendice Ricci, #5 Shanel Cruver, #6 Brittany Marshall, #7 Stacie Swicord, #8 Abigail Pruss, #9 Angie Glancy, #10 Michele Fulginiti, #12 Shauna Marshall, #13 Kelsey Wilson, #14 Amy Simon, #15 Stephanie Admundsen, and #19 Gena Crock.

Women's Soccer Scoreboard

8/24/06	Doane College	W; 3-0
8/29/06	Central Washington Univ.	L; 2-1
9/2/06	Cascade College	W; 3-1
9/4/06	NW Christian	L; 3-1
9/9/06	Pacific University	T; 1-1
9/15/06	Albertson College	T; 0-0
9/16/06	Eastern Oregon University	L; 2-0
9/22/06	Cascade College	W; 2-1
9/23/06	Concordia University	L; 2-0

Volleyball Scoreboard

8/25/06	Rocky Mountain College	L; 2-3
8/25/06	Montana State	W; 3-0
8/26/06	Carroll College	W; 3-0
8/26/06	Lewis & Clark State College	W; 3-0
9/5/06	The Evergreen State College	W; 3-0
9/8/06	Concordia University	W; 3-1
9/9/06	Corban College	W; 3-2
9/15/06	Oregon Institute of Technology	L; 3-1
9/16/06	Southern Oregon University	L; 3-1
9/22/06	Cascade College	W; 3-0
9/23/06	Warner Pacific College	L; 3-0

Men's Soccer Scoreboard

8/24/06	Doane College	L; 1-0
9/2/06	Willamette University	W; 1-0
9/4/06	Northwest Christian College	W; 4-1
9/9/06	Pacific University	L; 1-0
9/12/06	Walla Walla College	W; 6-0
9/19/06	The Evergreen State College	W; 1-0

5 things you should know:

A coach's tale

Preston Bashers
Cross Country/Track

1. He was the assistant track/XC coach last year and head coach this year.
2. He's gets the most gratification in coaching when he sees people reach their potential, athletically, academically, and spiritually. It gives him joy to see well rounded individuals who exceed at various levels.
3. He finished 10th among Americans at the 2006 Bloomsday event in Spokane.
4. The thing that he most appreciates about the environment here at Northwest is the tight knit community, and the large array of positive individuals. They're fun to be around. He also likes the fact that the school is small enough where you actually have the opportunity to get to know a lot of people.
5. Bashers was once ranked in the top ten at the University of Washington for his time in the 5,000 meter indoor track event at 14:36.04. He lost his rank in 2005 to another competitor.

Mary Cotton
Volleyball

1. She's been coaching for about 15 years.
2. She coaches a club team, Washington Volleyball Academy, in the off-season. The thing that she finds most gratifying in coaching is seeing players develop both athletically and personally.
3. She's a mother of 3.
4. Quote she uses most in relation to coaching volleyball: "Simple is better than complex."
5. Thing that she's most liked about her stay here at Northwest is the support of the staff here on campus as well as the other coaches.

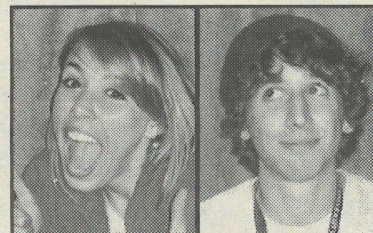
Information compiled by
Charley Burnette, Sports Editor

Athletes of the month

Kendice Ricci
Women's Soccer

Position: Right Midfield
Year: Freshman
Major: Nursing
Favorite food: Italian
Favorite Athlete:

Kerri Strug
Favorite Musician: Goo Goo Dolls
Favorite cartoon: Tom & Jerry
Favorite car: Mercedes convertible
CD currently in your stereo: Hillsong "United We Stand"



Gabe Molinaro
Cross Country

Year: Sophomore
Major: Missions
Height: 5'9"
High School: Northwest Christian School in Olympia

Favorite Food: Pasta
Favorite Athlete: Eric Liddel
Favorite Movie: Shadowlands
Favorite Musician: Thelonus Monk
Favorite Cartoon: Looney Tunes
Favorite Car: Volkswagon Minibus