

EXIT 17

**FOR
STUDENTS
WHO MAY BE
HEADING
OUR WAY**

WINTER 2010



2

No talent? No excuse

4

The myth of the dumb jock

8

An invitation for one day

10

Faculty focus: Kari Brodin

12

Global experiences

14

Choir at Benaroya Hall

BY **MERLIN QUIGGLE** EDITOR

I watched our soccer teams as they practiced almost every day this fall. I didn't watch for more than a few seconds at a time, and I didn't expend any particular effort. All I had to do was glance out the window. My office is in the former training headquarters of the Seattle Seahawks. From it, I can see practice fields. Green artificial turf, green grass, and white lines.

Well before the school year began, the teams were at work there, with two-a-day practices, early in the morning and again in the afternoon.

They practiced hard and often, on general conditioning and on specific skills they would need for games.

And once the season started, and the games began, they kept practicing.

There are lessons here. Athletes and their games can do more than entertain us. They can educate us in ways we might not expect.

As the fall progressed, I not only watched practice, I started to read about it. I read two different books that made almost exactly the same point.

The first book, *Outliers: The Story of Success*, is by Malcolm Gladwell, the author of *The Tipping Point* and *Blink*.

The second, *Talent Is Overrated*, is by Geoff Colvin, Senior Editor at Large for *Fortune* magazine.

Both books take aim at the same target: talent. And both books marshal strong arguments that talent, as people tend to perceive it, simply doesn't exist.

What researchers are finding, and what these books report, is that some sort of genetic predisposition—some raw talent—towards playing golf on the PGA Tour or violin on the stage of a concert hall simply does not exist.

What does exist is practice. Hard, disciplined, regular practice. Hours and hours of it. The more you practice, the better you get.

Those who reach the top in any field didn't get there because of some talent

In 1960, the Beatles were just a struggling high school rock band when they were invited to play in Hamburg, Germany. There was nothing special about Hamburg, Gladwell reports. It was just the sheer amount of time the band was forced to play: eight hours a day, seven days a week.

The Beatles went to Hamburg five times between 1960 and 1962 and played for 270 hard days and nights.

"By the time they had their first burst

**No
talent?
No
excuse.**

that made it easy for them, they got there because they worked the hardest.

It was true for Mozart, the authors claim, and it was true for Bill Gates.

The benchmark for excellence, the authors explain, is 10,000 hours of practice. That's a lot of chips shots or scales.

Or concerts.

of success in 1964, they had performed live an estimated 1,200 times," states Gladwell. "Do you know how extraordinary that is? Most bands don't perform 1,200 times in their entire careers."

According to Philip Norman, who wrote the Beatles' biography *Shout*, "When they came back [from Hamburg] they sounded like no one else. It was

EXIT 17

PUBLISHED
THREE TIMES A YEAR
FOR HIGH SCHOOL
STUDENTS.

THE SIGNIFICANCE OF THE NAME?

IT'S THE EXIT OFF I-405
THAT YOU TAKE TO GET
TO OUR CAMPUS IN
KIRKLAND, WASH.

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If you have comments or
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For more information
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ON THE COVER

Michelle Brown,
a member of
Synergy Vocal Jazz,
sang a solo during the
2009 Christmas concert.

the making of them.”

We used to say, “Practice makes perfect.” That was then modified to “Perfect practice makes perfect.”

After reading Gladwell and Colvin, I’m more inclined to say, “Practice makes possible.”

Practice, of the right kind and of sufficient quantity, makes it possible to develop the skills that, in turn, make it possible to get the career you want.

But how many of us practice at all? And how many of us practice the way Jerry Rice, the greatest receiver in NFL history, did?

As Colvin points out, “Rice’s training regimen in the off-season was so demanding that his coaches wouldn’t describe it to the public, for fear that people would injure themselves.”

If you’re 16 or 17 years old, in your last months of high school, you may want to enter a certain vocation but think you may not have the talent.

Well, “no talent” is no excuse. You may not have the talent, but neither does anyone else.

The willingness to work hard in pursuit of a goal may be the talent. The *real* talent. Perhaps the *only* talent.

If you do the work, you will get the rewards. After all, “All hard work leads to profit...” – Proverbs 14:23.

While **Chelsi Pennington** (right), a forward from Kent, Washington, practiced her soccer skills, I practiced my camera skills. I started shooting sports when I was in high school, and over the years I’ve shot Big Ten, NHL, and NFL games. I’m not sure, but with the practices and games this fall, I think I’m getting close to 10,000 hours behind a lens.



The myth of the

BY **JOSEPH CASTLEBERRY** Ed.D.
NORTHWEST UNIVERSITY **PRESIDENT**

At Northwest University, we take athletic scholarship very seriously. As president, I often tell our athletes that the term “athletic scholarship” does not properly refer to a monetary award they get to play on one of our inter-collegiate sports teams. We do better to call that kind of “grant-in-aid” an “athletic scholarship award.”

Athletic scholarship is the reason our athletes get a monetary award. It’s what they demonstrate on the courts and tracks and other fields of competition. As a matter of fact, there are no “non-scholarship” athletes at Northwest, even though some of our athletes don’t get a monetary award for competing.

Athletic intelligence constitutes an area of scholarship that is important to the overall learning environment at our school. Behind this view of athletics are two important pieces of educational theory.

Multiple Intelligences

The first one is Howard Gardner’s Theory of Multiple Intelligences, which posits at least eight kinds of human intelligence.

While colleges and universities often tend to focus primarily on logico-mathematical and verbal

intelligences, they do not always equally acknowledge and investigate the other types: interpersonal (social), intrapersonal (self-knowledge), musical, spatial, and naturalist intelligences (the famous “green-thumb” know-how).

Another way of knowing—bodily-kinesthetic intelligence—is sometimes treated as the very opposite of intelligence.

The truth is that there is no such thing as a “dumb jock.” Success in any sport requires a remarkable degree of a kind of intelligence the Lord chose not to give this overly verbal university president.

Still, though I may not have a lot of athletic smarts, I do recognize and admire them when I see them.

CONTINUED ON PAGE 6



dumb jock

PHOTO BY MERLIN QUIGGLE



“Success in any sport requires a remarkable degree of a certain intelligence the Lord chose not to give this overly verbal university president.”



The Banking Model

A second piece of educational theory is Paulo Freire’s rejection of “the banking model” of education.

In the infamous banking model, teachers with master’s and doctoral degrees are seen as full of wisdom and learning, pouring their exalted knowledge into the empty brains of the well-meaning but hapless ignoramuses that sit before them in their rows of seats.

In place of the banking model, contemporary educational theory

sees the university as a community of learners, each of whom knows something important and has something of value to contribute to the life and work of the university.

While the masters and doctors undoubtedly know things their students don’t, the students also know things the teachers don’t.

Recognizing that intelligence comes in many forms and that we learn best when everyone is learning from everyone else, we become a more respectful community of

scholarship, and every place on campus becomes a place of learning.

We also become a more Christian place, where God is at work in the whole Body, distributing the gifts of God’s knowledge and wisdom as the Holy Spirit wills.

One of the key insights of the Reformation was the biblical principle of the priesthood of all believers, and the Pentecostal testimony service was a powerful reflection of the truth that everyone has something to offer.

Everyone who has ever played a sport knows that there are lessons about life that can be learned better in team sports and in competitive arenas than anywhere else.

Arthur Wellesley, the First Duke of Wellington, is credited with the famous quote, “The Battle of Waterloo was won on the playing fields of Eton.”

It is true that sports teach lessons of character such as teamwork, strategy, stamina, playing through injury, recovery, competition, and other lessons that are not as powerfully communicated in classrooms by talking and working equations.

I am not denigrating the classroom or the pulpit, as those have been my own places to serve; but we do well to recognize that athletes, like musicians and artists and gardeners and others, are important teachers of vital wisdom and knowledge.



Eagles train where Seahawks once roamed

The former fitness center of the Seattle Seahawks is now where Northwest University students work out. Above, Lizzie Perkins and Chelsea Miller train under the supervision of Mark Mandi, coach of the track and field team.

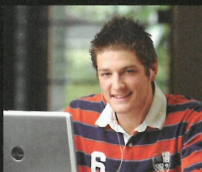
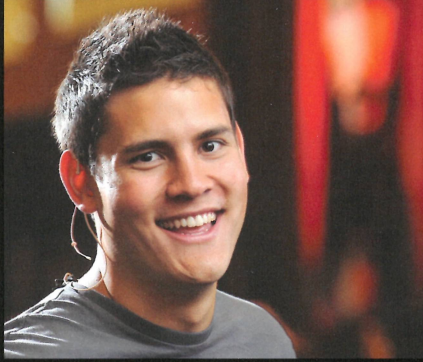
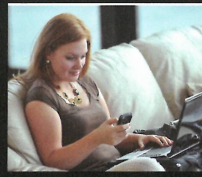
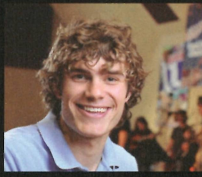


PHOTOS BY MERLIN QUIGGLE



saturday morning quarterbacks

In addition to varsity sports, there is a strong intramural program at Northwest University, including football games for men and women. For more about athletics at Northwest University, please visit www.northwestu.edu/athletics/.



THE STUDENTS OF NORTHWEST
INVITE YOU TO JOIN THEM –

Check it out for one day

@ *Northwest Fridays!*

You can go to almost any college to get ready for a job. Or you can come to Northwest University and prepare to make a difference.

That's why nearly 1,400 students are pursuing degrees at Northwest University right now. In fact, in recent years, students have come from 47 states and more than two dozen foreign countries to study for world-changing careers in business, education, nursing, counseling, communications, music, and ministry.

Our students attend classes at our 56-acre campus in Kirkland, Washington, but they also learn through life-changing experiences all over the 36.8 billion acres of our globe.

Since 1934, Northwest University has offered students a challenging balance of academic excellence, spiritual enrichment, and practical experience.

Our students invite you to join them. A great first step is to visit our campus on a Northwest Friday. You can experience university life in a Christian environment, check out classes and professors, worship in the chapel, tour the campus, meet students and staff, and even sample the food in our remodeled cafeteria. There is a Northwest Friday every month – visit our web site to register or find out more: www.northwestu.edu.



OUR ENROLLMENT COUNSELORS LOOK FORWARD TO MEETING YOU. TO REGISTER FOR A *NORTHWEST FRIDAY* OR FIND OUT MORE, PLEASE CALL **800.669.3781** OR VISIT www.northwestu.edu



faculty focus: Kari Brodin

ASSOCIATE PROFESSOR, BIBLE AND BIBLICAL LANGUAGES

She's finished the **Boston Marathon** three times and has memorized much of the **New Testament**.

Kari graduated from college when she was 19. Of course, she had a head start, because she skipped first grade. (Her teachers thought she was bored.)

Oh, did we mention that she went to college full-time at two separate institutions? Simultaneously? Seattle Pacific University and Northwest University? Sounds expensive, until you find out that an academic scholarship paid the bills at SPU, and a Bible Quiz Scholarship (she was a national champion, of course) covered the costs at Northwest.

You probably figure she made it through in just three years because she knew exactly what her major would be, did nothing but study, and took just the right classes.

That would miss the fact that she attended Northwest so she could play basketball for her sister, Kristi, who was the head coach. And then volleyball looked like it was fun, so she played that for a year, too.

In the classroom, Kari was studying math and economics, figuring she'd go to law school. She loved competition, and that was one of the reasons she liked Bible Quiz. "A big part of Bible Quiz is contesting points – arguing the case for your answer or against someone else's," recalls Kari. "That drew me toward law. I figured I'd like to debate cases."

But she also realized that the part of Bible Quiz that she liked best was the New Testament, so she took her first Bible class at the collegiate level.

"I just loved it," she states. "It was instant attraction."

She didn't even realize at the time that law school was no longer in the picture, and that someday she would be a professor of New Testament at Northwest University.

"I just realized that I loved to study the New Testament," Kari recounts. "And I said to myself, 'whatever I end up doing with my life, I can't go wrong by spending my undergraduate years studying the Bible. Whatever I end up doing, this will be great.'" So she studied the New Testament, both at Seattle Pacific and at Northwest.

"I wanted to study at Northwest with Dan Pecota, Darrell Hobson, Dwayne Braddy, and Francis Thee. I knew it would be a nice complement to the theological perspective at SPU. It would be in my own tradition, but with a scholarly, academic depth and perspective.

After graduating, Kari worked as a bookkeeper to pay off school loans and save money for graduate school. She started a master's degree at SPU and also became a Resident Director at Northwest, and assistant coach to her sister.

"This was a growing time," Kari admits. "Being at Northwest, in a community of believers, was a help as I worked through some questions and spiritual issues."

Kari also served as a Teaching Assistant (TA) for Dan Pecota, which spurred her interest in teaching. She transferred to Fuller Theological Seminary, finished her

KARI'S OVERVIEW OF HER DOCTORAL THESIS:

Athletic Exemplars in the New Testament and Early Christian Martyr Literature

Athletic competitions were immensely popular in the Greco-Roman culture at the time when the texts of the New Testament were written. There was also an established literary tradition of using athletics as a metaphor for other types of contests – for example, in political or moral arenas.

Using athletic imagery was a way to illustrate attitudes and actions, to make a claim for what is worthy of honor, and/or to call for the imitation of some worthy model. It's specifically those last two functions in which I was interested, and I found both Paul and the author of Hebrews using what I called the "athletic exemplar" to make a claim for what is worthy of honor and to call for imitation of certain behavior.

Paul, in 1 Cor. 9:24-27, attempts to persuade the Corinthian believers to 1) change their negative opinion of his

self-denying behavior into a positive appreciation, and 2) begin to practice a similar self-denial by acting with love toward one another.

In Philippians 3:12-14, he challenges the Philippians to follow his worthy example in a single-minded and passionate quest to know Christ. And in 2 Timothy 4:7-8 he presents his endurance in suffering for the gospel as honorable and encourages Timothy (and us) to imitate him in this.

Hebrews 12:1-3 presents Jesus himself as an athletic exemplar, the one who ran the race ahead of us. This passage helps its readers re-interpret the shame and disgrace associated with crucifixion in terms of noble, purposeful, and victorious endurance, encouraging them to view the rejection they themselves experience from society as, in fact, an honor, and to continue their "race" in faith.

PHOTO BY JOHN VICTORY



With sister Kristi and former quizzers who now attend NU: Michael Smoak, Lauryn Duffy, Hilary Kunnanz, and Brandon Duffy.

PHOTO BY MERLIN QUIGGLE



Teaching New Testament Greek at Northwest University.

PHOTO COURTESY OF KARI BRODIN



Waving to family and friends near the finish line of her first Boston Marathon in 2005.

M.A. in Theology, and returned to Northwest for two years as Dean of Women.

"Then I knew I needed to get a doctorate," Kari notes. "With my master's degree, [then dean] Mel Ming hired me to teach some Bible courses as an adjunct, and I loved it. I knew that teaching was for me, if God would open the doors."

She went to Fuller in 1995 to pursue a Ph.D. She completed the coursework in 1997 and returned to teach at Northwest as Dan Pecota's health was failing. In a sense, she picked up the mantle from her mentor. She finished her dissertation and earned her Ph.D. in 2000.

Credit Fuller with Kari's involvement in marathons.

"My running partner while I was pursuing my doctorate thought I should run a marathon. He took me down to register on a Saturday, and I ran on Sunday. I finished, in one of my better times, actually."

She didn't run another marathon for several years, but has resumed in the past half-dozen years. She's run marathons in Los Angeles, Seattle, Boston (three times), Tucson, and Stockholm, more than a dozen in all.

While she runs, Kari often recites scripture to herself. She has memorized much of the New Testament, beginning as a contestant in Bible Quiz as a high school student who attended Evergreen Christian Community in Olympia.

Once she "aged out" as a competitor, she began to coach. She and her sister Kristi now coach at Cedar Park in Bothell, and they have finished in second place in the nationals for the past four years. Kari would love to help her quizzers win the national championship, which she did as a contestant in 1981.

While in many ways her life seems to have been on the fast track, there is one area that hasn't turned out as she expected: "I thought I'd have a husband and four kids by now."

So she teaches her first love, the New Testament.

She tries to be a role model, where there haven't been many. "Maxine Williams at Northwest was an influential Bible teacher. I didn't have any classes with her, but I visited one of her classes once and remember vividly her engaging style. It made an impact on me. And I was blessed to have the support of Dan Pecota when I was beginning to venture into the field. I couldn't have had a better mentor."

She does have her eye on a man these days. An Iron Man. As in triathlon. "The thought has crossed my mind..."



PHOTO BY MERLIN QUIGGLE

PHOTO COURTESY OF KARI BRODIN



At an intramural football game on a recent Saturday morning.



In Turkey with students. (See page 14 for more.)

global experiences



Business Students in Australia

The School of Business & Management took 20 students to Sydney, Australia for 17 days in May to study international business.

They stayed on the campus of Alphacrucis, a sister college of Northwest, which also coordinated their tours. The trip blended lectures on campus with visits to local businesses and cultural sites. Highlights were tours to Second Road (strategy consultants), ING Direct (online banking), Campaign Palace (creative marketing) and Hillsong Church (both a talk about their history and a worship service).

The group also took a dinner cruise on Sydney Harbor, hiked in the Blue Mountains, attended an Aussie "footie" game, watched a parliamentary debate in the capital of Canberra, and saw wild kangaroos in the Australian bush.

Students were able to immerse themselves in the culture as they learned some of the dynamics of doing business internationally. The course will be offered again next May.



Ministry Students in Turkey

Dr. Dwayne Braddy set up a trip to Turkey for his church (New Life in Renton) and invited the College of Ministry along. Dr. Kari Brodin and five students took him up on it.

"In advance of the trip, we had a class called, *Paul and Early Christianity*," said Dr. Brodin. "In Turkey, we had 12 days to trace Paul's steps as he visited the churches of Galatia and Ephesus."

For more photos from this Turkey trip, please visit www.northwestu.edu.



Medical Missions in Mexico BY APRIL MORGENROTH

We never would have thought that a journey that began personally for one team member in 1996 would produce such amazing results in 2009.

The journey that began with a trip to Mexicali, Mexico, planted not only a seed, but a dream. This dream, reaching Mexico through medical missions, was lived out in August by Buntain School of Nursing Professor and alumni April Morgenroth, Julie Radford (class of 2007), David Peck, ARNP (father of current student and visiting professor), as well as current students Alexandra Burgess, Sarah Howell, Alexandra McInerney, and Janell Peck.

The journey began in Aldea, where a clinic was set up below a rock quarry to meet the needs of the surrounding community, and also encourage a church nearby. Many needs were met through this first clinic, from stopping a running nose, to prenatal care, to ear infections.

The team learned what it means to be "flexico" in Mexico!

The Cruz Roja Mexicana invited us to serve with them as we put our nursing skill into practice. This venture was part of a pilot program to determine the feasibility of offering such experiences to nursing students as an elective credit.

As the focus was on trauma patients, our team had the opportunity to see life in the streets of Mexico City from a medical perspective.

We rode in ambulances, dealt with accident victims, sutured wounds, performed CPR, and saw firsthand the needs of the

city, which were not just physical, but also spiritual.

Of all these experiences, one night stands out above the rest. At a church service our team was asked to give personal testimonies.

Carlos Morales preached that night on Acts 1:8, about being witnesses to all the world. (Carlos and his wife Carrie are full-time missionaries in Mexico City and served as our gracious hosts.)

He spoke about how our dreams can go beyond our local community, to other countries and areas; that God's call goes beyond Americans to other nations. His call reaches each of us without regard to our nationality using our gifts and callings for God's kingdom.

Each of us realized individually, as this service unfolded, that God was fulfilling our dreams right before our eyes.

As Carlos concluded with a challenge to dream big and to dream God's dreams for ourselves, we were right in the middle of living that dream, standing in Mexico.

Carlos then asked the young people to step to the front so that our team could pray over them, that they might receive a dream in their heart and have the courage to follow it.

We don't know where God will lead next, but we're excited and ready for wherever God calls.

Our dreams are open wide to whatever He puts in our hearts, and we will look forward to living those dreams wherever they take us.

for students and profs



Fighting Human Trafficking in Greece

Hannah Bryant, a second year graduate student in the International Care and Community Development (ICCD) program, spent a month of her summer in Greece.

While she saw the ancient sites and ruins, her purpose in going wasn't to be an American tourist.

For the last two years, Hannah has been a volunteer with New Horizons, a ministry in Seattle that works with victims of prostitution and domestic trafficking.

Through her involvement as a team leader at New Horizons, Hannah got the opportunity to go to Greece to work with *Nea Zoi*, translated to mean Lost Coin, a ministry that works with victims of prostitution and international trafficking.

Hannah's goal in going to Greece was to

learn and get experience with international trafficking, a topic she is researching for her thesis.

Her goal was achieved as she worked with *Nea Zoi's* team and assisted them with new techniques in street outreach to trafficked Nigerian women.

Another highlight of her trip was "the opportunity to network with different programs in Bulgaria and Northern Greece that are hoping to open a long-term restoration center for victims rescued from trafficking."

Not only did Hannah network with them, but she was asked to return in a year to assist in developing their program.

Hannah is now in Seattle, continuing her work at New Horizons. She recently finished her ICCD degree.

Professor Presents "Peculiar" Paper in Scotland

Darin D. Lenz, a Ph.D. candidate and Assistant Professor of History at Northwest University, reported that he presented a paper in Scotland over the summer.

The paper was entitled: "A Peculiar Charm": The Story of George Müller of Bristol in Mid-Nineteenth Century America."

It was presented at the Fourth International Brethren History Conference, July 9, 2009, at Carberry Tower (left) in Edinburgh, Scotland.

An Internship in India

Devon Carroll (in blue, below), a junior at Northwest University, spent her summer serving with Bombay Teen Challenge (BTC) in Mumbai, India. She was selected as an intern through *The Home Foundation*, a non-profit charitable foundation that is dedicated to eradicating human trafficking in the U.S. and abroad, founded in 2005 by singer/songwriter Natalie Grant.

For several years, Northwest University students have been raising money for *The Home Foundation* and joining in the fight against human trafficking. Devon applied for the internship after hearing Natalie Grant speak in a chapel service at Northwest.

"What she said, combined with the missions focus of Northwest, really touched my heart. I knew that it was an organization that I really wanted to get involved with."

Devon had the chance to go to India in the previous summer (2008) with a team of students from Northwest University who served alongside Bombay Teen Challenge. She saw the internship as a great opportunity to return to India and continue to build the relationships she had made on her first trip to India.

One of the highlights of her recent trip was a day spent with BTC's outreach ministry in Mumbai.

Devon and a fellow intern joined two of BTC's leaders that sought out drug addicts to tell them about Jesus.



"This was the most tangible act of evangelism that I have ever seen," she reports. "They literally were climbing across train tracks to get to garbage dumps in order to reach these men, and we had the privilege to tag along. I will never forget the moment we prayed with a group of young drug addicts. God became so much more real and personal."

Devon recently started her junior year at Northwest and will continue to be involved in the fight against human trafficking as part of the social justice team on campus.

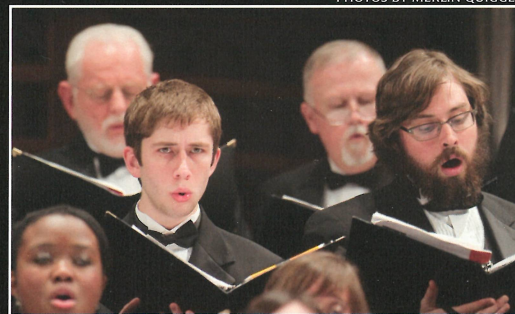
When asked what she would say to someone considering an internship in India, Devon said, "There is really no way to describe India. It is a tough, hard, broken, and beautiful country where God is moving in powerful ways. Your life will be turned upside down, but at the same time miraculously transformed."

If you have a heart for people and a desire to serve God in a new way, you can apply to be an intern with *The Home Foundation*. Applications and other information are available at www.thehomefoundation.net.





PHOTOS BY MERLIN QUIGGLE



Northwest Choir at Benaroya Hall

Northwest University's Concert Choir joined the Cathedral Choir from University Presbyterian Church and the Rainier Symphony to present *An English Christmas* at Benaroya Hall on Dec. 15.

The concert featured traditional carols, as arranged by Peter Hope for the London Symphony Orchestra, in their first live performance, along with music by John Rutter – and more!

"This was a great opportunity for our students to sing in a world-class venue like Benaroya Hall," stated William Owen, the choirs' conductor and chair of the Music Department at Northwest.

"Even more, it was a great chance for the alumni and friends of Northwest University to enjoy a truly wonderful Christmas concert."

More than 2,000 people took advantage of the opportunity, filling the concert hall up to its third tier.



For a photo gallery of the concert, please visit www.northwestu.edu



Would your friends do this for you?

Kelci Stewart, Kathie Nowicki, and Korey Rodriguez, who are neighbors of, you guessed it, Abby Brauer of Kent, colorfully demonstrated their support of the sophomore forward at a recent women's soccer game. Abby, by the way, kicked in the winning goal in the Eagles final game of the season. You can support Eagle athletes, too, even without the face paint. For rosters and schedules, visit www.northwestu.edu.