Nastor's

in Counseling



Help! Help! Help!

WHO:	Who Needs Help?
WHAT:	What Really Helps?
HOW:	How Do You Help?

Sponsored by NORTHWEST COLLEGE P. O. Box 579 Kirkland, WA 98033

April 16, 1974

For More Information Call 822-8266

2:00 - Who Needs Help?

An introduction including a working definition of counseling, and clarification of some misconceptions regarding who needs help and who is qualified to give it with an emphasis on the role of a Pastor as Counselor.

3:00 Discussion

4:00 - What Really Helps?

A discussion of what really makes the difference in a counseling relationship with an emphasis on the "nonspecific treatment effects." Also included here will be a model for structuring the therapy relationship.

- 5:00 Discussion
- 6:00 Buffet Dinner, Northwest College Cafeteria
- 7:15 How Do You Help?

A review of techniques related to marriage, family and individual counseling and a discussion of common problems and <u>how</u> to deal with them. At this session, time will be given to answering questions regarding current counseling problems being encountered by the pastors.

8:15 - Discussion

For reservations, return the enclosed card, write, or call Northwest College. Wives welcome!

Dr. Sig Weedman

Dr. Weedman is currently in private practice here in the Seattle area. having joined Dr. Raymond Vath and Dr. Evan Offeson in September of last year. Dr. Weedman has had a personal relationship with Jesus Christ for the past twelve years and in his work as a therapist strives to integrate psychological and Christian ideals. His credentials include a B.A. from Seattle Pacific College and an M.A. and Ph.D in Clinical Psychology from the University of Montana. During his training, Dr. Weedman served as psychologist to the Montana State Prison for one year and to the Vocational Rehabilitation Center another. He also completed a one-year internship at the Spokane Community Mental Health Center, working in the three areas of adult, child and crisis services. Presently in addition to his private practice he serves as consultant to the Counseling Program at Northwest College and also is on staff at Fairfax Psychiatric Hospital where he does evaluations for the adolescent unit.