



IN THE LOOP | 12.1.13

What in the Loop?! Guess and Win!

Where on campus can you find this, and what in the world is it? Be the first to email the right answer, and win **\$5 to spend at the Aerie!**

Congratulations to Eric Gallup!

He was the first of many :) to notice that last week's picture was of the bench near the pond by the chapel. Great job Eric!

Sponsored by the Aerie and Student Development
[Send an email](#)

Calendar Items

December

- 3:** Christmas Traditions Choir Concert, 7:30p
- 4:** Christmas Chapel, 10a
- 6:** Fall Graduate Chapel
 - :: Aerie Concert: Lauren, Sydney, and Olivia, 4p
 - :: Women's BBall, 5:30p
 - :: Jazz Concert, 7:30p
 - :: Men's BBall, 7:30p
- 7:** Women's BBall, 5:30p
 - :: Men's BBall, 7:30p
 - :: Christmas Party, 8p
- 9:** Last Day of Classes
 - :: Choralons Concert, 7p
 - :: Midnight Breakfast, 10p
- 10-13:** Finals Week
- 13:** Women's BBall, 6p
- 14:** Women's BBall, 5:30p

Concerts | December 3 & 6

Christmas Traditions Concert at Benaroya Hall:

December 3rd, at 7:30 PM.

Tickets: \$14-38; contact the [Music Department](#)

Tidings of Comfort and Jazz,

December 6th, 7:30 PM

Featuring: Synergy Vocal Jazz, Synergy Rhythm Combo, and the NU Jazz Band

Tickets through Music Department: \$6 for students and seniors, \$8 for adults, kids under 12 are free (\$2 discount if purchased before the event).

Contact the [Music Department](#).

The Northwest University Concert Choir
JOINED BY NEWLY-FORMED
Coro Amici
PRESENTS
CHRISTMAS TRADITIONS

7:30 P.M. TUESDAY
DECEMBER 3, 2013
S. MARK TAPER FOUNDATION AUDITORIUM
BENAROYA HALL

TICKETS
START AT \$14
TICKETS ON SALE AT NORTHWEST
UNIVERSITY MUSIC DEPARTMENT,
425.889.5255 OR
BENAROYA HALL TICKET OFFICE.

Featuring Christmas
selections by:
RUTTER
WILLCOCKS
WILBERG
BIEBL
MATHIAS

Table Talk with Sarah Jobson | Wednesday, December 4, 5:30 pm

Come and hear our beloved Sarah Jobson share at Table Talk, in the Cafeteria, on Wednesday, December 4, at 5:30 pm. You don't want to miss this one!

Christmas Party | Saturday, December 7, 8:00 pm

The Christmas Party will be Saturday, December 7th at 8pm in the HSC. There will be contests, crafts, activities, food, and Christmas spirit galore! There will be a gingerbread house making competition, eggnog chugging contest, and best Christmas character costume! Then at 9:30 head over to the chapel for a special showing of Dr. Seuss' How the Grinch Stole Christmas!

STUDENT health101
Boost Your Metabolism
While Sleeping
Fitting in
FITNESS
How to
Manage Anxiety
Swipe or
No Swipe?

Student Health 101

Welcome to the December issue of [Student Health 101!](#)

Here are just a few of the great articles that you can find in this month's issue:

- Home For the Holidays
- Simple Ways to Eat Healthier
- Relationship Red Flags

Be sure to enter this month's prize drawing for \$1,000!

The Christmas Show | Wednesday, December 4, 10:00 am and 11:20 am

CHRISTMAS
SHOW
12/04/13
10AM
& 11:
20AM

Our much-anticipated Christmas Chapel is right around the corner. There will be giveaways, carols, and special musical performances. Grab your best Christmas outfit, and join us in both Chapels on December 4th for "The Christmas Show!"

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In The Loop is published on Sunday afternoons by Student Development.

Want your event or photograph featured in an upcoming *In The Loop*? Contact [Student Development](#) for consideration. Please provide all submissions by Thursday.