Dear NU Community,

Today we are entering week 9...which means we are **over halfway through the semester!** Along with you, I feel very *saturated* with the incredible things I have seen and learned so far this year, and I feel very *drained* in certain areas where I need renewal. My prayer is that God will show me – and us – which is which.

If you are *saturated* with good things, find a way to let them pour out of you: a good conversation, a journal entry, prayer time, a heart-pounding run or bike ride. If you are *empty*, find ways to be filled: a walk through nature, worship music in your car, 20 minutes in a coffee shop with your Bible, letting someone pray for you. God knows we have rhythms and seasons. As we pause to listen to our souls' needs, His grace comes to us in exactly the way we need it.

Scripture of the Week: "All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it to prepare and equip his people to do every good work." (2 Timothy 3:16-17, NLT).

If you are interested in being a part of chapel worship teams, NU Worship is now accepting applications. Visit Eagle or the Campus Ministries office for an application.



## HAPPENING THIS WEEK:

Mon, 10/19 | Pursuit | 8:30PM, Butterfield Chapel

Wed, 10/21 | Provost, Jim Heugel | 10 & 11:20AM in Butterfield Chapel

Fri, 10/23 | NO CHAPEL | NU Closed for Reading Day

May God fill you with strength and joy this week!

Serving together,

Pastor Phil

**NU** Campus Pastor

Questions? Comments? Email <u>campusministries@northwestu.edu</u>

