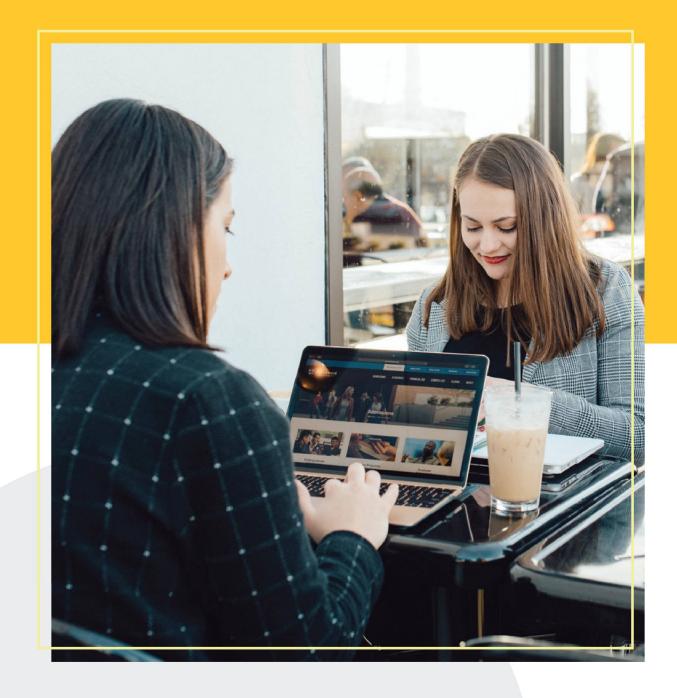
# PURSUT

STUDENT STORIES \ WHAT HAPPENS AFTER NU? \ THE POWER OF TEAMWORK







At Northwest University, we believe the upcoming generations have incredible potential to impact the world for good—and even more important than that, to impact the world for *Christ*.

Some people think that younger generations (the Millennial and Gen Z generations) are lazy and unfocused. Though there are always people who contribute to stereotypes, we don't believe the hype. We know that every person has a unique set of characteristics and abilities. And with the proper teaching to **focus** those characteristics and abilities, it's amazing what God can do.

You may have an idea of where you'd like to steer your future, or you might be exploring all the possible routes you could take. Whether or not you have a plan, we can help you find your **focus**, because we know what ours is: Our goal is to provide a deeply Christ-centered environment that offers students rigorous and enriching academics, all while serving and engaging our local and global communities.

We believe in you and in the things you are capable of through Christ. We would be honored to walk alongside you to help you define your **focus**—spiritually and academically.







#### STUDENT STORY

## Edgar Sandoval, Jr.

#### When you graduate, what are you hoping to focus on with your career?

All my life, I've lived in such a way where I can't see what is in front of me. What I mean is, God has always guided my every step whether I like it or not. He's led me to places I never could have expected, and He's taken me out of seasons without warning. These events have grown me as an individual and allowed me to see things from a different perspective. I can't predict the future, nor can I fully decide where I'm going to end up. My hope is that my career in the music industry will continue to unfold and take itself to new heights. Over the past year, it certainly has, and God gets all the credit for it. I'm very excited to see what God is going to do after graduation.

## As you've grown, how has your community helped you focus spiritually?

My community, specifically at my church, Churchome, and Northwest University, has pushed me out of my comfort zone and catapulted me into my destiny. My freshman year, I felt like I was a nobody. I walked around completely unnoticed and made music from my dorm room. Fast forward to senior year and now I'm heavily involved with my church's worship team. Through that spiritual process of heartbreak and growth, I've garnered well over five million collective streams, started multiple online businesses, and caught the attention of major record labels. This is all due to the people that surrounded me and helped point me to Jesus. The more I let go of my future, the more Jesus took hold of it and brought it to places I couldn't have imagined.

### How did NU help you define what you'd like to focus on in your life?

Northwest University's music business program is what peaked my interest in the school initially. I've loved the program ever since, and it has inspired me to continue pursuing my passion for the music industry.

## What advice would you give to someone looking to pursue a similar focus in their career?

Don't strive. Let your identity be rooted in who you are in Jesus and where He has you. I spent a lot of my teen years striving to be in the music industry, striving to get numbers on social media, and striving to reach success. That attitude never led me to a healthy relationship with my passion or a healthy relationship with God. Once I realized that God had me where He wanted me and all I needed to do was put forth the work that He placed in front of me, new doors began to open as an effect. Make sure you're letting God do the heavy lifting, and He will honor you at the right time.



#### STUDENT STORY

## Brittany Wagner

#### As you've grown, how has your community helped you focus spiritually?

My community has helped me grow spiritually through the accountability of chapel and the continual Christ-centered discussions. The relationships that I've made at Northwest have pointed me to grow in my relationship with the Lord. Northwest really defined my focus and encouraged intentionality in my life.

## When you graduate, what are you hoping to focus on with your career?

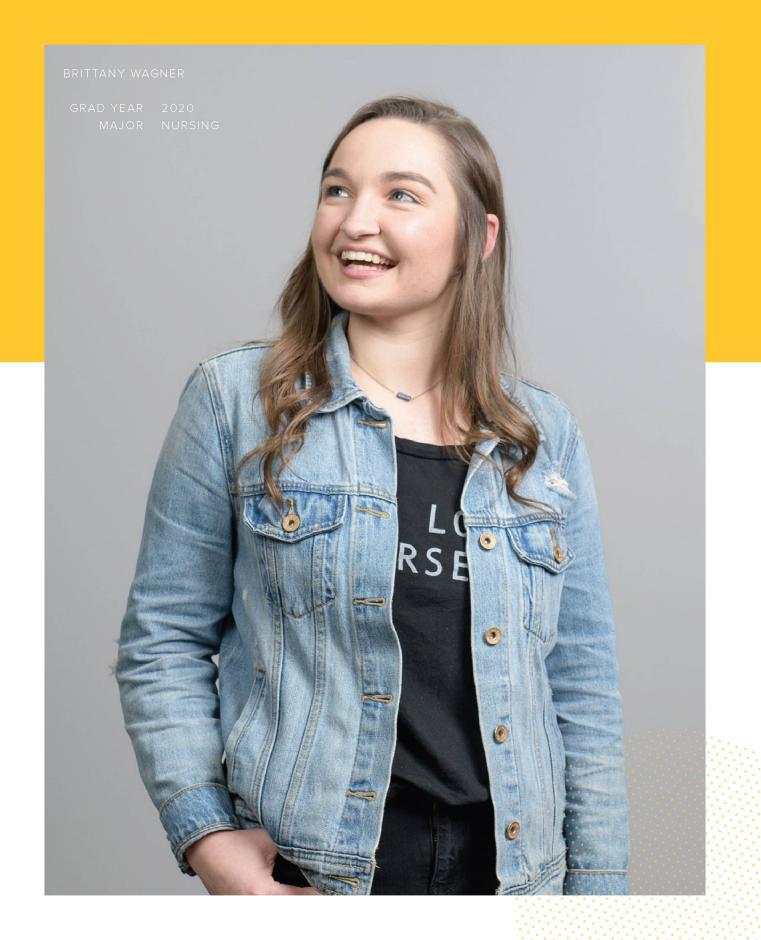
When I graduate, I hope to manage a hospital or run a medical clinic. My desire is to help people, not just by meeting their physical needs in a medical setting, but also to show them the love of Christ through my interactions.

## How did NU help you define what you'd like to focus on in your life?

I unexpectedly adopted a business administration minor as I pursued my degree in nursing. These business classes allowed me to see the impact my relationship with Christ would have in a business atmosphere. But, initially, the nursing school drew me to Northwest, and I couldn't imagine growing as an individual or in my faith anywhere else. God obviously knew what He was doing.

## What advice would you give to someone looking to pursue a similar focus in their career?

My advice would be to find what is most important to you; do a little soul-searching. Grasp on to what drives you, where your enthusiasm lies, and let God guide your steps to get there.



#### STUDENT STORY

## Tanner Owens

#### When you graduate, what are you hoping to focus on with your career?

I hope to focus on working in the finance industry. So often in our society, finances are a primary reason for divorce. I want to help families become and stay financially stable, while also teaching people how their money can spread the gospel.

### As you've grown, how has your community helped you focus spiritually?

As I continue to grow, I have leaned heavily on my community to keep me focused spiritually. I did not grow up in the church, so I had to try and find a new community that would keep me on track. Here at NU, the community has shown me that there is more than one way to follow God, and that is partly why He is so good!

## How did NU help you define what you'd like to focus on in your life?

I first came to NU wanting to be a teacher. Then I took a class where we spent a day in a school, and I quickly learned that I didn't want to teach. So I was able to switch my major to the business program, and NU has amazing business professors that made me want to be in the world of business.

### What advice would you give to someone looking to pursue a similar focus in their career?

I would advise anybody looking at going into business to start building a network soon. "Who you know will get you a job, and what you know will let you keep it." I heard this quote when I was in high school, and this is so true. Also, build and maintain a LinkedIn profile. That is how I got my job working at Vanguard, an investment company.



#### STUDENT STORY

## Farangis Begalieva

#### As you've grown, how has your community helped you focus spiritually?

I was born and raised in a Muslim country. However, I am blessed to acknowledge that I was born into a Christian family. Growing up in a Christian home, my parents encouraged me to grow spiritually and helped me discover my calling in life. They showed me the love and goodness of our Lord Jesus Christ. My dad always reminded me that God has a very big calling upon my life, and one of the ways to discover this calling was through diving into His Word.

### When you graduate, what are you hoping to focus on with your career?

I am in the spring semester of my junior year. My major is business administration with a minor in education. I will be graduating in the summer of 2020. After I graduate, I am hoping to get my master's in community development and project management. My vision is to build Christian schools in predominantly Muslim and/or developing nations. I want to educate women and children, due to the fact that in most Muslim and/or developing nations, children—and especially women—don't have access to education. I believe that education is a gift and that every person deserves to be educated.

## How did NU help you define what you'd like to focus on in your life?

Sixth grade is when I discovered that I wanted to help children who don't have the privilege to be educated. The desire to pursue a higher education brought me to Northwest University. Growing up, I always told my sibling that one day I would go to a Christian university in America. Here I am today living in the United States and attending school in a language that is foreign to me. Since coming to NU, the Lord has shown me tremendous opportunities and resources to reach the unreached nations through education. In my journey at NU, I have built lifelong friendships and relationships. I am thankful to God that he has placed people like President Castleberry in my life who believe in me and speak truth into my life. I believe that God brought me here to open some doors in my life that I never knew about. NU has helped me grow personally, academically, and most importantly, spiritually. I am blessed to be a student here and can't thank God enough.

### What advice would you give to someone looking to pursue a similar focus in their career?

Do not fear and trust in the goodness of God. Sometimes the plans that God has for our lives might not match our timing. Do not be discouraged. "Commit to the LORD whatever you do, and he will establish your plans," (Proverbs 16:3 NIV).





#### ALUMNI STORY

Brad Berg



## As you've grown, how has your community helped you focus spiritually?

The NU community helped me broaden my worldview immensely. Before I was a student at Northwest, I thought my ideas about God and worship were better than others. NU taught me to embrace diversity and to be open to differences. I have learned that there are many ways that God reveals Himself to us.

## Now that you've graduated, what are you hoping to focus on with your career?

Since graduation, I accepted a job as an itinerant music teacher with the Lake Washington School District. I teach general elementary music at Smith and Blackwell and elementary band at Carson.

## How did NU help you define what you'd like to focus on in your life?

I came to NU pursuing a different major than what I graduated with. I changed my mind thanks to professors Mizue Fells and Dr. Ron Cole, who encouraged me to challenge myself and follow God's plan for my life. After I spent some time tutoring classmates in music theory and being a TA for Mizue, I realized that I had a passion for educating others. I learned to combine my passions for music and education into a career.

## What advice would you give to someone looking to pursue a similar focus in their career?

Humble yourself and always be open to learn from others. Your experiences in front of students—whether performing music or teaching—will teach you more than any textbook. You must push yourself to become comfortable on stage (even as a teacher, you are performing throughout your entire school day). Everyone is shy at first; lean into the discomfort to grow. Also, keep your notes from any class taught by Dr. Kress.



### As you've grown, how has your community helped you focus spiritually?

The greatest gift this community has given us is lifelong spiritual friendship with peers and mentors. To have other faithful followers of Jesus invest in our well-being every day has been a precious experience that we hope to never take for granted. We owe our spiritual formation and focus to the staff, faculty, and students of Northwest University who have taken significant time out of their lives to nurture and care for us—calling us into all that God has.

## Now that you've graduated, what are you hoping to focus on with your career?

**Destiny:** I hope to continue serving students and young adults through various ministry outlets. While I have been at Northwest, my love for theology and philosophy has grown significantly, and I believe God has called me to serve the church by helping others grow in their understanding of scripture and discipleship.

**Nathan:** I plan to be in full-time ministry for the rest of my life, Lord willing! In the future, I hope to put my intercultural studies degree to use in the mission field.

FOCUS

#### ALUMNI STORY

## Nathan Destiny Kennedy

### How did NU help you define what you'd like to focus on in your life?

**Destiny:** I was blessed with professors who deeply cared about my spiritual and theological formation. They walked with me as I grappled with the meaning of being in ministry and have incited a deeper love and appreciation for biblical scholarship and meaningful witness to gospel truths.

**Nathan:** My major led me to intern in El Salvador, which confirmed a desire to serve in missions. My two years as a resident assistant ignited my passion for student ministry. My professors plugged me into a master's degree. I met my wife at NU! The trajectory of my life has been hugely defined by the years I've spent at NU.

## What advice would you give to someone looking to pursue a similar focus in their career?

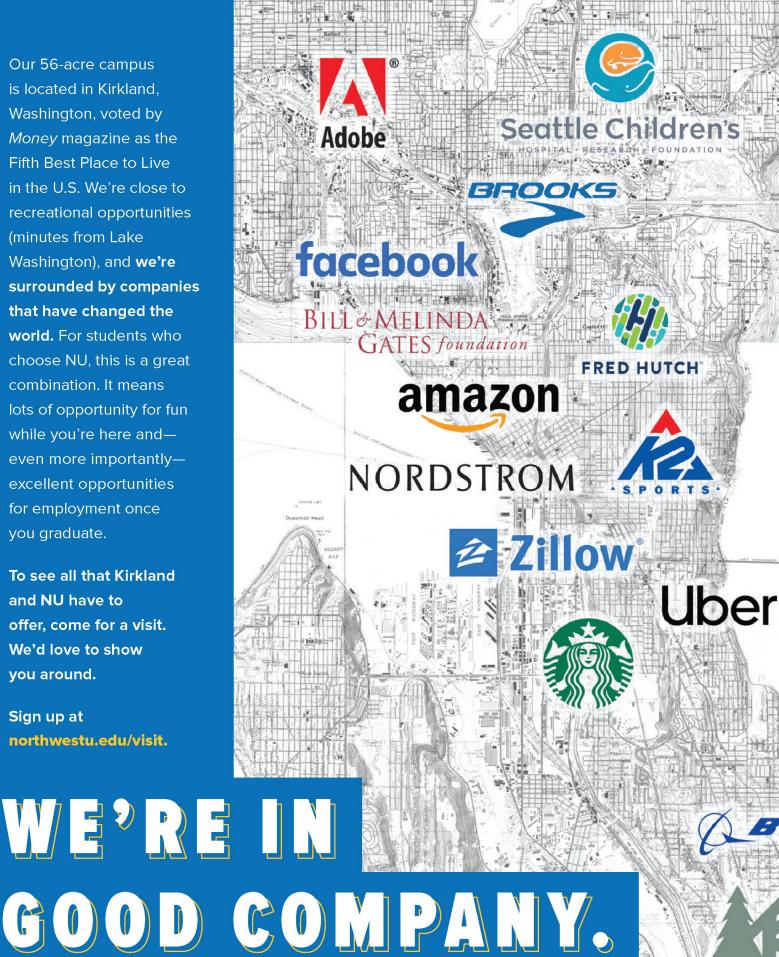
**Destiny**: Never give up on a dream because the categories aren't "right." God gives us vision for the future with purpose.

Nathan: Stay humble, work hard, and invest in relationships. Worry more about learning the material than getting the perfect grade. Finally, remember that ministry isn't always easy, but it's rewarding!

Our 56-acre campus is located in Kirkland. Washington, voted by Money magazine as the Fifth Best Place to Live in the U.S. We're close to recreational opportunities (minutes from Lake Washington), and we're surrounded by companies that have changed the world. For students who choose NU, this is a great combination. It means lots of opportunity for fun while you're here and even more importantly excellent opportunities for employment once you graduate.

To see all that Kirkland and NU have to offer, come for a visit. We'd love to show you around.

Sign up at northwestu.edu/visit.





## Attention

#### DR. SARAH DRIVDAHL

Dean, College of Arts and Sciences

I admit to being the typical absent-minded professor at times. I was reminded of this penchant recently when I bought glasses. I decided to try a new glasses store and was pleased that they had a whole line of frames fitted for my small face. As I picked out the glasses, I chatted with the attendant, a kind, older gentleman who told me about his life and family. I left the store pleased and looking forward to my new spectacles. When I picked them up, however, I was surprised when the woman pulled out a pink Hello Kitty case. It turns out I had experienced a serious lapse of attention when buying my frames, or rather a serious misdirection of attention in focusing more on the store clerk than on my purchase. Not only had I bought children's glasses, but I had accidently picked a pair of frames covered in silver sparkles as well.

Attention is a deeply important part of human cognition. Without it, we would be lost in a mad flight from one sensation to the next. Although attention has many facets, it is probably most characterized by its limitations. It works less like a floodlight illuminating all of our surroundings and more like a spotlight, bringing clarity only to a narrow band of our existence. This phenomenon is most clearly exemplified in a landmark study by Simon and Chambris (1999). The researchers asked participants to watch a video and tasked them with counting the number of times a ball was passed back and forth between a group of students. Unsurprisingly, the participants were good at counting the passes. What 50 percent of the subjects missed, however, was the person in a gorilla suit who walked right across the screen. In an interesting follow-up study, Drew, Vo, and Wolf (2013) asked a group of radiologists to look for cancerous nodules on a series of CT scans. 83 percent of these experts missed the gorilla picture (which was 48 percent bigger than a cancerous nodule) surreptitiously inserted on one of the scans. Research like this has frightening implications for airport scanners and detection tasks and clearly highlights our own attentional deficiencies.

Attention limitations also hit home clearly in the arena of multitasking. In our high-pressure society, the temptation to save time by multitasking is strong. However, it is important to wrestle with whether multitasking is truly an effective use of our time and attentional resources. Research on this topic demonstrates that multitasking may not actually be a time saver (Rubenstein, Evans, and Meyer, 1994) and can even have potentially dangerous overtones in areas like driving (Strayer, Drews, and Johnson, 2003). Typically, what we think of as multitasking is actually task switching, which creates small time lags



and decreases overall productivity. Even more disturbingly, multitasking is also associated with some negative cognitive changes. For instance, Ophir, Nass, and Wagner (2009) discovered that high media multitaskers had more trouble sorting relevant from irrelevant stimuli and Loh and Kanai (2014) found lower brain density in important information processing areas of habitual media multitaskers.

According to research and our personal experiences, attention is limited and strategies like multitasking aren't effective solutions. The question then is, what can be done? Although there are multiple possibilities, one of the simplest solutions is to replenish our diminished attentional resources through exposure to nature. It turns out that deep woods, clear mountain lakes, and the mystery of a trail snaking into the underbrush are all restorative to attention. According to Berman, Jonides, and Kaplan (2008), even just looking at pictures of nature can be helpful. Thus, if your attentional resources are feeling depleted, rather than grabbing your media device or trying to multitask, grab your coat, glasses (sparkly or not), and head outside.

## SURROUNDED BY ADVENTURE

We are fortunate to be located in one of the most beautiful geographic regions in the country. The Pacific Northwest is a richly diverse environment with snowy mountains, enormous lakes, wooded hikes, and more, all easily within driving distance of each other. NU is nestled in the heart of many of these natural wonders, so our students take full advantage of these outdoor adventures. Plus, Seattle is just a 15-minute drive away.

We would love to have you on campus to experience our inspiring location for yourself. To sign up for a campus visit today, go to **northwestu.edu/visit**.







#### ADVENTURE LOCATIONS

SNOQUALMIE PASS (skiling/snowb0ARDing) 50 MILES AWAY RATTLESNAKE RIDGE (HIKE) 30 MILES AWAY SEATTLE 10 MILES AWAY DOWNTOWN KIRKLAND 1.5 MILES AWAY LAKE WASHINGTON 1 MILE AWAY











## THE POWER OF TEANWORK

The Northwest University women's soccer team had another amazing season in 2018. After several successful years with this program, head coach Brian Chud and the team went into the 2018 season with specific goals and high expectations. They wanted to win the league outright to earn an automatic spot in the NAIA National Championship and then make it as far as possible at that level.

"The biggest thing that I went into this season emphasizing was team unity," Chud explained. "We recognized that we had a lot of individual talent, but unless we came together as a team, we weren't going to go very far."

The Eagles started the regular season with an impressive 4-1 win against Central Washington University, a competitive NCAA Division II team. This was a strong start, but the season hit a rough patch shortly after.

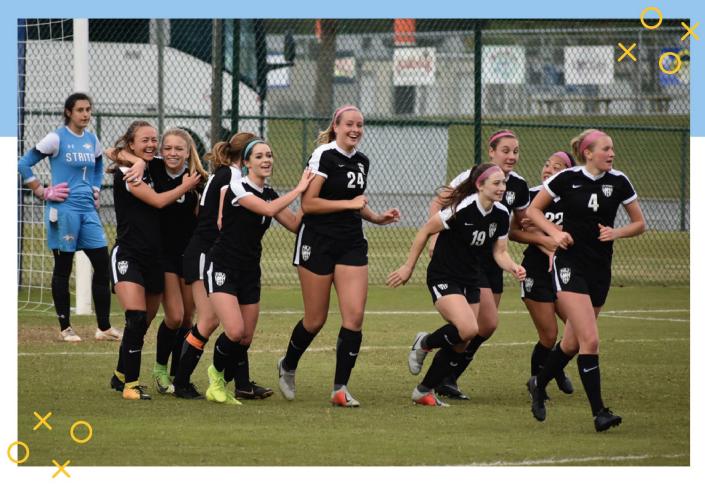
"During the season we lost three games that we should have won—that we were winning until the last five minutes," said Chud. Dropping those games ultimately cost the Eagles their first goal: winning the league outright to earn an automatic spot in nationals.

With this realization, the team made a shift, and Chud's focus on team unity began to pay off.

"The most exciting thing for me, from the start of the season to the end, was the way the team jelled. It became very obvious that we were a tight team, and that was a big part of our success," Chud said. "Things really got rolling when we qualified for playoffs. This year the girls just showed up with a new focus and a new desire."

Once in the playoffs, the Eagles went on a roll. They beat Southern Oregon University 2-0 in the quarter finals. Then they earned a 4-0 victory against The College of Idaho in the semifinals. Carrying this momentum into the finals, they defeated Eastern Oregon University 1-0 to win the Cascade Conference Championship. The Eagles had earned their spot at the national level, and they didn't stop there. In the first game of the NAIA National Championship against Vanguard University, the Eagles "played out of their minds," according to Chud.

After beating Vanguard 1-0, the team earned their ticket to Alabama for the next round. They won the following game against Cardinal Stritch University 1-0, securing a spot in the Elite Eight. Their next game against Keiser University would be their last, with their winning streak ending in a 4-0 loss. The Eagles finished the season with heads held high, knowing they accomplished much. Chud credits the team's commitment to each other as the secret ingredient to their success. "We focused on our faith and the things that draw people together. It's going to be something that I think we can build off of for a long time."



## FINISHING STRONG

Senior Katie Michkiosky, pictured right, had an incredible season of her own. She broke multiple NU records, including most goals scored in a single season (20), most shots taken in a single season (44), most points earned in a single season (46), highest points earned per game (2.09), and she's tied with the most game-winning goals (5), among others. Here are some of the highlights from the season in Katie's own words:



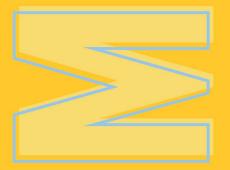
"The very beginning of the season stood out to me because before last year ended, Brian and I had talked about me switching positions. Normally I play center midfielder, but we switched up our formation, which allowed me to play as a third forward, which I had never done before. It was not in my comfort zone, but then we played Central Washington University, and I scored twice. It really became a team effort when the realization hit that we weren't winning the games we should have and could have. We knew if we were going to make something happen that it had to be everyone. It was awesome. Lots of people ended up breaking records and everybody was a part of the success. It was like the light switched on when we realized we couldn't win league, but we could still win the tournament, and we could still go to Alabama. I'm very proud of it and very excited I got to be a part of this season."











Over the years, Northwest University has become a thriving hub for musicians of all backgrounds. Much of this is due to our great programs and activities that we offer to musical students. Because of our small class sizes and extensive opportunities to be involved, the musicians on our campus are constantly rubbing shoulders with each other.

All of this fosters growth and comradery between our students. It has made for a strong musical community and yielded some excellent musicians over the years.

If you're passionate about music, or even thinking about majoring in music, Northwest University could be a perfect fit for you. Our programs offer everything from advanced music theory to sophisticated recording technology classes to worship leader training. Students can also pursue music outside of the classroom in choirs, orchestra, wind ensemble, and worship teams. We offer so many opportunities because we believe in the power of music. Our love of this art form is only rivaled by yours.

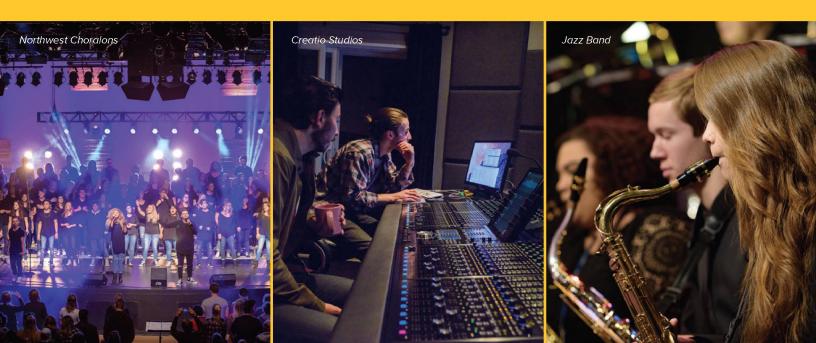
#### **MUSIC MAJORS:**

- Bachelor of Arts in Music
- Bachelor of Arts in Worship and Music Studies
- Bachelor of Arts in Music Industry Business
- Bachelor of Music in Music Education
- Bachelor of Fine Arts in Contemporary Music Industry
  - Recording Arts or Producer Tracks

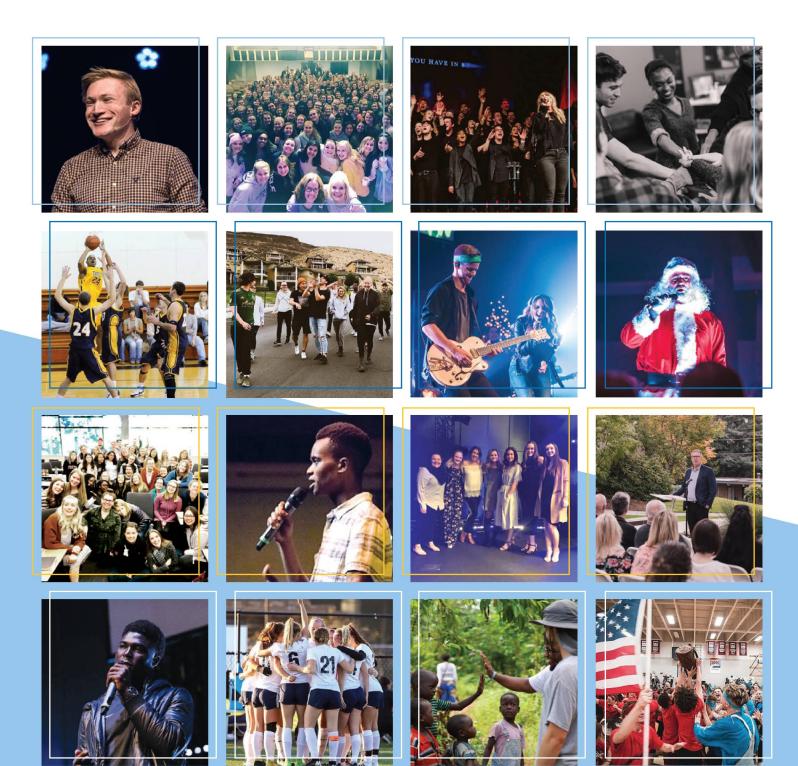
#### **EXTRACURRICULAR MUSIC PROGRAMS:**

- Worship Teams
- Creatio Studios
- Northwest Choralons
- Concert Choir

- Jazz Choir
- Orchestra
- Wind Ensemble
- Jazz Band



## FOLLOWUS @NORTHWESTU

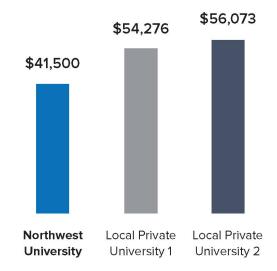


## CAN I AFFORD A PRIVATE CHRISTIAN UNIVERSITY?

The answer might surprise you.

## WE START LOW AND AIM HIGH.

As you can see from the graph, NU's total cost is significantly lower than other private universities in the area. But our accreditation and academic standards are high. It's why we were recently selected as a College of Distinction and have been rated as an exceptional value.





NU Tuition and Room and Board\* Tuition: **\$32,500** Room and Board: **\$9,000** 

Total: **\$41,500** 

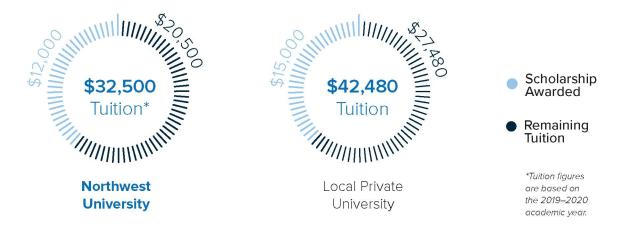
\*Prices are from the 2019–2020 school year.

## SCHOLARSHIPS

We do our best to provide our students with as much financial help as we possibly can. This means that we offer scholarships like these:

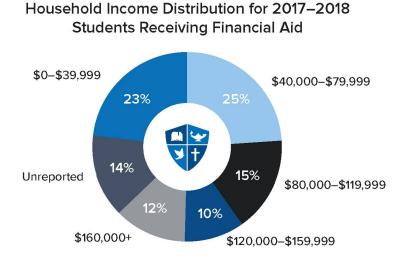
Award	Amount	Eligibility
Provost Scholarship	\$15,000/yr	Determined by GPA and SAT/ACT Scores
Dean Scholarship	\$12,000/yr	Determined by GPA and SAT/ACT Scores
Faculty Scholarship	\$10,000/yr	Determined by GPA and SAT/ACT Scores
Northwest Scholarship	\$7,000/yr	Determined by GPA and SAT/ACT Scores

## DON'T BE MISLED BY A LARGER SCHOLARSHIP.



Other universities may offer you a larger scholarship, but don't forget, NU's tuition is significantly lower. A \$12,000 scholarship from NU is a bigger reduction to your final costs than a larger scholarship at a more expensive university. When comparing scholarships, it's smart to look at its impact on the overall cost.

## OUR STUDENTS COME FROM ALL WALKS OF LIFE.



You may assume that students who attend a private Christian university come from high-income homes. Here again is a surprise. **A quick look at this graph shows that our students come from every economic background**.

## the UNIVERSITY of POSSIBILITY<sup>®</sup>

We call ourselves the University of Possibility because a private Christian education really is achievable here. Don't settle for less. See what possibility our Christ-centered education will inspire and unleash in you. **Apply today.**  One magazine isn't quite enough space to tell you every single exciting detail about NU, but we wanted to make sure we communicated as many as possible. Here are a few quick facts about our campus, student life, and more.

TOTAL ENROLLMENT: 2,457

TOTAL UNDERGRADUATE ENROLLMENT (KIRKLAND CAMPUS): **1,022** 

BEACH PARKS IN KIRKLAND: 9

KIRKLAND CAMPUS RESIDENTIAL STUDENTS: **60%** 

STUDENTS RECEIVING FINANCIAL AID AND SCHOLARSHIPS: **98%** 

RESTAURANTS IN KIRKLAND: 250

VARSITY SPORTS: 10

NUMBER OF COFFEE SHOPS NEARBY: **30+** 

NUMBER OF MAJORS AND PROGRAMS: 70+

YEAR FOUNDED: 1934

STUDENT-FACULTY RATIO: 12:1

LENGTH OF THE CROSS KIRKLAND CORRIDOR TRAIL: **5.75 miles** 

SIZE OF CAMPUS: 56 acres

GRADUATES WHO SAY THEY WERE PREPARED FOR THEIR CAREER: 93%

GRADUATES WHO ARE EMPLOYED IN A FIELD RELATED TO THEIR MAJOR: **76%** 



## MAJORS AND PROGRAMS

#### Accounting

#### Audio Production\*

#### Biblical Languages\* Biblical Literature Biology

- General Science
- Pre-Health
- Pre-Medicine
- Pre-Vet
- **Business Administration**

#### Chemistry\*

Children and Family Ministries Communication Studies

- Communication for Business
- Dramatic Studies
- Human Communication
- Media and Society
- Contemporary Music Industry
  - Performer Track
  - Producer Track
- Recording Arts Technology Track
- Elementary Education
  - English
  - Humanities
  - Mathematics
  - Science

#### English

- Literature
- TESOL
- Writing Environmental Science

Exercise Science Finance\* General Ministries Global Studies\* Health Science (AA) History Information Technology Intercultural Studies • Africa Studies

- Asia Studies
- Cross-Cultural Studies
- First Nations Ministry
- Latin American Studies
- Middle East Studies
- University Ministry
- Urban Ministries
- Interdisciplinary Studies
  - Legal Studies
  - Multiple Areas
  - Political Science
- Single Area
- International Business
- Management
- Marketing

Mathematics

#### Media Ministry\*

#### Military Science and Leadership\*

- Molecular and Cellular Biology Music Music Education
- Music Education Music Industry Business

Music Ministry Nursing Organizational Leadership Pastoral Care\*

#### Pastoral Ministries

- Children and Family Ministries
- Church and Ministry Leadership
- General Ministries
- Youth and Family Ministries
- Political Science

#### Pre-Law\*

#### Professional Sales\*

#### Psychology

- Counseling
- Cultural Psychology
- General Psychology
- Marriage and Family
- Organizational Behavior

Religion and Philosophy

- Secondary Education
  - Biology
  - English and Language Arts
  - English Language Learners (ELL)
  - Health and Fitness
  - Mathematics
  - Physics
  - Social Studies
  - Theatre Arts

Youth and Family Ministries

\*Minor

## the UNIVERSITY of POSSIBILITY®



#### P.O. Box 579 Kirkland, WA 98083-0579

ADDRESS SERVICES REQUESTED



## EXPERIENCE NU to the fullest.

Viewbooks and websites provide a glimpse into campus life. But a campus visit is the best way to learn if NU is right for you. Customize your visit with a praise and worship experience in Chapel, engage the dialogue of an intellectually stimulating class, and dine at The Caf or Aerie Café. You'll tour campus and meet with helpful counselors from Admissions and Student Financial Services. Choose from any of our **visit options** and be on your way to earning your **\$500 Visit Scholarship**.

**VISIT OPTIONS** 

- □ NORTHWEST FRIDAY
- □ NURSING INFO SESSION
- □ INDIVIDUAL VISIT
- □ GROUP VISIT

Learn more by going to northwestu.edu/visit.