

*You, Lord, keep my lamp burning; my God turns my darkness into light.
With Your help I can advance against a troop;
With my God I can scale a wall.
As for God, His way is perfect:
The Lord's word is flawless;
He shields all who take refuge in Him.
For who is God besides the Lord?
And who is the Rock except our God?
It is God who arms me with strength and keeps my way secure.
He makes my feet like the feet of a deer;
He causes me to stand on the heights.*
Psalm 18:28-33

Dear NU Community,

I want to share with you yesterday's reading in Timothy Keller's devotional, *The Songs of Jesus*. He reflects on the portion of Psalm 18 above, saying, "This psalm, from the first verse and throughout, is all about how God gives us the strength to face anything. How do we get that strength? Here David says he can scale a wall, because God's way is perfect and His Word is flawless. A perfect God could have nothing less than perfect communication with His people. It is we who read hastily, skip prayer, and fail to meditate on His Word, who find it confusing. The best gift in the world, next to the Word incarnate, Jesus Himself, is God's written Word, and it will ignite your heart if you give it a chance."

I am sure that, like me, you have many things on your mind at the beginning of this week. As Keller reminds us, there is no peace in to-do lists or in effort, unless we first stay our minds on Jesus and His Word. If we would give our thoughts to Jesus today and allow Him to fill our minds and souls with His presence, we would find that "He makes [our] feet like the feet of a deer; He causes [us] to stand on the heights". Join me in taking a moment to give this day and week to Jesus in your heart, and to receive His strength.

COMING UP THIS WEEK

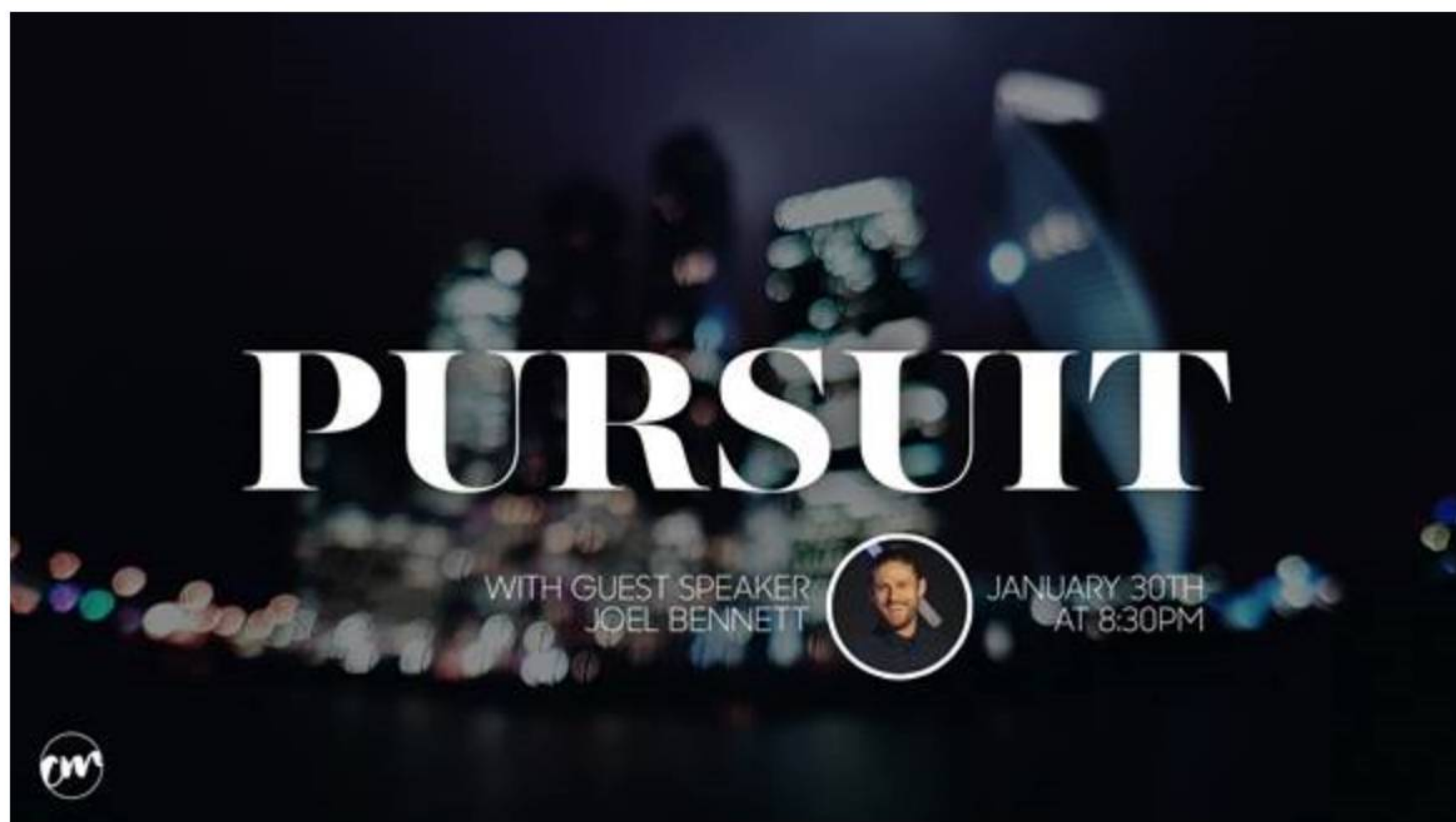
Mon, Jan 30 | Chapel: Jon Leong | Butterfield Chapel, 10 & 11:20AM

Mon, Jan 30 | Pursuit: Joel Bennett | Butterfield Chapel, 8:30PM

Wed, Feb 1 | Chapel: Rick Engstrom | Butterfield Chapel, 10 & 11:20AM

Fri, Feb 3 | Chapel: Rev. Samuel Gordon | Butterfield Chapel, 10 & 11:20AM

Fri, Feb 3 | Meet & Greet with Rev. Samuel Gordon | The Caf, 12:30PM



I also want to let you know about a new way that you can stay connected at NU. Every week, we have a number of wonderful events with great speakers sharing wisdom with us. We want to share those talks with our broader community, so we have made a **Northwest University Podcast channel on iTunes!** We will continually update it as new talks come in. You can download it to your phone or tablet by clicking on this link:
<https://itunes.apple.com/us/podcast/northwest-university-podcasts/id1193812867?mt=2>

In the strength of Jesus and His flawless Word,

Phil Rasmussen, M.A.
Vice President for Ministry and Relations
425.889.5308 (office)
206.909.9488 (mobile)
Phil.Rasmussen@Northwestu.edu | northwestu.edu
Instagram @prasmussen

