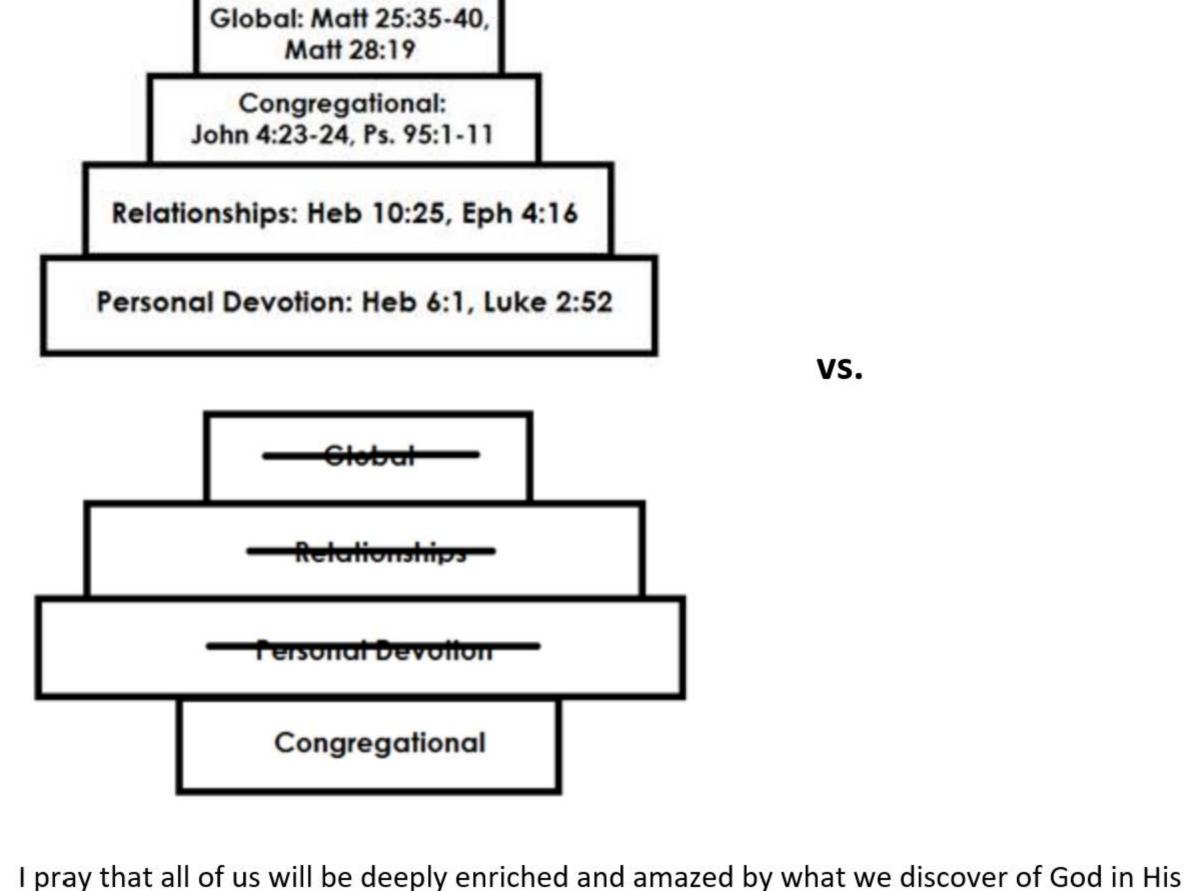
Dear NU Community,

This past week, I had lunch with a student who expressed some thoughts on chapel, based on conversations he'd had with his floormates. The perspectives he shared prompted me to reflect on the role that chapel and church play in our lives, and I'd love to share some of my thoughts with you.

I believe that Christian spiritual formation is a process, and that it begins with our personal relationship with God. In this relationship, we find our identity in Jesus Christ, we study God's Word deeply, we communicate with Him in prayer, and we learn how He calls us to live. Once that personal relationship is established, we can begin to grow in relationships with other Christians that encourage us on our faith journey. Out of the riches of what God shows us in our personal devotional life and our relationships with the body of Christ, we come together as a congregation to celebrate and worship Him. And from this place of worship, we go out to the world to make God's name further known.

An unsustainable form of spiritual formation occurs when we put chapel or church as the foundation of our spiritual growth. These congregational gatherings cannot sustain us spiritually or provide the depth of relationship with God and others that we are called to. If we come to chapel or church looking around at others, or using those times as our only source of spiritual food for our week, we will end up hungry for real relationship with Him, and missing the opportunity to worship Him and celebrate what He has done as a community of believers. We may even find that we have nothing to celebrate in times of congregational worship because we haven't communed with God outside of chapel or church.



Word, through prayer, in fellowship, and by communing with the Spirit. And I pray that we would give Him our whole attention and come before Him with a heart of celebration when we gather together in worship. **COMING UP THIS WEEK** Mon, Feb 20 | UNIVERSITY CLOSED FOR PRESIDENT'S DAY

VS.

children for a viewing and Q&A.

Wed, Feb 22 | Chapel: NUSG Elections | Butterfield Chapel, 10 & 11:20am

Wed, Feb 22 | Brew with the Blue | The Aerie, 7pm Thurs, Feb 23 | Last Lecture: Amy Jones | Perks Lounge, 7pm

Fri, Feb 24 | Chapel: Dr. Clint Bryan | Butterfield Chapel, 10 & 11:20am

Fri, Feb 24 | Immigration Symposium | HSC 104, 9am-4pm Fri, Feb 24 | Lost Kites Film Screening* | HSC 104, 6:30PM *Spiritual Life Credit Offered

and hear their stories.

Grab a free cup of coffee and converse with officers from the Kirkland PD, to bless them

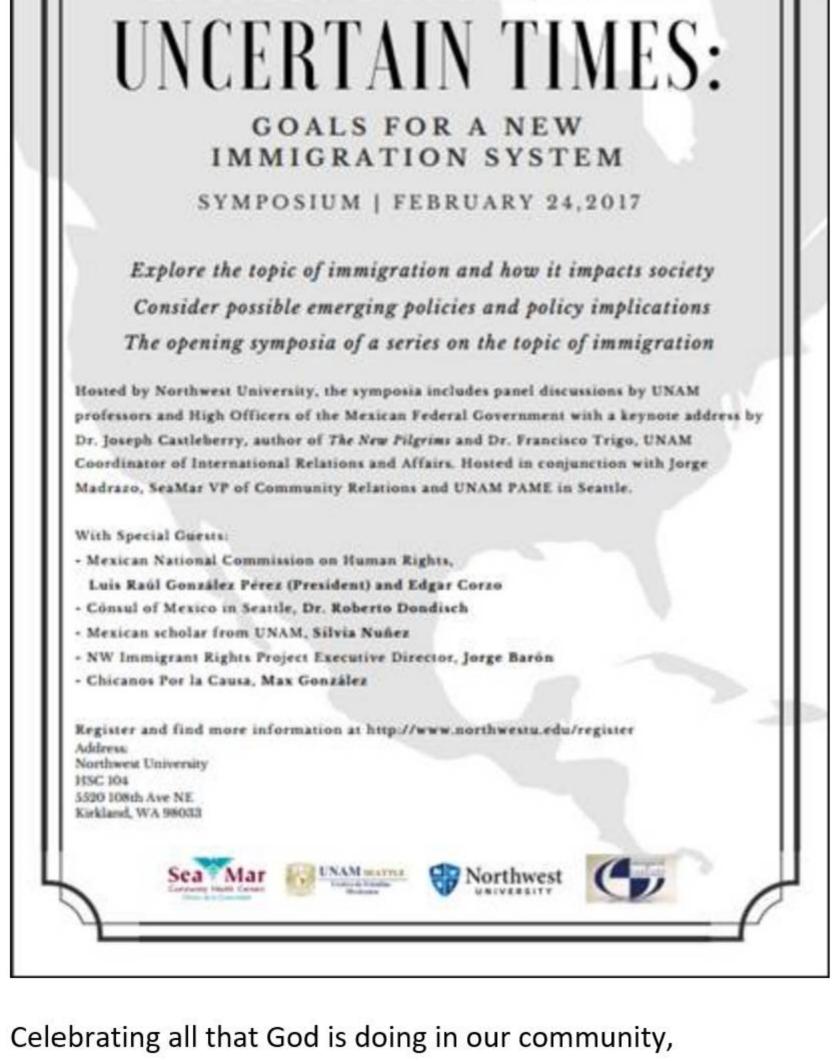


Join the filmmakers of this new documentary that follows the story of three abandoned



A VOICE FOR THE VOICELESS DOCUMENTARY

GOALS FOR A NEW



IMMIGRATION IN

Phil Rasmussen, M.A.

Vice President for Ministry and Relations 425.889.5308 (office)

206.909.9488 (mobile) Phil.Rasmussen@Northwestu.edu | northwestu.edu Instagram @prasmussen

