Dear NU Family,

Prayer is a crucial part of our life--so critical, in fact, that prayer should not be compartmentalized into a spiritual moment, but should instead be expressed continually (1 Thess. 5:17). Prayer helps a person make a difference in the world. St. Francis of Assisi said, 'Sanctify yourself, and you will sanctify society.' A common expression of prayer uses the A.C.T.S acronym:

A: AdorationC: ConfessionT: ThanksgivingS: Supplication

As you are spending time in prayer this week, use this guide to speak to God, but more importantly, listen to him speak to you. Find a quiet place and have a silent moment with you and the Holy Spirit. You will not only find cleansing for your soul, but God will likely put others on your heart that need your intercession.

Jesus, I pray that you will continue to do sanctifying work in me, and in our community, so we can be what you need us to be in society. This week, call us to pray, to seek you, and to intercede for people who need you. In Jesus name, Amen.

COMING UP THIS WEEK

Mon, Nov 13 | Chapel: Megan Netherton | Butterfield Chapel Balcony, 10 & 11:20am

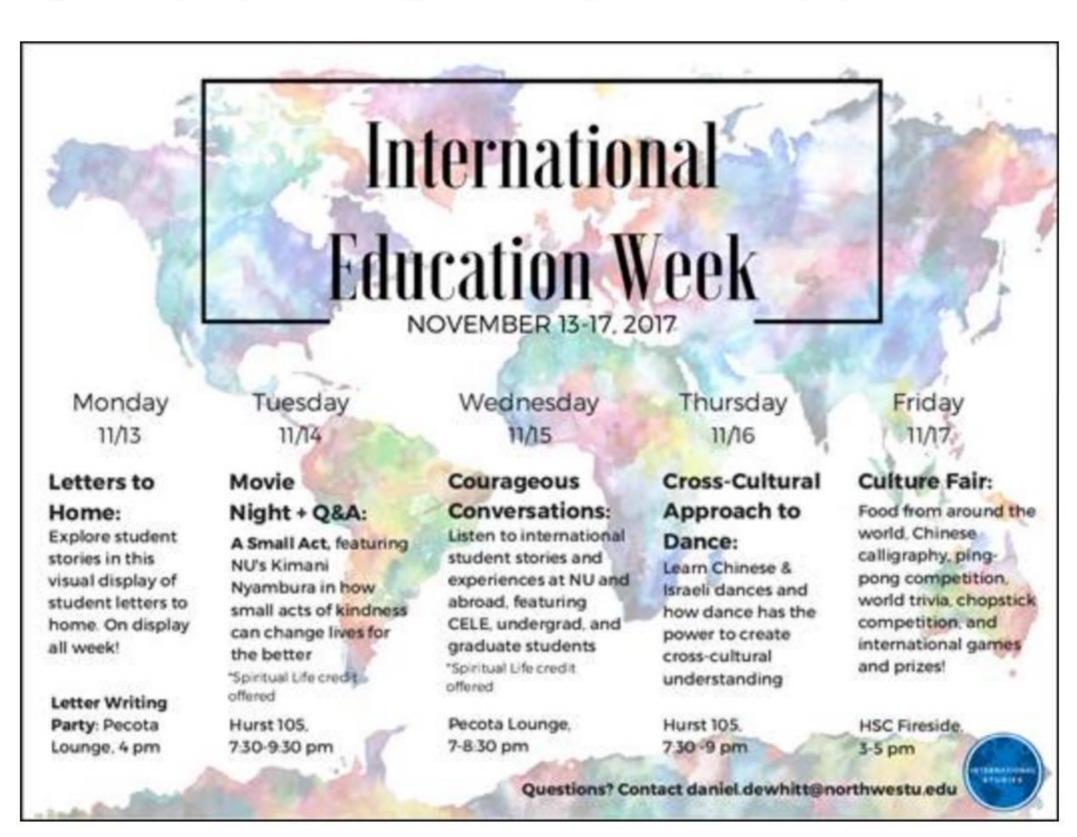
Mon, Nov 13 | Pursuit | Butterfield Chapel, 8:30pm

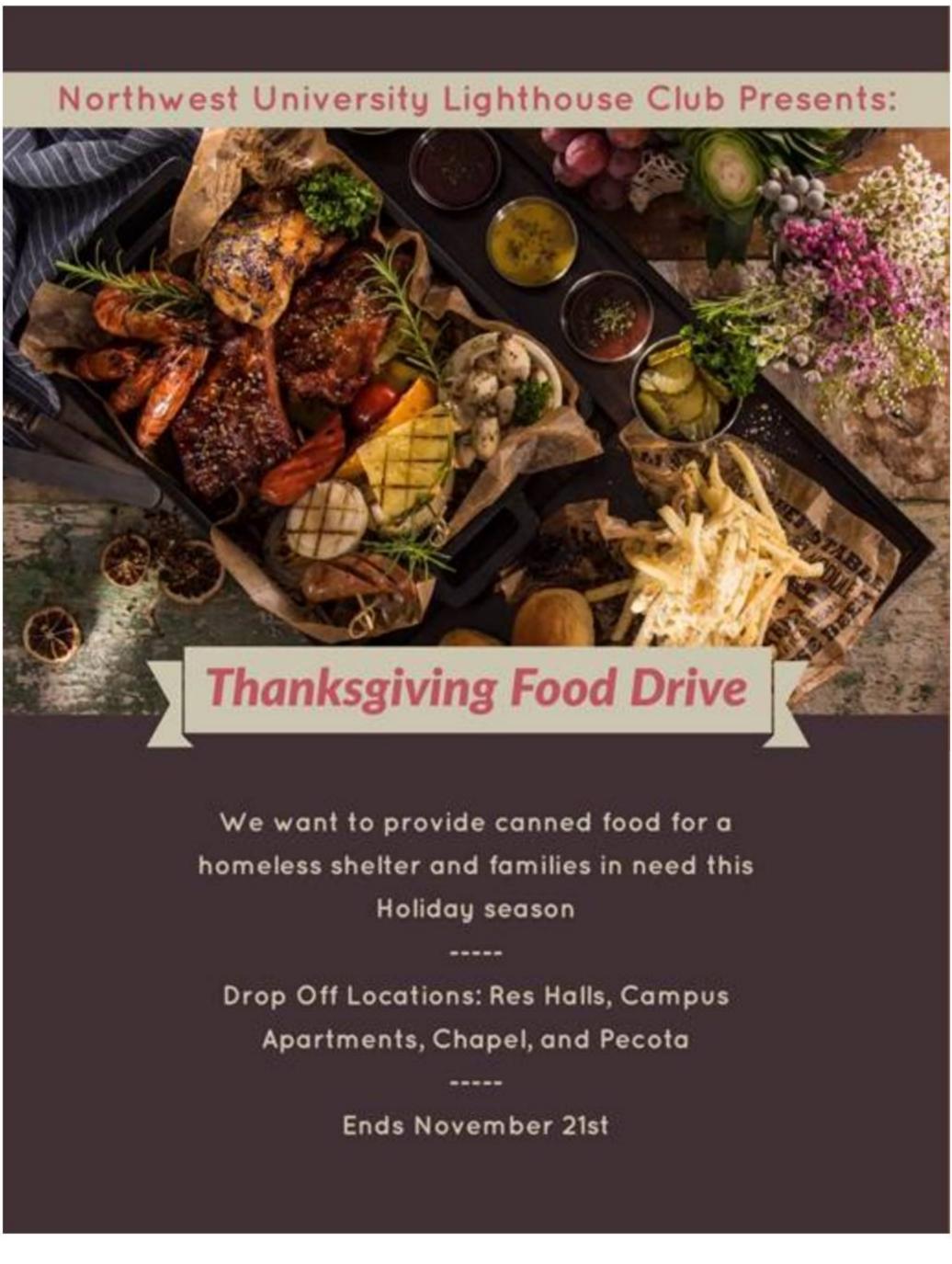
Tues, Nov 14 | A Small Act Movie Showing* | Hurst 105, 7:30pm *Spiritual Life Credit Offered

Wed, Nov 15 | Chapel: Aaron Burt | Butterfield Chapel, 10 & 11:20am

Wed, Nov 15 | Courageous Conversations* | Pecota Lounge, 7:00pm *Spiritual Life Credit Offered

Fri, Nov 17 | Chapel: Following Jesus Panel | Butterfield Chapel, 10 & 11:20am





Blessings,

Phil Rasmussen, M.A.

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