Dear friends,

We heard a great word from Jeff Duchemin in chapel today about continually remembering what Jesus accomplished on the Cross. I hope you were encouraged by this and challenged to be intentional about seeking more of God in your life. Jeff challenged us to not lose sight of our purpose and goals and to especially avoid consuming ourselves in worry over things that don't even come close to what really matters. What truly matters in the end is Jesus and what he has done for us. I encourage you to apply this to every area of your life.

Next week in chapel

On Monday, we will hear from Jim and Jeanne Lowell who have served as missionaries for a number of years. Wednesday, we will hear from Missionaries to Indonesia, Jonathan and Mary Winter and Friday, Mike Howerton from Overlake church will bring a great word.

Pursuit

Pursuit continues to be a powerful and refreshing time for students. Recent alumnus, Zac Calvo will be leading us in worship this Monday night at 9. I hope to see you there!

UPCOMING EVENTS

Women of Faith -Ladies, as you've heard, the women of faith conference is coming up on October 30th. Ticket prices have been reduced from \$90 to \$20 a person for the NU community so I encourage you to save that \$20 now so you can attend. More information is available at the following website. http://www.womenoffaith.com/seattle/

Greg Laurie-November 5th-7this the Greg Laurie Harvest Crusade at the Key Arena. The crusade will feature practical and inspiring messages from Greg Laurie and music from artists including MercyMe, Jeremy Camp, Hawk Nelson and Jars of Clay. Visit the link below for more information.

http://www.harvest.org/crusades/2010/seattle/event-information/about.html

Human Trafficking

Last week we raised a total of \$578.14 in our offering! Great job! Our total so far is \$1,232.77 and I certainly believe we can hit our \$5,000 mark by the end of the semester. Thank you for being so faithful in giving.

Crews

Crews are a great opportunity to meet new people and grow in your relationship with Christ. If you are still looking for one to join, please take a moment to look through the list of crews and find one that applies to you.

(http://eagle.northwestu.edu/cm/groups/directory.nu). If you are a crew leader and have an inspiring or encouraging story of something that has happened through your crew, I would love to hear about it! Please email me and tell me about it.

Prayer

Attached is our weekly prayer list. We have been receiving a great amount of prayer requests but we've also receiving many praise reports. I have no doubt that as we continue to fervently pray for these needs, many of them will become praises! Let's believe in that together.

Scripture

"If anyone would come to me, let him deny himself, take up his cross and follow me. For whoever would save his life will lose it, but whoever loses his life for my sake and the gospel's will save it. For what does it profit a man to gain the whole world and forfeit his soul?" -Mark 8:34-36

Please take a moment to reflect on this verse this weekend and remember these three things; Deny yourself, take up your cross and follow.

Have an amazing weekend! Pastor Phil